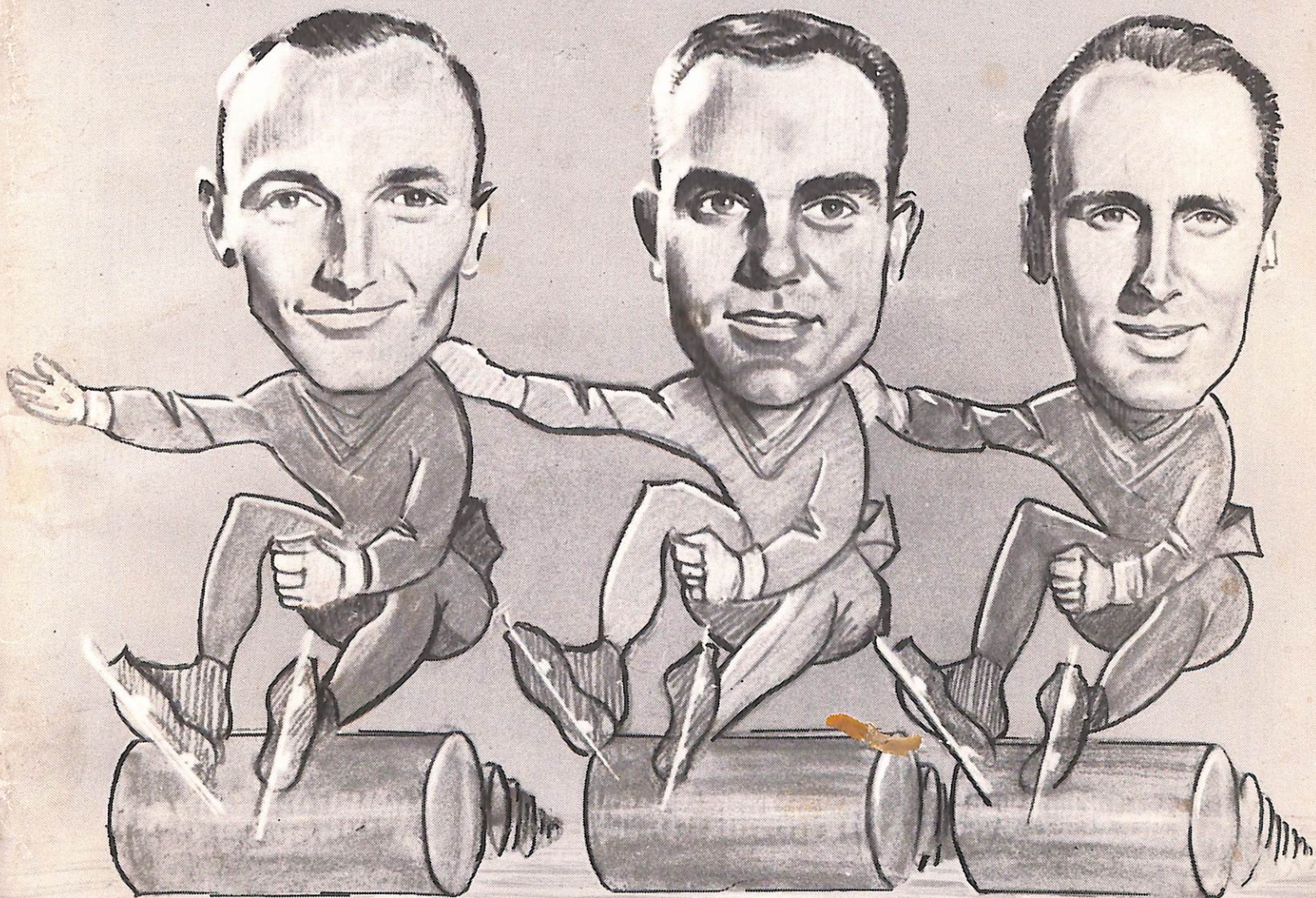


The Racing Blade®

VOLUME XXX
NUMBER 3



FEBRUARY, 1997



The Barrel Busters

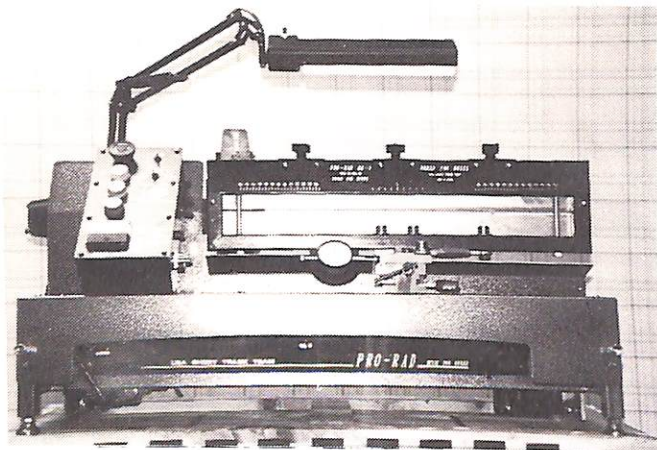
Jim Campbell

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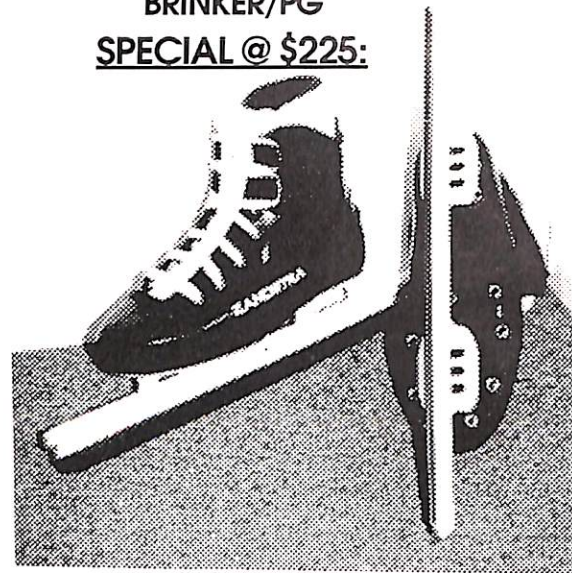
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ISSUE No. 3

FEBRUARY, 1997

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*A brief history of an obscure sport
and some amusing reminiscences*

World Barrel Jumping Championship

by Bob Vehe

Jumping over something on ice skates goes back to the origin of ice skating. Centuries ago, ice skating was a means of transportation and obstacles in the rivers, streams and lakes often-times were crossed by jumping over them. As the technology of skating equipment improved along with the skill of the skaters, attempts were made to see who could jump the highest or the farthest. These became feature events at ice shows and competitions as ice sports developed during the nineteenth and twentieth centuries.

Figure skating today is still striving for higher and multi-rotational jumps with triple jumps becoming more and more common. Jumping on speed skates developed more towards how far could a skater leap. This phenomenon has held for many sports from automobiles, motorcycles, horses and anything that moves including Olympic track and field events such as the broad jump and the long jump. This jumping mania has created some world renowned daredevils who have defied injuries without complete success. Evel Knievel of motorcycle jumping fame may have also set records for broken bones.

While jumping on speed skates may seem foolhardy and dangerous to many, the sport has not been as dangerous as it appears. The jumpers are gifted athletes who are prepared to fall and know how to protect themselves. The fall does not come as a surprise; it is an anticipated ending.

Modern World Championship Barrel Jumping was organized in 1951 by Irving Jaffee as a promotional event for Grossinger Resort and Country Club in the Catskill Mountains of New York. This famous vacation spot near Liberty, New York, was where



BUNNIE SHEFFIELD MAKES RECORD JUMP OF TWENTY-FIVE FEET OVER ELEVEN GIRLS ON OLYMPIC STADIUM AT LAKE PLACID, N. Y. COPYRIGHT 1931 BY CLEVELAND WO-260

