

ST. LOUIS COUNTY DEPARTMENT OF PARKS AND RECREATION

and

MISSOURI SKATING ASSOCIATION

present



NORTH AMERICAN INDOOR SPEEDSKATING CHAMPIONSHIPS

South County Recreation Complex

March 24, 1985 — 1:00 pm

Sanctioned by the Amateur Skating Union of the United States
& the Canadian Amateur Speedskating Association
In Cooperation with the Kilo Diabetes and Vascular Research Foundation



OFFICE OF THE COUNTY EXECUTIVE
SAINT LOUIS COUNTY
CLAYTON, MISSOURI 63105

GENE McNARY
COUNTY EXECUTIVE

TO THE SKATERS, COACHES, FAMILIES AND GUESTS:

As St. Louis County's Chief Executive, I am pleased to welcome you to the 1985 North American Indoor Speedskating Championships at South County Recreational Complex.

This is the first time our community has hosted this prestigious event. We are honored to welcome skaters from throughout the United States, Canada and other countries.

We hope that this competition will help in the development of these outstanding athletes and prepare them for Olympic competition. If you have some time while you are in St. Louis, please tour our wonderful community and see all that we have to offer.

Good luck to all of you.

Sincerely,

A handwritten signature in blue ink that reads "Gene McNary".

Gene McNary
County Executive

WELCOME TO THE 1985 NORTH AMERICAN INDOOR SPEEDSKATING CHAMPIONSHIPS!

The Missouri Skating Association is indeed proud to have the opportunity to host this international speedskating meet between skaters who represent the best in our sport.

St. Louis, the Gateway to the West, was built by those who look for new challenges and competition. It is therefore appropriate to have this competition take place here.

The Missouri Skating Association hopes you will have a weekend and meet you will always remember.

Sincerely,

A handwritten signature in blue ink that reads "J. M. Dudley".

J. M. Dudley
President
Missouri Skating Association

WOMEN COMPETITORS

2-Natalie Lambert CASSA SR
 3-Marie Perreault CASSA SR
 4-Marie Josse Martin CASSA SR
 5-Heather Trepanier USA SR
 6-Becky Mane USA SR
 7-Bonnie Blair USA SR
 8-Sharon Pavlacic MO SR
 9-Autumn Nieminski WI SR
 10-Tanis Critchley SASK SR
 11-Debbie Pavlacic MO INT
 12-Denise Tremblay B.C. INT
 13-Susan Auch CASSA SR
 14-Tammi Rosbeck USA INT
 15-Pamela Fowler N.B. INT
 16-Beth Nowell N.E. INT
 17-Natilie Charest QUE INT
 18-Laura Zuckerman WI INT
 19-Moira Cameron P.E.I. INT
 20-Lisa Lamoureux B.C. JR
 21-Sandra Knickmeyer MO JR
 22-Susan Knickmeyer MO JR
 23-Kim MacKenzie N.B. JR
 24-Natalie Patenaude QUE JR
 25-Caroline Maheux QUE JR
 26-Angela Cutrone QUE JR
 27-Wendy Goelz W.NY JR
 28-Denine Augustine SASK JR
 29-Eden Donatelli B.C. JUV
 30-Heather Dudley MO JUV
 31-Nadine Currie N.B. JUV
 32-Debbie Nowell N.E. JUV
 33-Mary Claude Cote QUE JUV
 34-Annie Perreault QUE JUV
 35-Isabelle Savary QUE JUV
 36-Isabelle Charest QUE JUV
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 38-Josée Bedard QUE MID
 39-Caroline Gagne QUE MID
 40-Karina Marceau QUE MID
 41-Dede Demet WI MID
 42-Amy Sohnle WI MID
 43-Amy Fields IL MID
 44-Tricia Stennes E.MN MID
 45-Megan Plummer OH MID
 46-Mary Polaski CO SR
 47-Christina Chrysler CO SR
 48-Julie Bossert MO JR
 49-Leslie Arseneau IL JUV
 50-Tara Laszlo E.MN JUV
 51-Diana Polaski CO MID
 52-Debra Cohen IL MID
 53-Amy Krieger MO MID
 54-Kandy Shannon S.CA SR
 55-Katie Moore IL JR
 56-Hilary Mills IL JUV
 57-Heather Haster E.MN JUV
 58-Jessica Mills IL MID
 59-Crystal Sampier MI MID
 60-Teri Lynn Fleitz MI JR
 61-Erica Engling IL MID
 62-Nancy Engling IL SR
 63-Debbie Perkins WI SR
 64-Yonna Wynne E.MN JUV
 65-Jennifer Schwartz IL JR
 66-Miriam Murray N.B. JR
 67-Holly Behring MO INT
 68-Laura Mason ALB INT
 69-Heather Heide ALB INT
 70-Jacquelyn Kelly IL INT
 71-Michele Bair MI JR
 72-Sally Roever MO JUV
 73-Lisa Sablatash ONT INT
 74-Brenda Halkes ONT JUV
 75-Heather Flett ONT JUV
 76-Michelle Kline E.MN JR
 77-Meghan O'Neal MO JUV
 78-Darcie Dohnal WI JUV
 79-Amy Jean Stuercke IL INT
 80-Amy Peterson E.MN JUV
 81-Lynn Peterson E.MN JUV

