

# **2000** **NATIONAL**

**Short Track Speedskating  
Championships**

**Philadelphia, Pa.**

**March 31 - April 2**



These championships are sanctioned by the Amateur Speedskating Union of the United States.

# DELAWARE COUNTY

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## **Welcome to the**

# **2000 National Short Track Speedskating Championships**

**Ice Works Twin Rinks, Aston, Pennsylvania  
March 31- April 2, 2000**

**Sanctioned by the Amateur Speedskating Union  
of the United States and hosted by the Eastern States  
Speedskating Association.**

**Member Clubs**     *Maryland:*     Baltimore Silverblades  
National Capital  
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*Pennsylvania:*     East Penn  
Lighting Force

<b>Event Organizing Committee</b>	Hence Bollinger Chris Connery Joan Clark Lloyd Clark	Jack Curtin Harry Dingle Kreg Greer Chris Greer	David Kennedy Cindy Scharf
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<b>Event Officials</b>	Chief Referee	Tim Quinn
	Chief Starter	Chuck Moore
	Chief Clerk	Jo Ellen Anderson
	Chief Judge	Don Lease
	Assistant Chief Judge	Carole Ortiz
	Chief Timer	Larry Clever

## **Schedule of Events**

### **Thursday, March 30**

- Check in (hotel)     5:00 - 10:00 pm
- Open practice     7:00 - 9:00 pm
- Hospitality room     8:00 - 10:00 pm

### **Friday, March 31**

- Check in (hotel)     8:00 - 10:00 am
- Locker rooms open     11:30 am
- Warm-ups     12:15 - 1:15 pm
- Officials meeting     12:00 pm
- Coaches meeting     12:30 pm
- Competition     1:30 - 7:00 pm

### **Saturday, April 1**

- Locker rooms open     6:30 am
- Warm-ups     7:15 - 8:15 am
- Competition     8:30 am - 6:00 pm
- Banquet (hotel)     7:30 pm

### **Sunday, April 2**

- Locker rooms open     6:30 am
- Warm-ups     7:15 - 8:15 am
- Competition     8:30 am - 4:00 pm
- Awards ceremony     4:30 - 5:30 pm

# Gold Medallion Championship Awards

<b>Class</b>	<b>Sponsor</b>	<b>Award Title</b>
Master Men 70+	Rich Widmark	J. Fred Gohl Memorial
Master Men 60-69	Middle Atlantic Skating Association	Juan Williams Memorial
Master Men 50-59	Skating and Cycling Friends of Amos Ottley	Amos Ottley Memorial
Master Men 40-49	Middle Atlantic Skating Association	Bob Finkel Memorial
Master Men 30-39	Ohio Speedskating Association	Ohio Speedskating Association
Senior Men	Mr. and Mrs. Lloyd Carlstom	Carlstom Family
Junior Boys	Dr. and Mrs. Milan Novak	Dr. Raymond Novak
Juvenile Boys	Mr. and Mrs. Tom Jarrett	Mr. and Mrs. Tom Jarrett
Midget Boys	Dave and Betty Roche	Dave and Betty Roche
Pony Boys	Lake Placid Sports Council	James C. "Bunny" Sheffield Memorial
Master Women 70+	—	—
Master Women 60-69	Northern California Speedskating Association	Northern California Speedskating Association
Master Women 50-59	Michigan Speedskating Association	Cathy Turner
Master Women 40-49	—	—
Master Women 30-39	V.F.W. Auxiliary #2164 and Carol Jackson	V.F.W. Auxiliary #2164 and Carol Jackson
Senior Women	Herbert Knudten	Herbert Knudten
Junior Girls	Mrs. Rita Crowe	Joseph and Rita Crowe Memorial
Juvenile Girls	Joseph Sulc	Joseph A. and Barbara Sulc
Midget Girls	Linda Kellerman	Robert and Linda Kellerman Memorial
Pony Girls	Mr. and Mrs. Charles Blair	Blair Family

