OFFICIAL PROTOCOL 1996 National Short Track Speed Skating Championships St. Louis, Missouri March 15, 16, and 17, 1996

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Included on the following pages are the race by race results of the National Championships. As many times are included as are available. All times that are given are electronic times or are manual times with the 0.20 second adjustment to make them comparable to electronic times. Although a disqualified skater has no official finish time, an unofficial finish time is given as a courtesy when available.

An asterisk by a time indicates that a record application is being submitted to the Records Committee.

Second sets of Semi-finals were run in the Grand Master Men 1000 meter, Master Men 500 meter, and Senior Women 500 meter events because skaters were advanced due to being fouled while in a qualifying position.

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Grano	Grand Master Men							
500 M	leter Heats	Record	0:53.12					
Heat	1				Heat	2		
1st 2nd 3rd 4th	Lloyd Clark Howard Ganong Tom Reichard Gerald Rychel			0:56.06 0:59.42 0:59.66 1:11.28	1st 2nd 3rd 4th	Ronald Scholefield Jim Minami John Mattern Fran Whelan	1:01.24 1:01.39 1:01.92 1:02.55	
Heat	3				Heat	4		
1st 2nd 3rd 4th	Edward Buhs Al Harding Dennis Stanfo Bob Nelson	ord .		1:00.60 1:02.19 1:02.90 1:08.83	1st 2nd 3rd 4th	Ed Lang Tony Marchese Kevin Graf Patrick Cunningham	0:55.83 0:58.12 0:58.32 0:59.98	
500 1	leter Quarter-f	inals						
Quart	ter 1				Quart	Quarter 2		
1st 2nd 3rd 4th	Ed Lang Ronald Schole Tony Marchese Edward Buhs			0:53.53 0:57.65 0:58.79 1:17.52	1st 2nd 3rd DQ	Al Harding Kevin Graf Dennis Stanford Howard Ganong	0:55.78 0:56.18 0:56.70 0:56.60	
Quart	ter 3					•		
1st 2nd 3rd 4th	Lloyd Clark Jim Minami Tom Reichard John Mattern			0:55.86 0:56.96 0:59.83 1:00.67				
500 N	leter Semi-fina	ls						
Semi	1				Semi	2		
1st 2nd 3rd 4th	Lloyd Clark Ronald Schole Al Harding Tony Marchese			0:53.41  1:02.22 	1st 2nd 3rd 4th	Ed Lang Jim Minami Kevin Graf Dennis Stanford	0:54.07 _ 0:57.68 _	
500 N	leter Final							
1st 2nd 3rd 4th 5th	Ed Lang Lloyd Clark Jim Minami Ronald Schole Kevin Graf	field		0:54.34 0:54.52 0:55.42 0:55.72 0:57.16				

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1996 National Short Track

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1000 Meter Heats Record 1:50.0	06			
Heat 1		Heat	2	
1st Ed Lang 2nd Jim Minami 3rd Ronald Scholefield 4th Edward Buhs 5th John Mattern 6th Bob Nelson	1:57.91 2:00.40 2:01.84 2:02.11 2:10.93 2:32.27	1st 2nd 3rd 4th 5th	Dennis Stanford Al Harding Gerald Rychel Tony Marchese Francis Whelan	1:57.78 1:58.04 1:58.68 1:59.19 2:11.29
Heat 3				
1st Lloyd Clark 2nd Howard Ganong 3rd Kevin Graf 4th Patrick Cunningham 5th Tom Reichard	2:03.88 2:04.67 2:05.55 2:06.81 2:18.02			
1000 Meter Semi-finals				
Semi 1		Semi	2	
1st Ed Lang 2nd Jim Minami 3rd Kevin Graf 4th Howard Ganong DQ Ronald Scholefield	1:53.15 1:54.21 1:56.70 1:57.05 2:01.68	1st 2nd 3rd 4th 5th	Lloyd Clark Dennis Stanford Al Harding Tony Marchese Gerald Rychel	1:53.85 1:54.80 1:55.56 1:57.06 1:57.12
Semi 1		Semi	2	
1st Lloyd Clark 2nd Al Harding 3rd Kevin Graf 4th Howard Ganong	1:58.47 1:58.70 1:59.20 2:01.94	1st 2nd 3rd	Ed Lang Jim Minami Dennis Stanford	1:51.95 1:53.24 1:55.14
1000 Meter Final				
1st Ed Lang 2nd Lloyd Clark 3rd Jim Minami 4th Al Harding 5th Dennis Stanford	1:48.62* 1:50.18 1:50.39 1:54.61 1:58.22			

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Grand Master Men (continued)