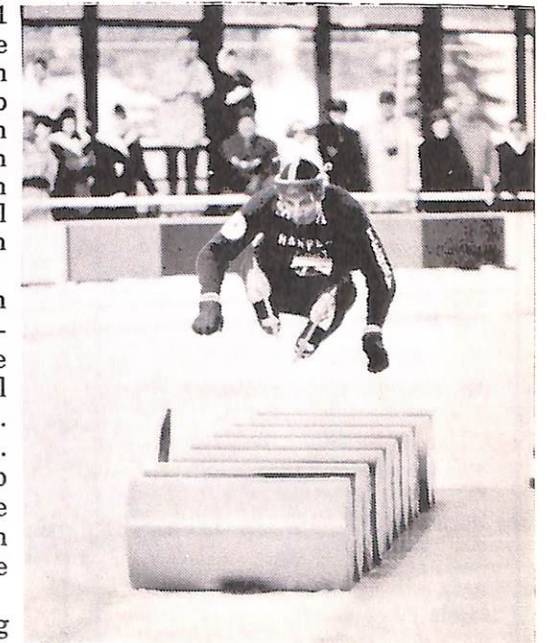
speedskating's double gold medalist at the 1932 Olympics Irving Jaffee was a recreational manager. He may have gotten the idea from seeing James "Bunnie" Sheffield jump over 11 girls in Lake Placid in 1931.

This pastime was particularly popular in this country some 40 years ago when regular competitions were held at Saranac Lake in Upstate New York. During one on these contests in 1925, a local skater named Ed Lamy soared over barrels for a distance of 27 feet 8 inches to establish a record that remained unchallenged for over a quarter of a century. (1971 Program Book)

Sheffield went on to become a great promoter of sports in Lake Placid and President of the ASU. Both Jaffee, Sheffield and Ed Lamy are members of the ASU Speedskating Hall of Fame.

The first World Championship was held at Grossinger in 1951 and was won by Terry Browne the "Flying Fireman" from Detroit. Terry was one of the top skaters at the time and went on to tie for the North American Long Track Championship in 1952. Terry continued his barrel jumping success by winning in 1953, 1954 and 1955.

At the first championship in 1951, the barrel size was standardized at 16 inches because this was a standard fiber barrel made by the Continental Can Co. to hold detergent or other items. The winner of the championship is the skater who leaps the greatest number of barrels. In case of a tie, the longest distance jumped determined the winner. In 1952, at Grossingers during the Second Annual World's Barrel Jumping Championships,



TERRY BROWNE

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Further information about speedskating, becoming a member of the Amateur Speedskating Union, or establishing local organizations can be obtained from the ASU National Office, Shirley A. Yates, Executive Secretary, 1033 Shady Lane, Glen Ellyn, Illinois 60137, Phone (630) 790-3230, FAX (630) 790-3235. The ASU is a non-profit, charitable organization. Donations are tax-deductible.

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ASU Web Page

<http://web.mit.edu/jeffrey/speedskating/asu.html>

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Inside Front Cover.....\$150.00

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of the Racing Blade.....\$ 3.00

Our Twenty-Sixth Cover

By Bob Vehe

This cover and the accompanying article have been a long time in coming and I hope that the wait proves to have been worth it. In the February, 1996 issue, the cover was Rich Widmark hurdling through a ring of fire at the old St. Louis Arena. I mentioned that I would have more information in the "next" issue. This February, 1997 magazine must be the "next" issue. I'm glad that this got dragged out since more photographs became available and more information on this unique sport.

The cover is a copy of an original drawing done by an unnamed artist in the East. The likenesses of Jim Campbell, Rich Widmark and Chuck Burke are amazingly accurate and almost appear to be photographs. While these gentlemen may have matured somewhat, you will have no problems recognizing them around the skating rinks.

Jim Campbell lives in Colorado Springs and still instructs "power skating." Chuck Burke is a two-time Olympian and lives in Northbrook. Chuck had a long career in coaching speed skaters and developed many national champions as did Jim Campbell. Rich Widmark has found the formula of perpetual youth and continues to win championships in cycling and speedskating after having been World Barrel Jumping Champion in 1968 and 1971. All three are active in promoting the upcoming Masters International Open at the Pettit Center in Milwaukee on March 22-23, 1997. These are three people who you ought to know.