# National Short Track Medal Sponsors

Class	Sponsor	Event/Position	Award Title
Master Men	Newmark Family	All 1	David "Dan" Newmark Memorial
Senior Men	Leon Wilmot	All 1	Leon Wilmot
	Edward Helminski & Monica Crawford	All 2,3,4	Roy C. Helminski
Junior Boys	Mr. & Mrs. Tim Quinn	All 1	Quinn Family
	Edgar Dame	500/1000 2,3,4	Dame Family
	Duane Riley	1500 2,3,4	Riley Family
Juvenile Boys	Charles & Greta Hall	All 1	Hall Family
	Ted & Kay Klaiber	777 2,3,4	Klaiber Family
Midget Boys	Terry McDermott	All 1	Terry McDermott
Pony Boys	David Lind & Bill Lanigan	500 1	Lind and Lanigan
	Flint Speedskating	Balance 1	Don Meek Memorial
	David Lind & Chris Lind Lanigan	Balance 2,3,4	Lind Family
Men's Relay	Leon Wilmot	n/a 1,2,3,4	Leon Wilmot
Master Women	Southern California Speedskating Asso.	All 1,2,3,4	Southern California Speedskating Asso.
Senior Women	Kit Klein Outland	All 1	Kit Klein Outland Memorial
Junior Girls	Robert Engling	All 1	Engling
Juvenile Girls	Affholter Children	All 1	Affholter Family
Midget Girls	Bill & Sharon Cawthra	500 1,2,3,4	Cawthra Family
	Mr. & Mrs. Jeff FitzRandolph	333 1,2,3,4	Jessi FritzRandolph
Pony Girls	David Lind	222/500 1,2,3,4	The Lind Family
	Christine Lind Lanigan	333 1,2,3,4	Chris Lind Lanigan
	Dr. Anthony Arena	444 1,2,3,4	Arena Family
Women's Relay	Dr. Andres Gabel	n/a 1,2,3,4	Eva Gabel Memorial

**Special thanks to Crazer-Chester Medical Center and the Aston-Beachwood Volunteer Fire Company.**

***Thanks to the following for the use of their mats:***

- **Binghamton Speedskating Club**
- **Garden State Speedskating Club**
- **Lighting Force Speedskating Club**
- **Baltimore Silverblades Speedskating Club**
- **Hagerstown Sports and Ice Arena**
- **Hagerstown Speedskating Team**

# 1999 National Champions

San Jose, California

Master Men 60+  
**Howard Ganong**

Master Men 50-59  
**Jim Minami**

Master Men 40-49  
**Mark Chrysler**

Master Men 30-39  
**Neil Mansfield**  
**Sam Renshaw**

Senior Men  
**Mike Koorman**

Junior Boys  
**Shani Davis**

Juvenile Boys  
**Eric Casler**

Midget Boys  
**Kreg Greer**

Pony Boys  
**Eddie Alvarez**

Master Women 50-59  
**Mary Lou DiNicola**

Master Women 40-49  
**Nancy Doval**

Master Women 30-39  
**Peggy Hartrich Clark**

Senior Women  
**Courtney Hasar**

Junior Girls  
**Kira Fling**

Juvenile Girls  
**Maria Garcia**

Midget Girls  
**Alice Kim**

Pony Girls  
**Tippy Jordan**

## National Short Track Records 111.12 Meter Oval as of May 1999

### How Records and Classes are Determined:

The National Speedskating Championships, both Long Track and Short Track, are skated in classes based upon the competitor's age as of July 1 preceding the competition.

**Note:** The first year a new class or distance is skated at the National Championships, first place times are listed as "best times," not as national records. The second year these events are skated, the fastest times become national records.

New national records receive final approval at the ASU Convention, held each May and are published in the *ASU Handbook*.

### National Age Group Classes

Master Men (70+ years)  
(A new class, see note  
above)

Master Women  
(70+ years) (A new class,  
see note above)

Master Men (60-69 years)

Master Women  
(60-69 years) (A new class,  
see note above)

Master Men (50-59 years)

Master Men (40-49 years)

Master Women  
(50-59 years)

Master Men (30-39 years)

Senior Men (17-29 years)

Master Women  
(40-49 years)

Junior Boys (14-16 years)

Master Women  
(30-39 years)

Juvenile Boys (12-13 years)

Midget Boys (10-11 years)

Senior Women  
(17-29 years)

Pony Boys (9 or younger)

Junior Girls (14-16 years)

Juvenile Girls (12-13 years)

Midget Girls (10-11 years)

Pony Girls (9 or younger)