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1996 National Short Track

Master Men

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	er Men			•	
500 M	leter Heats Record 0	:48.80			
Heat	1		Heat	2	
1st	John Camilli	0:49.64	1st	Chris Hawkins	0:52.
2nd	Rob Gonsalves	0:51.77	2nd	Wade Smith	0:53.
3rd	William Weaver	0:51.88	3rd	Robert Jones	0:54.
4th	Robert Ahlke	1:17.80	4th	Gary Ross	0:58.
Heat	3		Heat	4	
1st	John Diemont	0:51.89	1st	Barth Levy	0:51.
2nd	Rob Darrow	0:52.63	2nd	Joseph Balbo	0:51
3rd	Robert Heeley	0:53.60	3rd	Greg Wong	0:51
4th	Bob Finkel	0:58.22	4th	Mark Ballenger	0:57
5th	Robert Payne	0:59.12			
500 M	leter Quarter-finals				
Quart	ter 1		Quar	ter 2	
1st	Rob Darrow	0:51.47	1st	Joseph Balbo	0:51
2nd	Chris Hawkins	0:51.72	2nd	Robert Heeley	0:52
3rd	Greg Wong	0:52.19	3rd	Rob Gonsalves	0:52
4th	John Camilli	1:06.09	4th	Wade Smith	1:02
Quart	ter 3				
1st	John Diemont	0:49.99			
2nd	William Weaver	0:50.12			
3rd	Barth Levy	0:50.29			
4th	Robert Jones	0:53.88			
500 N	leter Semi-finals				
Semi	1		Semi	2	•
1st	Rob Darrow	0:51.51	1st	Joseph Balbo	0:51
2nd	William Weaver	0:51.71	2nd	John Diemont	0:51
3rd	Bob Heeley	1:00.94	3rd	Barth Levy	0:51
DQ	Greg Wong	0:58.66	4th	Chris Hawkins	0:51
Semi	1		Semi	2	
1st	John Diemont	0:50.14	1st	Barth Levy	0:51
2nd	William Weaver	0:50.45	2nd	Robert Heeley	0:51
200				-	0:51

Master Men (continued)

1500 Meter Heats Record 2:40.03

Heat 1

Heat 2

Camilli 2:49.2   n Balbo 2:50.3   Hawkins 2:50.8	6 2nd Bob Finkel 2:5
obin 2:58.4	
	Heat 4
Insalves 2:49.1   long 2:50.4   Ahlke 2:55.6   Payne 3:02.8	92ndRobDarrow2:403rdJohnDiemont2:424thMarkBallenger3:0
	Semi 2
iemont 2:40.9 hrysler 2:42.4 nsalves 2:44.3 nkel 2:52.5 eley 2:54.3	2ndBarth Levy2:383rdJoseph Balbo2:384thChris Hawkins2:385thRob Darrow2:38
	Levy 2:48.89   onsalves 2:49.19   Wong 2:50.40   t Ahlke 2:55.62   t Payne 3:02.83   Semi-Finals 2:35.16   camilli 2:35.16   chrysler 2:40.91   chrysler 2:42.48   nsalves 2:44.38   nkel 2:52.59   eley 2:54.34

4th	John Camilli Wade Smith John Diemont Joseph Balbo Mark Chrysler Barth Levy	2:33.25* 2:33.31 2:39.05 2:54.68 2:58.75	
DIAL	Barth Levy		

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500 Meter Heats Record 0:44.7	9	
Heat 1		Heat 2
1st Todd Porter 2nd Chad Powell 3rd Kimon Papahadjopoulos 4th Pieter Dykstra 5th Howard Clausing	0:45.68 0:45.76 0:51.23 0:51.36 0:51.88	1stJoseph Rohraff0:47.152ndMartin Medina0:50.673rdHajime Sano0:51.834thChris Hurschler1:04.90
Heat 3		
1st Marc Pelchat 2nd Tim Vangilder 3rd Chris Ritter 4th Bruce Kohen	0:46.13 0:49.98 0:50.86 0:52.05	
500 Meter Semi-finals		
Semi 1		Semi 2
1st Marc Pelchat 2nd Joseph Rohraff 3rd Chris Ritter 4th Kimon Papahadjopoulos 5th Todd Porter	0:46.56 0:48.75 0:49.37 0:51.02 -	1stChad Powell0:46.442ndMartin Medina0:46.723rdTim Vangilder0:47.264thHajime Sano0:51.975thPieter Dykstra0:52.01
500 Meter Final		
1st Chad Powell 2nd Martin Medina 3rd Joseph Rohraff 4th Tim Vangilder 5th Marc Pelchat	0:45.47 0:46.29 0:46.31 0:47.31 -	
1000 Meter Heats Record 1:34.5	3	
Heat 1		Heat 2
1st Chad Powell 2nd Joseph Rohraff 3rd Martin Medina 4th Kimon Papahadjopoulos 5th Bruce Kohen	1:34.32* 1:34.41 1:40.60 1:44.52 1:54.10	1stTodd Porter1:39.762ndChris Hurschler1:46.143rdPieter Dykstra1:48.084thChris Ritter2:07.61
Heat 3		
1st Tim Vangilder 2nd Marc Pelchat 3rd Hajime Sano DQ Howard Clausing	1:48.50 1:48.82 1:50.07 1:50.19	