MEN COMPETITORS

2-Louie Grenier CASSA SR
 3-Michel Delisle CASSA SR
 4-Gui Daignault CASSA SR
 5-Michel Daignault CASSA SR
 6-Tom Carter USA SR
 7-Barth Levy USA SR
 8-Dave Besteman USA SR
 9-Dave Pavlacic USA SR
 10-Eric Klein MO SR
 11-Dave Ellersick MO SR
 12-Mike Murray N.B. SR
 13-Walter Reames MI SR
 14-Chris Shelley N.E. SR
 15-Sebastian Rioux QUE SR
 16-Mark McGregor WI SR
 17-Tim Cooney SASK SR
 18-Patrick Wentland N.E. SR
 19-Bob Finkel M.A. SR
 20-Paul Provencher ASU SR
 21-Tony Knickmeyer MO INT
 22-Greg Thormoe B.C. INT
 23-Martin Betts B.C. INT
 24-Neill Evans N.B. INT
 25-Mark Lackie N.B. INT
 26-Eric Flaim N.E. INT
 27-Michel Asselin QUE INT
 28-Francois Richard QUE INT
 29-Mareo Vincent QUE INT
 30-Tom Riley WI INT
 31-Andy Arena WI INT
 32-John Albrecht E.MN INT
 33-Kenneth Wentland N.E. INT
 34-Neal Marshall B.C. JR
 35-George Nowell N.E. JR
 36-Laurent Daignault QUE JR
 37-Neil Sullivan QUE JR
 38-John Coyle MI JR
 39-Matthew Renner MO JR
 40-Brad Wanek WI JR
 41-David Dohnal WI JUV
 42-John Kuspa WI JUV
 43-Paul Magill N.B. JUV
 44-Eric Forget QUE JUV
 45-Frederic Tessier QUE JUV
 46-Pierre Lanthier QUE JUV
 47-Ryan Vanderboom WI JUV
 48-Mark Molenda WI JUV
 49-Timothy Quinn OH JUV
 50-Mark Albrecht E.MN JUV
 51-Mark Jeter MO JUV
 52-Michael Kangas MI JUV
 53-Steff Gough N.B. MID
 54-Patrick Sullivan QUE MID
 55-Patrick Bouchard QUE MID
 56-Frederic Blackburn QUE MID
 57-George Sohnle WI MID
 58-Justin Rupp WI MID
 59-Matt Vickery MI MID
 60-Adam Fields IL MID
 61-Roger Arseneau IL MAS
 62-Keith King CA SR
 63-Brian Arseneau IL SR
 64-Marc Affholter MI SR
 65-Gordon Goplen SASK SR
 66-Mark Chrysler CO SR
 67-John Singer IL INT
 68-Matt Reese IL MID
 69-Mike Heldrich IL SR
 70-Charles King CA JR
 71-David Cruikshank IL JR
 72-Bruce Grannes E.MN JR
 73-Steve Krieger MO JR
 74-Paul Evans SASK JR
 75-Nathaniel Mills IL JR
 76-Kenneth Polaski CO JUV
 77-Hans Hansen IL JUV
 78-Andy Reese IL JUV
 79-Heath Haster E.MN MID
 80-Matt Wienke MO JUV
 81-Derek Wynne E.MN MID
 82-Scott Underhill N.B. MID
 83-Ambrose Currie N.B. JUV
 84-Greg Heide ALB SR
 85-Wayne Rosberg ALB INT
 86-Lester Pardoe ALB JR
 87-Shawn Altizer ASU INT
 88-Kenneth Altuchoff M.A. MAS
 89-Brendan Eppert MO JR
 90-Eion Leggatt ONT SR
 91-David Jones ONT INT
 92-Tony Main ONT JR
 93-John Hanje ONT JR
 94-Steven Greulich ONT JUV
 95-Alain Ethier ONT MID
 96-Kevin Overland ONT MID
 97-Shawn Holman ONT MID
 98-Jim Cushing-Murray S.CA MAS
 99-Mark Greenwald IL JR
 100-George Babicz IL MID
 101-Rick Swanson E.MN JUV
 102-Jeff Frank MI INT
 103-Ronald Scholefield MI MAS
 104-Bennett Sipes MI SR
 105-Jonathan Yates IL JR
 106-Pat Seltsam N.E. SR
 107-Peter Askin M.A. SR
 108-Geoff Williams ALB JR