# National Short Track Records

## Master Men 60-69

500M	0:56.61	Howard Ganong	Northern New York	San Jose	3/21/99
777M	1:33.30	Howard Ganong	Northern New York	San Jose	3/20/99
1000M	2:02.96	Howard Ganong	Northern New York	San Jose	3/21/99
1500M	3:12.37	Howard Ganong	Northern New York	Saratoga Sp.	3/13/98

## Master Men 50-59

500M	0:50.63	Chris Hawkins	Middle Atlantic	Saratoga Sp.	3/15/98
777M	1:21.49	Chris Hawkins	Middle Atlantic	Saratoga Sp.	3/14/98
1000M	1:44.29	Chris Hawkins	Middle Atlantic	Saratoga Sp.	3/15/98
1500M	2:44.91	Chris Hawkins	Middle Atlantic	Saratoga Sp.	3/13/98

## Master Men 40-49

500M	0:49.59	Rob Ahlke	Southern California	San Jose	3/21/99
1000M	1:47.95	Mark Chrysler	Northern California	San Jose	3/20/99
1500M	2:59.35	Rob Ahlke	Southern California	San Jose	3/19/99
3000M	6:05.20	Mark Chrysler	Northern California	San Jose	3/21/99

## Master Men 30-39

500M	0:49.40	Sam Renshaw	Michigan	San Jose	3/21/99
1000M	1:41.15	Niel Mansfield	Northeast	San Jose	3/20/99
1500M	2:33.94	Kimon Papahadjopoulos	Northern California	San Jose	3/19/99
3000M	5:32.11	Niel Mansfield	Northeast	San Jose	3/21/99

## Senior Men

500M	0:43.94	Michael Kooreman	Michigan	Saratoga Sp.	3/15/98
1000M	1:37.04	Todd Porter	Northern New York	Saratoga Sp.	3/14/98
1500M	2:22.82	Christopher Callis	Eastern States	Saratoga Sp.	3/13/98
3000M	5:00.39	Christopher Callis	Eastern States	Saratoga Sp.	3/14/98

## Junior Boys

500M	0:45.27	Adam Reidy	Ohio	Saratoga Sp.	3/15/98
1000M	1:33.12	Rusty Smith	Southern California	St. Louis	3/16/96
1500M	2:24.61	Rusty Smith	Southern California	St. Louis	3/15/96
3000M	5:04.15	Rusty Smith	Southern California	St. Louis	3/16/96

## Juvenile Boys

333M	0:31.05	Mishi Toth	Missouri	Saratoga Sp.	3/14/98
500M	0:46.77	Apolo Ohno	ASU	St. Louis	3/17/96
777M	1:14.33	Nathaniel Bolton	Northwest	Saratoga Sp.	3/14/98
1000M	1:37.50	Nathaniel Bolton	Northwest	Saratoga Sp.	3/13/98

## Midget Boys

333M	0:34.19	Miguel Jose	ASU	St. Louis	3/16/96
500M	0:50.37	Chul Lee	Middle Atlantic	St. Louis	3/17/96
611M	1:02.48	Chul Lee	Eastern States	West Point	3/16/97
777M	1:18.77	Chul Lee	Middle Atlantic	St. Louis	3/15/96

## Pony Boys

222M	0:25.91	Edwardo Alvarez	ASU	San Jose	3/20/99
333M	0:37.00	Edwardo Alvarez	ASU	San Jose	3/21/99
444M	0:50.12	Edwardo Alvarez	ASU	San Jose	3/20/99
500M	0:56.69	Edwardo Alvarez	ASU	San Jose	3/19/99

# National Short Track Records

## Master Women 50-59

500M	0:57.56	Mary Lou DiNicola	Northern New York	West Point	3/16/97
777M	1:29.73	Mary Lou DiNicola	Northern New York	Saratoga Sp.	3/14/98
1000M	1:54.60	Mary Lou DiNicola	Northern New York	Saratoga Sp.	3/15/98
1500M	2:56.55	Mary Lou DiNicola	Northern New York	Saratoga Sp.	3/13/98

## Master Women 40-49

500M	1:02.95	Nancy Doval	Northern California	San Jose	3/21/99
1000M	2:03.58	Nancy Doval	Northern California	San Jose	3/20/99
1500M	3:17.72	Nancy Doval	Northern California	San Jose	3/19/99
3000M	6:22.85	Nancy Doval	Northern California	San Jose	3/21/99