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Senior Men

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1996 National Short Track

Senior Men (continued) 1500 Meter Final Chad Powell 1st 2:25.72\* 2:28.23 2nd Tim Vangilder 3rd Todd Porter 2:40.52 DQ Martin Medina 2:29.51 DQ Marc Pelchat 2:35.10 DQ Joseph Rohraff 2:36.62 3000 Meter Semi-finals Record 5:19.50 Semi 1 Semi 2 1st Joe Rohraff 5:18.14\* Chad Powell 1st 5:25.48 2nd Martin Medina 5:25.50 Todd Porter 2nd 5:25.59 3rd Tim Vangilder 5:25.84 3rd Chris Ritter 5:38.07 Marc Pelchat 4th 5:37.73 4th Chris Hurschler 5:38.62 5th Kimon Papahadjopoulas 5:44.57 5th Pieter Dykstra 5:50.15 Howard Clausing 6th Hajime Sano 6:07.33 6th 6:00.24 DNF Bruce Kohen 3000 Meter Final 1st Todd Porter 5:07.20\* 2nd Martin Medina 5:07.33 3rd Chad Powell 5:12.32 Tim Vangilder 5:12.72 4th 5th Chris Hurschler 5:21.73 Chris Ritter 6th 5:27.69 7th Joseph Rohraff 5:36.43 8th Marc Pelchat 5:44.20

#### Overall Standings

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1st	Chad Powell	15	points
2nd	Martin Medina	8	points
3rd	Todd Porter	7	points
	Joseph Rohraff	7	points
5th	Tim Vangilder	5	points
6th	Marc Pelchat	1	point

0:47.08 0:49.04

0:49.21

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David Needham

Travis Hartman

Stephen Refsland

Intermediate Men

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500 Meter Semi-finals Record 0:44.48
Semi 1 Sem
1st   Jeb Gorham   0:45.47   1st     2nd   Tom O'Hare   0:45.75   2nd     3rd   Scott Simunjak   0:56.00   3rd
500 Meter Final
1stJeb Gorham0:44.902ndStephen Refsland0:46.263rdDavid Needham0:46.334thTravis Hartman1:01.285thTom O'Hare1:11.81
1000 Meter Final Record 1:32.73
1stJeb Gorham1:30.94*2ndDavid Needham1:31.433rdTravis Hartman1:44.274thStephen Refsland2:01.525thTom O'Hare-DQScott Simunjak1:32.54
1500 Meter Final Record 2:30.91
1stStephen Refsland2:25.29*2ndScott Simunjak2:25.453rdTravis Hartman2:48.84DQTom O'Hare2:24.72DQDavid Needham2:25.10DQJeb Gorham2:26.02
3000 Meter Final Record 5:15.54
1stDavid Needham5:19.902ndJeb Gorham5:20.083rdTom O'Hare5:20.334thStephen Refsland5:23.40DNFScott Simunjak

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Junior	Rovs	

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Junior Boys			
500 Meter Semi-finals	Record 0:45.58		
Semi 1		Semi 2	
1st Rusty Smith 2nd Daniel Weinstein 3rd Chris Weaver 4th Tony Bennington 5th Kyle Ortiz	0:46.18 0:47.50 0:48.78 0:49.23 0:53.09	2ndIan Baranski03rdChad Richards04thJames Cooley0	D:47.37 D:47.46 D:47.47 D:48.03 D:52.66
500 Meter Final			
1st Rusty Smith 2nd Daniel Weinstein 3rd Chris Needham 4th Ian Baranski DNF Chad Richards	0:45.79 0:46.06 0:46.86 0:46.93		
1000 Meter Semi-finals	Record 1:33.79		
Semi 1		Semi 2	
1st Rusty Smith 2nd Chad Richards 3rd Chris Needham 4th Chris Weaver 5th Ryan Max	1:34.63 1:36.98 1:37.70 1:38.80 1:50.06	2nd Ian Baranski 3rd James Cooley 4th Tony Bennington	1:40.67 1:40.70 1:40.95 1:46.97 1:48.11
1000 Meter Final			
1st Rusty Smith 2nd Ian Baranski 3rd Chad Richards 4th Daniel Weinstein 5th Chris Needham 6th James Cooley	1:33.12* 1:33.28 1:33.38 1:33.68 1:36.40 1:38.00		
1500 Meter Semi-finals	Record 2:28.88		
Semi 1		Semi 2	
1st Rusty Smith 2nd Chad Richards 3rd Chris Needham 4th Kyle Ortiz 5th Tony Bennington	2:25.52* 2:32.50 2:33.01 2:42.87 3:05.27	2nd Ian Baranski 2 3rd James Cooley 2	2:34.73 2:34.84 2:35.19 2:48.51