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NORTH AMERICAN INDOOR RECORDS 100 METER OVAL MAY 1983

| DISTANCE | TIME | NAME | ASSOCIATION | PLACE | DATE |
|---------------------------|---------|--------------------|---------------|-----------|---------|
| SENIOR MEN | | | | | |
| *400M | 0:38.28 | Gaetan Boucher | Quebec | Midland | 3/29/81 |
| *500M | 0:48.70 | Pat Moore | Illinois | Wyandotte | 3/27/83 |
| 800M | 1:21.26 | Gaetan Boucher | Quebec | Midland | 3/28/81 |
| 1000M | 1:45.22 | Gaetan Boucher | Quebec | Midland | 3/29/81 |
| 1500M | 2:45.72 | Gaetan Boucher | Quebec | Midland | 3/28/81 |
| 3000M | 5:37.61 | Benoit Baril | Quebec | Midland | 3/29/81 |
| INTERMEDIATE MEN | | | | | |
| *400M | 0:39.73 | Guy Daignault | Quebec | Midland | 3/28/81 |
| *500M | 0:50.89 | David Pavlacic | Missouri | Wyandotte | 3/27/83 |
| 800M | 1:21.57 | Guy Daignault | Quebec | Midland | 3/29/81 |
| 1000M | 1:46.46 | Guy Daignault | Quebec | Midland | 3/29/81 |
| 1500M | 2:45.91 | Guy Daignault | Quebec | Midland | 3/28/81 |
| *3000M | 5:57.29 | David Pavlacic | Missouri | Wyandotte | 3/27/83 |
| JUNIOR BOYS | | | | | |
| *400M | 0:40.60 | Michael Holmes | New Brunswick | Midland | 3/29/81 |
| *500M | 0:49.97 | Frank Filardi | Illinois | Wyandotte | 3/27/83 |
| 800M | 1:22.84 | John Klein | Michigan | Wyandotte | 3/26/83 |
| 1000M | 1:45.53 | Eric Flaim | Northeastern | Wyandotte | 3/27/83 |
| 1500M | 2:48.22 | Eric Flaim | Northeastern | Wyandotte | 3/26/83 |
| JUVENILE BOYS | | | | | |
| 300M | 0:30.32 | Jeff Frank | Michigan | Midland | 3/28/81 |
| *400M | 0:41.33 | John Sand | Connecticut | Midland | 3/29/81 |
| *500M | 0:52.07 | Mark Greenwald | Illinois | Wyandotte | 3/26/83 |
| *600M | 1:01.29 | Jeff Frank | Michigan | Midland | 3/29/81 |
| 800M | 1:22.49 | Benoit LaMarche | Quebec | Midland | 3/28/81 |
| *1000M | 1:52.87 | Robert Malleck | Michigan | Wyandotte | 3/26/83 |
| MIDGET BOYS | | | | | |
| *200M | 0:22.61 | Gregor Jelonek | Quebec | Midland | 3/28/81 |
| 300M | 0:32.88 | Gregor Jelonek | Quebec | Midland | 3/29/81 |
| 400M | 0:43.70 | Bruce Grannes | Minnesota | Midland | 3/29/81 |
| 500M | 0:56.02 | Patrick Carpanter | Quebec | Wyandotte | 3/27/83 |
| *600M | 1:07.41 | Mike Kangas | Michigan | Wyandotte | 3/26/83 |
| SENIOR WOMEN | | | | | |
| *400M | 0:44.21 | Cindy Bair Brochue | Michigan | Midland | 3/28/81 |
| *500M | 0:53.29 | Kim Klein | Michigan | Wyandotte | 3/27/83 |
| 800M | 1:30.10 | Pam Mercer | Michigan | Midland | 3/29/81 |