DEADLINES



ITEMS FOR THE NEXT ISSUE

ARE DUE: MARCH 1, 1997

June 1, 1997



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FEBRUARY, 1997

RACING BLADE

Page 5

Terry Browne, set a new mark when he negotiated 28 feet, 3 inches over 15 barrels, Leo Lebel former international barrel jumping king, eclipsed Browne's mark in 1955, when he sailed over 15 barrels for a distance of 28 feet, 7 1/2 inches. At the 15th Annual Championships, Leo's younger brother, Kenneth, successfully defended his World's title for the second successive year, by establishing a World record, jumping 17 barrels for a distance of 28 feet, 8 inches. Jacques Favero of Montreal, Canada, the former titlist, tied this World record by jumping 17 barrels to capture the annual Canadian Open Barrel Jumping Championships in early 1965 at Quebec City. His distance, however, was 7 1/2 inches short of Lebel's mark. Lebel and Favero are the only jumpers in the more than three hundred-year history of the sport of barrel jumping, who have jumped 17 barrels in an official competition.

Ken Lebel was inducted into the ASU Speedskating Hall of Fame in 1979 based upon his success at National and North American championships. He also was a member of the 1962 World Hockey Team

The involvement of the skaters from the Midwest started when Jim Campbell and Rich Widmark called Irving Jaffee at Grossinger's to see about participating in the meet. This was the beginning of 10 years of competition for Widmark, 7 years for Chuck Burke and twice for Jim Campbell. Their first competition was in 1963. ABC had started televising the competition in 1960 as a part of the new Wide World of Sports programs and this exposure certainly helped promote the sport. The pioneering spirit evidenced itself one time when all three skaters and their wives got into one car along with all of their equipment and luggage and drove to Grossinger. A part of the trip involved getting caught in a bad snowstorm and all crowding into one motel room to escape the storm. Things to remember and enjoy a laugh.



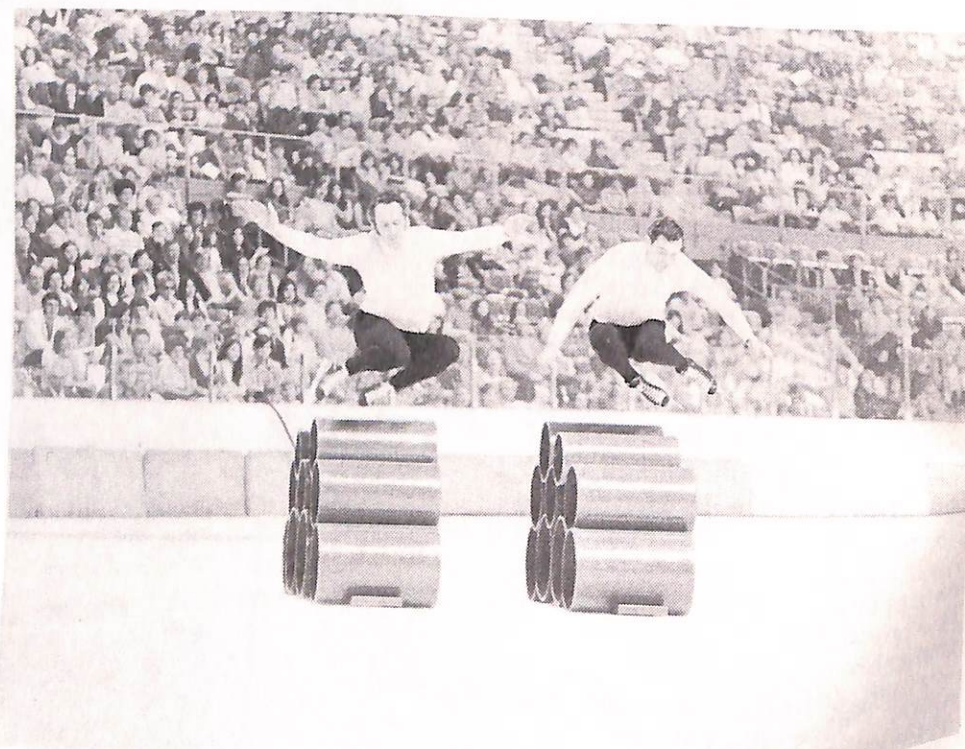
KEN LABEL



CHUCK BURKE



RICHARD WIDMARK



CHUCK BURKE AND RICHARD WIDMARK

ring was set up, soaked with kerosene, set it burning and they performed their act. Meanwhile the oily smoke was covering a large area of the new white ceiling of the rink with black soot. These were fun times for "The Barrel Busters."