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Juvenile Boys Record 0:32.50 333 Meter Heats Heat 2 Heat 1 Apolo Anton Ohno 0:32.16\* 0:34.06 1st Ron Biondo 1st Shani Davis 0:34.01 2nd 0:34.24 Gordon Ward 2nd 0:35.26 3rd Ryan Harasyn 0:37.29 3rd John Millard 0:37.69 Brady Thompson 4th Jonathan Staats 0:47.05 4th Heat 4 Heat 3 Michael Clever 0:34.040:32.75 1st 1st Adam Riedy 0:34.12 Jeffrey Hsieh 2nd Tony Hwang 0:33.60 2nd 0:36.86 0:34.31 3rd Wayne Rutledge Sean Haley 3rd Matt Kramp 0:45.02 0:36.07 4th 4th Tony Jerina 0:46.58 Derek Loudermilk 0:36.97 DQ 5th Mike Kostal 333 Meter Quarter-finals Quarter 2 Quarter 1 0:32.97 Apolo Anton Ohno 0:31.73\*Michael Clever 1st 1st Jeffrey Hsieh 0:33.16 2nd Ron Biondo 0:33.53 2nd 0:33.91 3rd Gordon Ward 0:33.24 Sean Haley 3rd 0:35.00 4th Tony Hwang 0:33.93 4th Ryan Harasyn Quarter 3 Adam Riedy 0:32.25 1st 2nd Shani Davis 0:32.50 3rd Wayne Rutledge 0:36.09 John Millard 4th 0:38.81 333 Meter Semi-finals Semi 2 Semi 1 Apolo Anton Ohno 0:32.38 1st Michael Clever 0:33.37 1st 2nd Ron Biondo 0:33.64 2nd Gordon Ward 0:33.50 3rd Adam Riedy 0:36.28 Sean Haley 0:33.84 3rd Shani Davis 0:41.54 0:47.45 4th Jeffrey Hsieh 4th 333 Meter Final Apolo Anton Ohno 0:31.59\* 1st Gordon Ward 0:32.93 2nd 0:33.01 3rd Ron Biondo 0:33.44 Sean Haley 4th

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DNF Michael Clever

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Juvenile Boys (continued)

777 Meter Heats Record 1:17.77

Heat 1

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Heat 2

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1st 2nd 3rd 4th	Shani Davis Ron Biondo Ryan Harasyn Tony Jerina	1:21.60 1:21.90 1:25.00 1:25.17	1st 2nd 3rd 4th 5th	Apolo Anton Ohno Gordon Ward John Millard Mike Kostal Jonathan Staats	1:23.13 1:23.98 1:24.96 1:27.53 1:27.73
Heat	3		Heat	4	
1st 2nd 3rd 4th 777 1	Adam Riedy Wayne Rutledge Brady Thompson Matt Kramp Meter Semi-finals	1:21.93 1:26.96 1:28.83 1:32.92	1st 2nd 3rd 4th	Sean Haley Jeffrey Hsieh Tony Hwang Derek Loudermilk	1:22.63 1:22.77 1:26.96 1:34.11
Semi	1		Semi	2	
1st 2nd 3rd 4th 5th 6th	Apolo Anton Ohno Shani Davis Adam Riedy Wayne Rutledge Jeffrey Hsieh John Millard	1:15.27* 1:17.81 1:18.64 1:26.92 1:34.19 1:38.00	1st 2nd 3rd 4th 5th DQ	Ron Biondo Sean Haley Gordon Ward Tony Hwang Brady Thompson Ryan Harasyn	1:18.63 1:18.86 1:19.49 1:19.58 1:30.37
777 N	Meter Final				
1st 2nd 3rd 4th 5th 6th	Apolo Anton Ohno Adam Riedy Ron Biondo Shani Davis Sean Haley Gordon Ward	1:15.54 1:15.86 1:16.61 1:16.88 1:17.08 1:18.39			