| 1000M | 1:56.40 | Lydia Stephans | Illinois | Wyandotte | 3/27/83 |
| 1500M | 3:00.78 | Margie Burns | Illinois | Midland | 3/28/81 |
| *3000M | 6:23.94 | Lydia Stephans | Illinois | Wyandotte | 3/27/83 |
| INTERMEDIATE WOMEN | | | | | |
| *400M | 0:43.47 | Gloria Bogacki | Illinois | Midland | 3/28/81 |
| *500M | 0:54.45 | Ariane Loignon | Quebec | Wyandotte | 3/27/83 |
| 800M | 1:30.10 | Ariane Loignon | Quebec | Wyandotte | 3/26/83 |
| 1000M | 1:50.96 | Maryse Perreault | Quebec | Midland | 3/29/81 |
| 1500M | 3:01.42 | Ariane Loignon | Quebec | Wyandotte | 3/26/83 |
| *3000M | 6:39.88 | Michelle Fang | Illinois | Wyandotte | 3/27/83 |
| JUNIOR GIRLS | | | | | |
| *400M | 0:43.16 | Nathalie Grondin | Quebec | Midland | 3/29/81 |
| *500M | 0:54.98 | Tammy Rosbeck | Michigan | Wyandotte | 3/27/83 |
| 800M | 1:30.62 | Nathalie Grondin | Quebec | Midland | 3/28/81 |
| 1000M | 1:55.89 | Debbie Pavlacic | Missouri | Wyandotte | 3/27/83 |
| 1500M | 3:04.53 | Debbie Pavlacic | Missouri | Wyandotte | 3/26/83 |
| JUVENILE GIRLS | | | | | |
| 300M | 0:34.01 | Michelle Kline | E. Minnesota | Wyandotte | 3/27/83 |
| *400M | 0:45.71 | Sylvie Linteau | Quebec | Midland | 3/29/81 |
| *500M | 0:55.24 | Terri Fleitz | Michigan | Wyandotte | 3/26/83 |
| *600M | 1:07.99 | Maura D'Andrea | N. New York | Midland | 3/29/81 |
| 800M | 1:33.86 | Michelle Kline | E. Minnesota | Wyandotte | 3/27/83 |
| *1000M | 1:57.12 | Michelle Kline | E. Minnesota | Wyandotte | 3/26/83 |
| MIDGET GIRLS | | | | | |
| *200M | 0:23.88 | Michelle Bair | Michigan | Midland | 3/28/81 |
| 300M | 0:34.53 | Debbie Nowell | Northeastern | Wyandotte | 3/27/83 |
| 400M | 0:44.84 | Wendy Goelz | W. New York | Midland | 3/29/81 |
| 500M | 0:57.46 | Wendy Goelz | W. New York | Midland | 3/28/81 |
| *600M | 1:09.29 | Debbie Nowell | Northeastern | Wyandotte | 3/26/83 |

*First Time Distance Skated

PROGRAM OF EVENTS

National Anthems

| | | | |
|-----------------------|-------------|------------------------|------------|
| 1. Senior Women | 1000 meters | 9. Juvenile Girls | 300 meters |
| 2. Senior Men | 1000 meters | 10. Juvenile Boys | 300 meters |
| 3. Masters Women | 800 meters | 11. Midget Girls | 300 meters |
| 4. Masters Men | 800 meters | 12. Midget Boys | 300 meters |
| 5. Intermediate Women | 1000 meters | 13. Intermediate Women | 500 meters |
| 6. Intermediate Men | 1000 meters | 14. Intermediate Men | 500 meters |
| 7. Junior Women | 500 meters | 15. Senior Women | 500 meters |
| 8. Junior Men | 500 meters | 16. Senior Men | 500 meters |