## Master Women 30-39

500M	0:50.41	Peggy Clarke	Missouri	San Jose	3/21/99
1000M	1:43.74	Peggy Clarke	Missouri	San Jose	3/20/99
1500M	2:40.73	Peggy Clarke	Missouri	San Jose	3/19/99
3000M	5:34.45	Peggy Clarke	Missouri	San Jose	3/21/99

## Senior Women

500M	0:47.25	Mary Brophy	Northern New York	Saratoga Sp.	3/17/98
1000M	1:41.59	Hilary Mills	Wisconsin	St. Louis	3/16/96
1500M	2:36.19	Hilary Mills	Wisconsin	St. Louis	3/16/96
3000M	5:27.84	Hilary Mills	Wisconsin	St. Louis	3/16/96

## Junior Girls

500M	0:48.75	Julie Goskowicz	Wisconsin	Muskegon	3/19/95
1000M	1:40.14	Katie Krall	Colorado	St. Louis	3/15/96
1500M	2:41.09	Bonnie Klint	Illinois	San Jose	3/19/99
3000M	5:26.51	Julie Goskowicz	Wisconsin	Muskegon	3/19/95

## Juvenile Girls

333M	0:33.78	Maria Garcia	Southern California	San Jose	3/20/99
500M	0:49.91	Sarah Elliot	Wisconsin	St. Louis	3/17/96
777M	1:18.71	Sarah Elliot	Wisconsin	St. Louis	3/17/96
1000M	1:44.90	Sarah Elliot	Wisconsin	St. Louis	3/15/96

## Midget Girls

333M	0:34.98	Maria Garcia	Southern California	Saratoga Sp.	3/14/98
500M	0:52.47	Sarah Elliot	Wisconsin	Saratoga Sp.	3/20/94
611M	1:03.85	Sarah Elliot	Wisconsin	Saratoga Sp.	3/20/94
777M	1:24.12	Sarah Elliot	Wisconsin	Saratoga Sp.	3/18/94

## Pony Girls

222M	0:25.00	Tippy Jordan	Greater Minnesota	San Jose	3/20/99
333M	0:36.68	Tippy Jordan	Greater Minnesota	San Jose	3/21/99
444M	0:48.70	Tippy Jordan	Greater Minnesota	San Jose	3/20/99
500M	0:55.44	Tippy Jordan	Greater Minnesota	San Jose	3/19/99





Welcome  
to the  
2000 National  
Short Track  
Speedskating  
Championships  
at the  
Ice Works  
Twin Rinks in  
Aston, PA



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personal best  
in all your  
races and  
have lots  
of fun.*



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## Short Track Speedskating

Speedskating is one of the world's oldest winter sports, and it is the sport in which the United States has had the most success in Winter Olympic competition. There are two types of speedskating. Long Track races are skated on a 400 meter track, built specially for speedskating, while short track racing takes place on an 111 meter track laid out on a hockey rink. Since there aren't many 400 meter speedskating tracks in the U.S., most skaters learn to speed skate on the short track. In short track, skaters race against each other in a pack to cross the finish line first, while most long track races are run strictly against the clock. In addition to pure speed, short track features racing strategy, pack skating skills and occasional bumps and spills.

This weekend's competition is the National Short Track Championships of the Amateur Speedskating Union of the



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United States. Skaters from all over the country will compete against each other in the same age and gender groups in heats, semifinals and finals over four distances. Individual medals are awarded in each distance, and the best overall skater in each category wins a National Champion's Medallion. The Championships are capped off

by an exciting team relay event.

Speed skates differ from hockey or figure skates mainly in that the blade is long and thin, with no hollow on the bottom. This lets speed skates glide better over the ice, resulting in the ability to reach high speeds. You may have heard about the new "klap-skates" used for the first time in the Nagano Winter Olympics. These skates have a blade that is hinged at the front allowing the skater to continue the power stroke using calf muscles and pushing off the toe without digging the point of the blade into the ice. Klap-skates have resulted in the shattering of almost every long track record, but they are not permitted in short track because of the short straightaways and tight corners and because the skaters are already going too fast!

Thanks for coming and enjoy the event.