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# Midget Boys

4th John Kepka

333 Meter Heats Record 0:35.27

Heat 1

Heat 2

пеас	1		Heat	2	
1st 2nd 3rd 4th 5th 6th	Chul Lee Roman Milan Michael Youngstrom Daniel Brome Ryan Bedford Duncan McHardy	0:34.48* 0:36.51 0:37.58 0:39.15 0:39.21 0:43.05	1st 2nd 3rd 4th 5th 6th	Miguel Jose John Kepka Anthony Choi Alex Izykowski Mead Ruesing Gregory Ortiz	0:34.71 0:35.11 0:35.39 0:36.18 0:36.38 0:37.59
Heat	3		Heat	4	
1st 2nd 3rd 4th 5th 6th	Misi Toth Tommy Tokarczyk Tucker Fredricks Graham Geiselman Eric Casler Aaron VanderPols	0:35.93 0:36.69 0:36.75 0:36.82 0:37.32 0:37.82	1st 2nd 3rd 4th 5th	Richard Bauer Derek Gray Matt Elliott Brenden Brown Ryan Leyland	0:36.26 0:36.50 0:38.31 0:43.42 0:53.93
333 M	leter Semi-finals				
Semi	1		Semi	2	
1st 2nd 3rd 4th 6th	Chul Lee John Kepka Derek Gray Anthony Choi Tucker Fredricks Michael Youngstrom	0:34.22* 0:34.44 0:35.91 0:36.34 0:36.34 0:38.59	1st 2nd 3rd 4th 5th 6th	Miguel Jose Misi Toth Richard Bauer Matt Elliott Tommy Tokarczyk Roman Milan	0:34.19* 0:34.76 0:35.14 0:35.88 0:36.35 0:36.46
333 M	leter Final				
1st 2nd 3rd	Misi Toth Richard Bauer Miguel Jose	0.34.33 0:34.94 0:35.15			

0:35.23

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Midget Boys (continued)

611 Meter Heats Record 1:04.41

Heat 1

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Heat 2

1st	Chul Lee	1:03.44*	1st	Miguel Jose	1:04.95
2nd	Matt Elliott	1:08.96	2nd	Graham Geiselman	1:07.11
3rd	Daniel Brome	1:09.23	3rd	Mead Ruesing	1:09.14
4th	Ryan Bedford	1:12.83	4th	Gregory Ortiz	1:11.20
5th	Michael Youngstrom	1:12.87	5th	Alex Izykowski	-
6th	Tommy Tokarczyk	1:27.68	DQ	John Kepka	1:08.09
Heat	3		Heat	4	

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1st	Misi Toth	1:05.44	1st	Tucker Fredricks	1:07.61
2nd	Richard Bauer	1:05.46	2nd	Derek Gray	1:08.39
3rd	Roman Milan	1:05.67	3rd	-	
				Eric Casler	1:08.39
4th	Anthony Choi	1:07.07	4th	Duncan McHardy	1:19.18
5th	Ryan Leyland	1:21.41	5th	Brenden Brown	1:20.45
6th	Aaron VanderPols	1:21.92			

611 Meter Semi-finals

Miguel Jose

Chul Lee

Semi 1

DQ

DQ

Semi 2

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1st Miguel Jose 2nd Misi Toth 3rd Roman Milan 4th Eric Casler 5th Matt Elliott 6th Daniel Brome	1:02.82* 1:03.91 1:04.54 1:04.78 1:07.33 1:09.08	1st 2nd 3rd 4th 5th 6th	Chul Lee Derek Gray Richard Bauer Tucker Fredricks Graham Geiselman Mead Ruesing	1:02.48* 1:05.37 1:05.43 1:05.45 1:07.58 1:07.77
611 Meter Final				
1st Roman Milan 2nd Misi Toth 3rd Richard Bauer 4th Derek Gray	1:03.21 1:03.22 1:06.60 1:07.69			

1:03.02

DNF

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Grand	Master	Women
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500 M	leter Final	Record	0:58.37
	Joan Clark Sylvia McCabe		1:11.70 1:39.02

777	Meter	Final	Record	1:32.69
1st	Joar	n Clark		1:50.

1st	Joan Clark	1:50.66
2nd	Sylvia McCabe	2:40.30

1000	Meter	Final	Record	1:59.41
1st	Joan	Clark		2:27.62
2nd	Sylv	ia McCabe		3:42.37

1500	Meter	Final	Record	3:02.79
	Joan Sylv	Clark ia McCabe		3:54.57 5:34.98

Overall Standings

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1st	Joan Clark	20 points
2nd	Sylvia McCabe	12 points