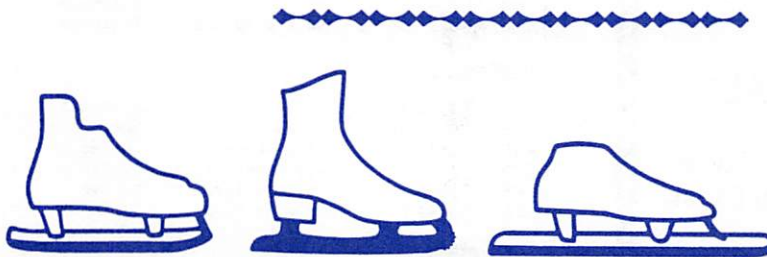
INTERMISSION

| | | | |
|--------------------|-------------|------------------------|-------------|
| 17. Masters Women | 1000 meters | 23. Junior Women | 1000 meters |
| 18. Masters Men | 1000 meters | 24. Junior Men | 1000 meters |
| 19. Midget Girls | 500 meters | 25. Intermediate Women | 1500 meters |
| 20. Midget Boys | 500 meters | 26. Intermediate Men | 1500 meters |
| 21. Juvenile Girls | 800 meters | 27. Senior Women | 1500 meters |
| 22. Juvenile Boys | 800 meters | 28. Senior Men | 1500 meters |

PRESENTATION OF MEDALLIONS

| | | | |
|-------------------------|-------------|-----------------------|-------------|
| 29. Women's Relay Event | 3000 meters | 30. Men's Relay Event | 3000 meters |
|-------------------------|-------------|-----------------------|-------------|

The Masters Class (for skaters over the age of 40) is being skated for the first time this season.



Hockey Skate

Figure Skate

Speed Skate

Racing skates' long blades help skaters reach speeds up to 30 miles an hour.

DISTANCES SKATED AT THE NORTH AMERICAN INDOOR CHAMPIONSHIPS

| | | | | |
|--------------------|-------|-------|-------|--------------|
| MASTERS CLASS | *500M | 800M | 1000M | *1500M |
| SENIOR CLASS | 500M | *800M | 1000M | 1500M *3000M |
| INTERMEDIATE CLASS | 500M | *800M | 1000M | 1500M *3000M |
| JUNIOR CLASS | 500M | *800M | 1000M | *1500M |
| JUVENILE CLASS | 300M | *500M | 800M | *1000M |
| MIDGET CLASS | 300M | *400M | 500M | *600M |

* Final Races Skated on Saturday.

AWARDING OF POINTS

| | |
|--------------|----------|
| FIRST PLACE | 5 points |
| SECOND PLACE | 3 points |
| THIRD PLACE | 2 points |
| FOURTH PLACE | 1 point |

The skater with the highest point total after all events receives the NORTH AMERICAN CHAMPIONSHIP MEDALLION AWARD