# Good luck, Kreg and Devin

*Love from  
Grandmom,  
Granddad and the  
Lancaster Gang.*

***In memory of  
Jerry Klasman.  
Thanks for caring.  
Thanks for trying.***

## How Many Laps ?

111.12 meters	1 lap
222 meters	2 laps
333 meters	3 laps
444 meters	4 laps
500 meters	4.5 laps
666 meters	6 laps
777 meters	7 laps
1000 meters	9 laps
1500 meters	13.5 laps
3000 meters	27 laps

*Good Luck to all Nationals Skaters!*



Join the Saratoga Winter Club and nationally-acclaimed coach Pat Maxwell for our summer speedskating camp. The camp is held in mid-July and offers instruction for all ages and all ability levels. For more information call Rich Strauss at 518-893-2097.

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# Good Luck!

To Our Skaters

- Jack Curtin
- Devin Greer
- Kreg Greer
- Nicky Kim
- Cindy Scharf



A special thanks to our great coaches:

- Kreg Greer
- David Kennedy
- James Koo
- Jack Curtin



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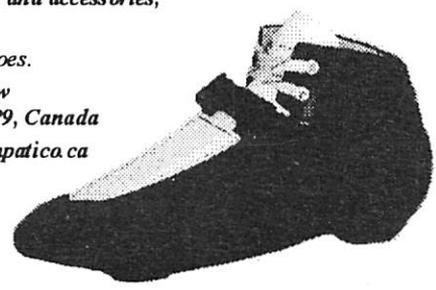
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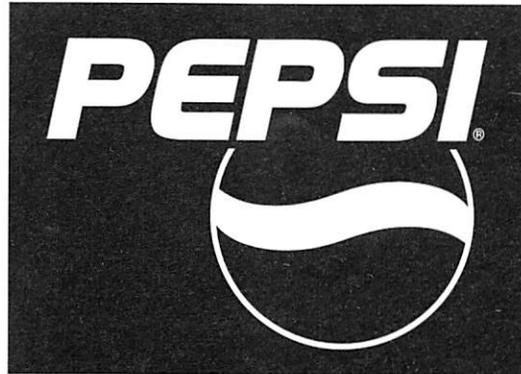