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Master Women

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500 Meter Semi-finals	Record 0:53.21	
Semi 1		Semi 2
1st Peggy Clarke 2nd Mary Wong 3rd Ruth Olin 4th Autumn Nieminski	0:55.00 0:58.71 1:03.00 1:09.17	1stCarole Moore0:57.332ndLiz Marchese0:57.763rdBarbara Johnson0:58.21
500 Meter Final		
1st Peggy Clarke 2nd Carole Moore 3rd Barbara Johnson 4th Liz Marchese 5th Mary Wong.	0:53.91 0:54.65 0:57.13 0:57.23 0:58.08	
1000 Meter Semi-finals	Record 1:50.78	
Semi 1		Semi 2
1st Peggy Clarke 2nd Liz Marchese 3rd Ruth Olin 4th Autumn Nieminski	1:53.42 2:04.65 2:10.70 2:19.44	1stCarole Moore1:59.842ndBarbara Johnson2:00.983rdMary Wong2:01.16
1000 Meter Final		
1st Peggy Clarke 2nd Carole Moore 3rd Liz Marchese 4th Mary Wong 5th Barbara Johnson	1:48.43* 1:51.62 1:54.09 1:54.92 2:02.35	
1500 Meter Semi-finals	Record 2:55.90	
Semi 1		Semi 2
1st Carole Moore 2nd Liz Marchese 3rd Autumn Nieminski	3:11.64 3:16.46 3:40.28	1stPeggy Clarke2:57.462ndMary Wong3:04.363rdBarbara Johnson3:14.714thRuth Olin3:26.53
1500 Meter Final		
1st Peggy Clarke 2nd Carole Moore 3rd Liz Marchese 4th Mary Wong 5th Barbara Johnson	2:49.86* 2:52.27 2:59.17 3:02.01 3:13.80	

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500 Meter Semi-finals Record	0:49.12		
Semi 1		Semi 2	
1st Hilary Mills 2nd Mary Ann Layden Cirks 3rd Jane Lapato DQ Barbara Beth	0:50.64 0:55.17 1:09.63 1:12.83	1st Mary Brophy 2nd Kelly O'Hare 3rd Beth Bedford 4th Cindy Darrow	0:50.75 0:52.56 0:53.10 1:01.82
Semi 1		Semi 2	
1st Hilary Mills 2nd Mary Ann Layden Cirks 3rd Jane Lapato	0:50.42 0:51.68 0:51.90	1st Mary Brophy 2nd Kelly O'Hare 3rd Beth Bedford	0:50.79 0:51.90 0:52.39
500 Meter Final			
1st Hilary Mills 2nd Mary Ann Layden Cirks 3rd Kelly O'Hare 4th Jane Lapato DNF Mary Brophy	0:51.12 0:51.67 0:51.84 0:52.76	- -	·
1000 Meter Semi-finals Record	1:44.66		
Semi 1		Semi 2	
1st Hilary Mills 2nd Jane Lapato 3rd Kelly O'Hare 4th Barbara Beth	1:43.71* 1:46.85 1:47.22 1:47.40	1st Mary Brophy 2nd Mary Ann Layd 3rd Beth Bedford 4th Cindy Darrow 5th Denise Soulta	1:47.59 1:55.64
1000 Meter Final			
1st Hilary Mills 2nd Jane Lapato 3rd Mary Ann Layden Cirks 4th Beth Bedford DQ Mary Brophy DQ Kelly O'Hare	1:41.59* 1:45.21 1:45.74 1:46.06 1:42.23 1:45.59		
1500 Meter Semi-finals Record	2:37.84		
Semi 1		Semi 2	
1st Mary Brophy 2nd Mary Ann Layden Cirks 3rd Beth Bedford 4th Jane Lapato	2:46.96 2:47.02 2:47.21 3:17.99	1st Hilary Mills 2nd Kelly O'Hare 3rd Barbara Beth 4th Cindy Darrow 5th Denise Soulta	2:42.14 2:48.49 2:51.31 2:55.72 3:26.03

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Senior Women

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Intermediate Women

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500 Meter Final Record 0:50.04

1st	Whitney McGill	0:49.06*
2nd	Kristen Brophy	0:49.70
3rd	Therese Lease	0:51.52
4th	Colleen Hangac	0:52.27
5th	Sabrina Frawley	0:57.21

1000 Meter Final Record 1:44.79

1st	Whitney McGill	1:41.28*
2nd	Therese Lease	1:42.44
3rd	Kristen Brophy	1:42.51
4th	Colleen Hangac	1:44.83
5th	Sabrina <u>F</u> rawley	2:00.63

1500 Meter Final Record 2:39.90

1st Wh	itney McGill	2:37.10*
2nd The	erese Lease	2:37.17
3rd Kr	isten Brophy	2:37.37
4th Co	lleen Hangac	2:42.23
5th Sa	brina Frawley	3:02.21

3000 Meter Final Record 5:37.60

1st	Therese	Lease		5:44.70
2nd	Kristen	Brophy	•	5:45.38
3rd	Whitney	McGill	•	5:46.05
4th	Colleen	Hangac		5:46.87
5th	Sabrina	Frawley		6:14.38

Overall Standings

1st	Whitney McGill	17 points
2nd	Therese Lease	13 points
3rd	Kristen Brophy	10 points
4th	Colleen Hangac	4 points