RESULTS

| EVENT | FIRST PLACE | SECOND PLACE | THIRD PLACE | FOURTH PLACE |
|-------------|-------------|--------------|-------------|--------------|
| SR W 1000M | _____ | _____ | _____ | _____ |
| SR M 1000M | _____ | _____ | _____ | _____ |
| MAS W 800M | _____ | _____ | _____ | _____ |
| MAS M 800M | _____ | _____ | _____ | _____ |
| INT W 1000M | _____ | _____ | _____ | _____ |
| INT M 1000M | _____ | _____ | _____ | _____ |
| JR W 500M | _____ | _____ | _____ | _____ |
| JR M 500M | _____ | _____ | _____ | _____ |
| JUV G 300M | _____ | _____ | _____ | _____ |
| JUV B 300M | _____ | _____ | _____ | _____ |
| MID G 300M | _____ | _____ | _____ | _____ |
| MID B 300M | _____ | _____ | _____ | _____ |
| INT W 500M | _____ | _____ | _____ | _____ |
| INT M 500M | _____ | _____ | _____ | _____ |
| SR W 500M | _____ | _____ | _____ | _____ |
| SR M 500M | _____ | _____ | _____ | _____ |
| MAS W 1000M | _____ | _____ | _____ | _____ |
| MAS M 1000M | _____ | _____ | _____ | _____ |
| MID G 500M | _____ | _____ | _____ | _____ |
| MID B 500M | _____ | _____ | _____ | _____ |
| JUV G 800M | _____ | _____ | _____ | _____ |
| JUV B 800M | _____ | _____ | _____ | _____ |
| JR W 1000M | _____ | _____ | _____ | _____ |
| JR M 1000M | _____ | _____ | _____ | _____ |
| INT W 1500M | _____ | _____ | _____ | _____ |
| INT M 1500M | _____ | _____ | _____ | _____ |
| SR W 1500M | _____ | _____ | _____ | _____ |
| SR M 1500M | _____ | _____ | _____ | _____ |



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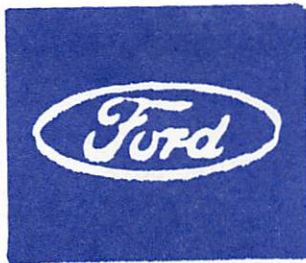
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1985 NORTH AMERICAN INDOOR CONTESTANTS

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58-Justin Rupp WI
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60-Adam Fields IL

CASSA - Canadian World Indoor Team

B.C. - British Columbia
E.MN - Eastern Minnesota
IL - Illinois
M.A. - Middle Atlantic
MI - Michigan
MN - Minnesota
MO - Missouri

USA - United States World Indoor Team

N.B. - New Brunswick
N.E. - Northeastern
P.E.I. - Prince Edward Island
QUE. - Quebec
SASK. - Saskatchewan
W.N.Y. - Western New York
Wi - Wisconsin

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- 25-Caroline Maheux Que.
- 26-Angela Cutrone Que.
- 27-Wendy Goelz W.N.Y.
- 28-Denine Augustine Sask.



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The Kilo Foundation... a St. Louis Story

The Kilo Foundation was established in 1972 to provide secure, on-going financial support for local research into the long-term vascular complications of diabetes. These complications make diabetes the third leading cause of death. There are an estimated 13 million diabetics in the U.S. today with that number growing by over 6% each year.

In the St. Louis Metropolitan area alone, there are approximately 125,000 diabetics, of whom 15,000 are children or young adults. These St. Louisans and ALL diabetics are vulnerable to the vascular complications of diabetes which can lead to blindness, kidney disease, heart attack, stroke and gangrene.

The research and educational programs of the Kilo Foundation are directed by Dr. Charles Kilo, St. Louis diabetologist and Professor of Clinical Medicine and Dr. Joseph Williamson, Washington University Professor of Pathology. They are recognized as leaders in the field of diabetic vascular research.

As a result of the research of the Kilo Foundation, close blood sugar control is becoming the aim of enlightened therapy for all diabetics. This research refuted massively-supported government research programs. Because of Drs. Kilo and Williamson's re-evaluation of the government findings, the American Medical Association and the American Diabetes Association have withdrawn their support of the government study and it stands largely discredited.

With some of the best equipment available to medical science, the Kilo Foundation is engaged in research that will not only help diabetics but all sufferers of heart and blood vessel diseases.

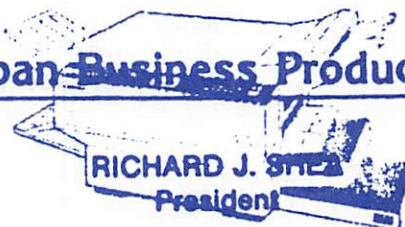
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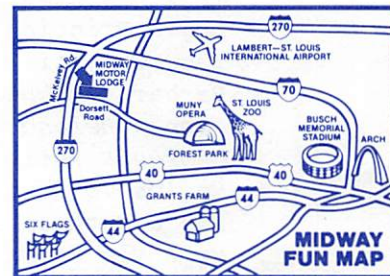
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