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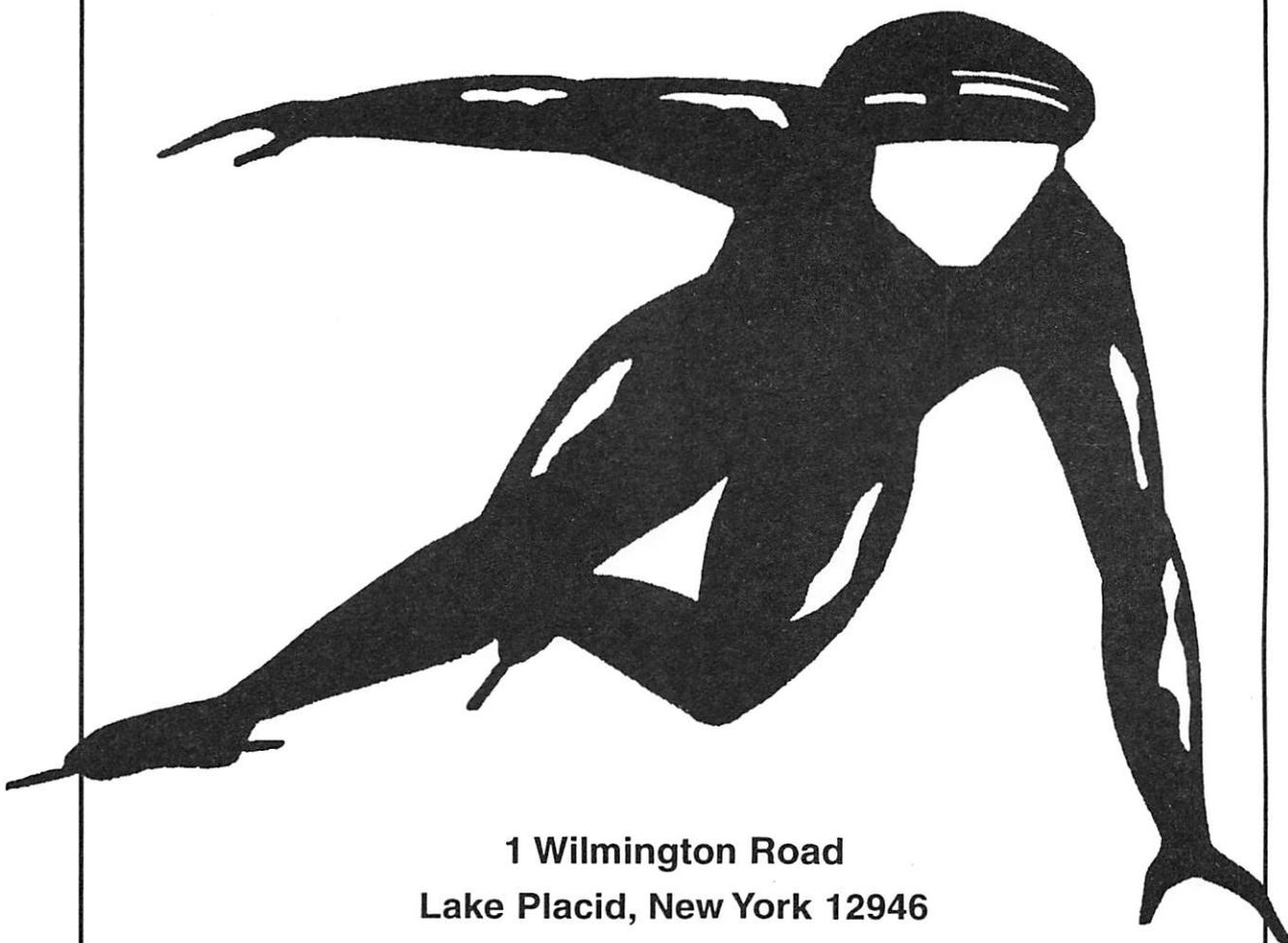
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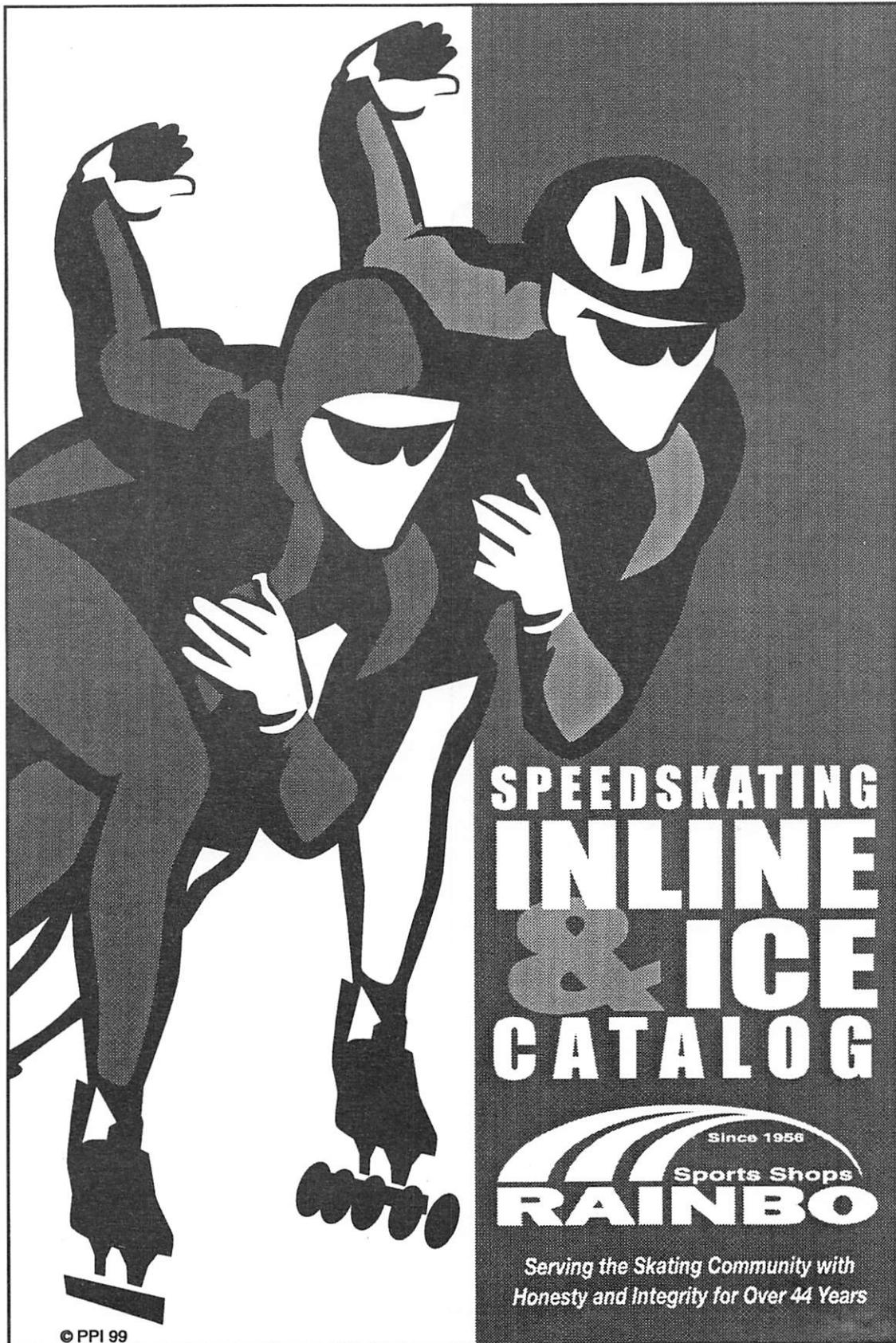
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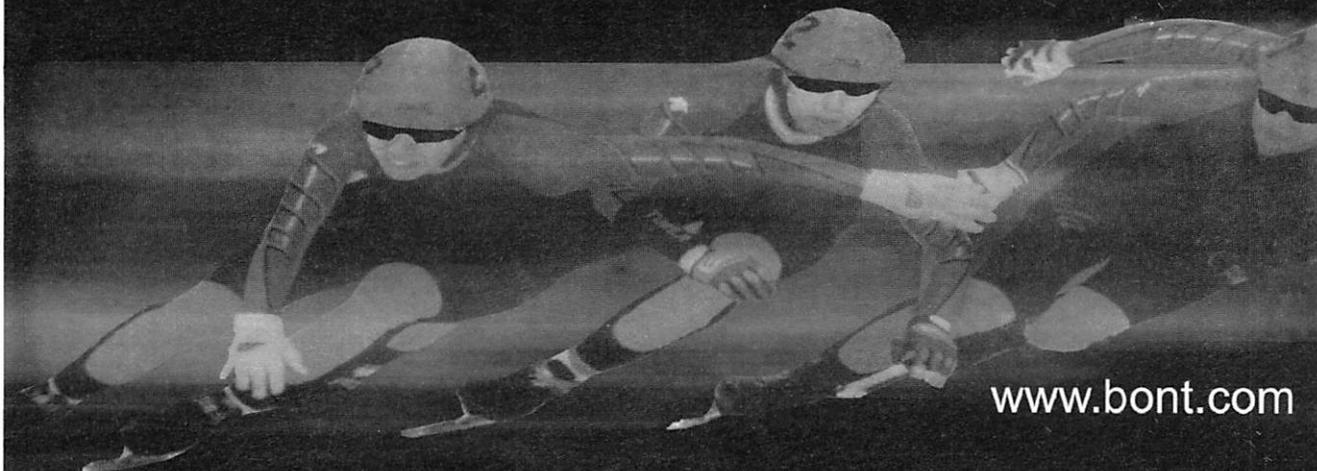
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## 2000 PRO-AM RACE CALENDAR

### JUNE

- June 2 *International Sprints*
- June 9 *U.S. Women's Open*
- June 16 *Keirin Cup*
- June 23 *Olympic Team Showdown*
- June 30 *Tandemonium*

### JULY

- July 7 *Disabled Invitational*
- July 11-14 *EDS National Jr. Cycling Championships*
- July 21 *American Team Cycling (ATC)*
- July 28 *Relays*

### AUGUST

- Aug 4 *ATC Championships*
- Aug 11 *Rider of the Year*
- Aug 18 *Madison Cup*
- Aug 25 *Air Products Finals*

### OCTOBER

- Oct 14 *Annual LV Velodrome Flea Market*

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