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500 Meter Semi-finals	Record	0:48.75			
Semi 1			Semi	2	
1st Katie Krall 2nd Samantha Frawley 3rd Jessica Burton 4th SueEllen Harris 5th Nicole Albert		0:53.64 0:54.69 0:54.93 0:54.99 1:03.35	1st 2nd 3rd 4th 5th	Penelope Lang Meghan Everett Mary Kooreman Valerie Goldstein Katie Higgins	0:53.31 0:53.44 0:56.40 0:57.34 0:57.53
500 Meter Final					
1st Penelope Lang 2nd Meghan Everett 3rd Katie Krall 4th Samantha Frawley DQ Jessica Burton		0:50.43 0:51.54 0:51.63 1:01.21 1:06.00			
1000 Meter Semi-finals	Record	1:40.14			
Semi 1			Semi	2	
1st Penelope Lang 2nd Katie Krall 3rd Samantha Frawley 4th Mary Kooreman 5th Valerie Goldstein		1:52.11 1:53.17 1:53.99 1:56.77 2:08.40	1st 2nd 3rd 4th 5th	Meghan Everett Jessica Burton SueEllen Harris Nicole Albert Katie Higgins	1:55.09 1:56.23 1:58.51 2:05.86 2:25.07
1000 Meter Final					
1st Penelope Lang 2nd Meghan Everett 3rd Katie Krall 4th Samantha Frawley 5th Jessica Burton 6th SueEllen Harris		1:43.01 1:43.34 1:43.98 1:50.00 1:52.45 1:56.97		· · · · · · · · · · · · · · · · · · ·	
1500 Meter Semi-finals	Record	2:43.95			
Semi 1			Semi	2	
1st Katie Krall 2nd Samantha Frawley 3rd Mary Kooreman 4th Valerie Goldstein 5th Nicole Albert		2:55.16 2:55.62 2:56.44 2:59.23 3:18.80	1st 2nd 3rd 4th 5th	Meghan Everett Jessica Burton SueEllen Harris Katie Higgins Penelope Lang	2:56.11 2:56.24 3:03.72 3:08.20 3:55.34

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Junior Girls

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Juvenile Girls

333 Meter Heats Record 0:33.78

Heat 1

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### Heat 2

1st	Sarah Elliot	0:34.55	1st	Brigid Farrell	0:36.51
2nd	Stacy Clever	0:35.92	2nd	Katy Kepka	0:36.63
3rd	Allison Green	0:36.09	3rd	Victoria Depew	0:36.98
DNF	Kasey Wallis		4th	Maureen Hangac	0:37.13
	-		5th	Rebecca Johnson	0:39.91

#### Heat 3

1st	Alice Choi	0:35.53
2nd	Sarah Williams	0:35.66
3rd	Carmen Sims	0:36.67
4th	Kimberly Ramirez	0:37.89
5th	Sara Bell	0:45.10

333 Meter Semi-finals

Semi 1

Sarah Elliott 0:34.38 0:35.06 1st 1st Alice Choi Brigid Farrell 0:35.63 2nd 0:35.81 2nd Katy Kepka 3rd Allison Green 0:35.95 3rd Sarah Williams 0:36.18 4th Maureen Hangac 0:36.26 4th Carmen Sims 0:53.16 Stacy Clever 5th Victoria Depew 0:36.45 DQ 0:35.85 222 Motor Final

Semi 2

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1st	Brigid Farrell	0:35.22
2nd	Katy Kepka	0:35.73
3rd	Alice Choi	0:35.78
4th	Allison Green	0:35.80
DQ	Sarah Elliott	0:38.82

Juvenile Girls (continued) Record 1:19.31 777 Meter Heats Heat 2 Heat 1 1st Stacy Clever 1:23.86 Sarah Elliott 1:23.15 1st 1:24.62 Brigid Farrell 1:24.88 2nd Alice Choi 2nd 1:25.01 1:25.32 3rd Katy Kepka Victoria Depew 3rd 4th Kimberly Ramirez 1:25.97 Maureen Hangac 1:25.57 4th Rebecca Johnson 1:32.98 5th Kasey Wallis 1:37.35 5th Heat 3 Sarah Williams 1st 1:25.65 2nd Carmen Sims 1:25.73 3rd Allison Green 1:25.79 4th Sara Bell 1:25.87 777 Meter Semi-finals Semi 2 Semi 1 Sarah Elliott Alice Choi 1:23.20 1st 1:21.20 1st Sarah Williams Stacy Clever 2nd 1:22.68 2nd 1:23.44 3rd Katy Kepka 1:23.75 3rd Brigid Farrell 1:23.87 4th Carmen Sims 1:25.08 4th Victoria Depew 1:24.08 1:25.51 5th Allison Green 1:25.63 5th Maureen Hangac 777 Meter Final Sarah Elliott 1:18.71\* 1st Brigid Farrell 2nd 1:20.78 1:21.35 3rd Katy Kepka 4th Stacy Clever 1:21.37 Sarah Williams 5th 1:22.02

1:37.73

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6th

Alice Choi

Midget Girls			
333 Meter Heats Record 0:35.2	27		
Heat 1		Heat 2	
1st Kira Fling 2nd Jennifer Dowse 3rd Kathryn Torrey 4th Lauren Ward	0:37.92 0:38.23 0:39.10 0:41.38	1st Bonnie Klint 2nd Cynthia Hsieh 3rd Caitlin Everett 4th Pilar Gaines	0:37.53 - 0:38.84 0:39.47
Heat 3			
1st Cherise Wilkins 2nd Kristin Bedford 3rd Janine Johnson 4th Maggie Ballenger 5th Kristen Biondo	0:37.30 0:38.13 0:40.35 0:41.08 0:43.02		
333 Meter Semi-finals			
Semi 1		Semi 2	
1st Bonnie Klint 2nd Kristin Bedford 3rd Jennifer Dowse 4th Caitlin Everett 5th Janine Johnson	0:37.59 0:37.84 0:37.95 0:39.20 0:40.57	1st Cherise Wilkins 2nd Kira Fling 3rd Cynthia Hsieh 4th Kathryn Torrey 5th Pilar Gaines	0:36.95 0:37.46 0:38.17 0:38.98 0:40.35
333 Meter Final			
1st Cherise Wilkins 2nd Bonnie Klint 3rd Kira Fling 4th Kristin Bedford 5th Jennifer Dowse 6th Cynthia Hsieh	0:35.73 0:35.91 0:36.40 0:36.93 0:37.15 0:38.12		
500 Meter Heats Record 0:52.4	17		
Heat 1		Heat 2	
1st Cherise Wilkins 2nd Kristin Bedford 3rd Jennifer Dowse 4th Kathryn Torrey 5th Lauren Ward	0:56.45 0:56.71 0:57.66 0:58.00 1:03.53	1st Kira Fling 2nd Caitlin Everett 3rd Maggie Ballenger DQ Pilar Gaines	0:58.14 0:59.94 1:00.26 1:03.35
Heat 3			
1st Bonnie Klint 2nd Cynthia Hsieh 3rd Janine Johnson 4th Kristen Biondo	0:56.80 0:58.02 1:01.95 1:03.85		

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Midget Girls (continued)			
611 Meter Final			
1st Bonnie Klint 2nd Cherise Wilkins 3rd Kira Fling 4th Caitlin Everett 5th Kathryn Torrey 6th Kristin Bedford	1:04.12 1:05.22 1:05.31 1:10.71 1:11.43 1:18.87		
777 Meter Heats Record 1:2	24.12		
Heat 1		Heat 2	
1st Cherise Wilkins 2nd Bonnie Klint 3rd Jennifer Dowse 4th Kristen Biondo	1:29.21 1:29.25 1:29.97 1:42.35	1st Kira Fling 2nd Caitlin Everett 3rd Pilar Gaines 4th Janine Johnson 5th Lauren Ward	1:29.88 1:33.54 1:33.99 1:36.33 1:41.03
Heat 3			
1st Kristin Bedford 2nd Cynthia Hsieh 3rd Kathryn Torrey 4th Maggie Ballenger 777 Meter Semi-finals	1:31.70 1:31.79 1:33.58 1:37.23		
Semi 1		Semi 2	
1st Bonnie Klint 2nd Kira Fling 3rd Cynthia Hsieh 4th Jennifer Dowse 5th Pilar Gaines	1:27.77 1:28.01 1:29.18 1:29.29 1:32.91	1st Cherise Wilkins 2nd Kristin Bedford 3rd Kathryn Torrey 4th Janine Johnson 5th Caitlin Everett	1:29.90 1:30.09 1:32.71 1:36.85 1:41.32
777 Meter Final			
1st Kira Fling 2nd Bonnie Klint 3rd Cherise Wilkins 4th Kristin Bedford 5th Cynthia Hsieh 6th Kathryn Torrey	1:25.84 1:25.85 1:27.34 1:27.59 1:30.28 1:32.38		

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Relays

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3000 Meter Semi-finals

# Semi 1

4.1	Michigan Missouri	Semi 2			
1st 2nd 3rd 4th 3000		4:30.59 4:36.23 4:41.37 4:53.52	1st 2nd DQ DQ	Northeast Southern California Illinois Ohio	4:40.01 4:40.06 4:40.08 4:55.17
1st 2nd 3rd 4th	Northern New York Northeast Michigan Southern California	4:31.32 4:33.74 4:41.38 4:48.49			

4:48.49

### Women

# 3000 Meter Final

1st	Northern New York	5:00.88
2nd	Missouri	5:04.90
3rd	Michigan	5:20.06
4th	Illinois	5:23.78

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