Having a lot of fun and being able to stay at a first class resort made it a lot of fun.

Barrel jumping is not something to do just once a year, so they started giving exhibitions around the Midwest in such venues as Soldier Field in Chicago, the St. Louis Arena and many arenas in Chicago, Milwaukee, St. Louis and their suburbs. Sometimes their exhibitions would have the "death-defying" leap through a flaming hoop. As they look back on some of these shows and the problems in getting to them, hilarious memories are brought to mind. The hoop was a ring off the engine nacelle of an airplane and was quite large. When traveling by air, they would check it through not without much concern by the airlines. Not only was the unit big, but in use it was wrapped with old toweling or burlap and soaked with kerosene leaving it not the cleanest item to handle.

The leap through the "Flaming Ring" was one of the entertainment features at the dedication of the new Wilson Park rink in Milwaukee. The

COMPETITORS - BIOGRAPHIES
1971 Program Book

No. 54...JIM PAPRECK...Northbrook, Illinois, .20 years old .. Defending world's barrel jumping titlist. . . Surprised the barrel-jumping world in 1970 when, as an unheralded local Midwest champion competing in his first world's event against the top jumpers in the sport, he won the crown with a jump of 15 barrels over 25 feet, 4 1/2 inches..170 pounds. . .

No. 55. . RICHARD WIDMARK. .Northbrook, Illinois. . 33 years old..1968 world's barrel jumping charnpion. . Former North American speed skating champion. . Football star at Northwestern University a decade ago. . Runner-up last year to PAPRECK. Also cleared 15 barrels in 1970, but at a lesser overall distance. . 190 pounds...

No. 56...JACQUES FAVERO....Montreal, Canada...27 years old...Won world's barrel jumping title in 1966 and 1969, Won the Canadian title this year. . . Finished third in the world's event in 1970 with a 15-barrel jump behind WIDMARK in distance. . .180 pounds.

No. 66..JOSEPH LaBREQUE. . .Montreal, Canada. . . 23 years old. . . Finished second to FAVERO in the 1971 Canadian championships jumping 14 barrels. . .160 pounds. . . Student. . .

No. 67..GILLES LeCLERC... Montreal, Canada... 28 years old... Canadian Open barrel jumping titlist in 1963. . Finished sixth in the 1970 world's event here jumping 14 barrels. . . 175 pounds.

No. 68..DONALD THERRIEN...Montreal, Canada....21 years old...-Runner-up for Quebec Province barrel jumping title this year. ..A star hockey player...175 pounds...Student...

No. 70.. CHYSLAIN CHAMPION. . Quebec City, Canada. . . ;23 years old. . . Finished fourth in the 1971 Canadian championships...160 pounds... Student...

No. 71.. DENIS LaBREQUE. . . Montreal, Canada. . . 22 years old. . . Brother of JOSEPH. . . (garnered fifth place spot in 1971 Canadian barrel jumping championships. . .175 pounds. . . Student. . .

NOTE: The following official entries are late scratches and will not compete today because of disabling injuries received in training for this event:

KEN LEBEL of Great Neck, Long Island.

CHUCK BURKE of Northbrook, Illinois.

JACQUES St. PIERRE of Sept Isles, Quebec, Canada.

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COMPETITORS BIOGRAPHIES AND
COMPETITION NUMBERS-1978

No. 1 CLAUDE TESSIER, Drummondville, Canada, age 27. 4th place, 1977 Canadian Championships. Leading amateur ice hockey star and speed skater. School teacher. Weight 170 lbs.

No. 2. GARY GIBSON, Northbrook, Illinois, age 20. Nickname "CRASH." 13th place, 1977 World Championships. Competed in national competitions in speed skating, bicycling, track and field. Salesman. Weight 150 lbs.

No. 3 PIERRE BUIST, Ville de Anjou, Canada, age 18. Quebec Province Junior 1977 Barrel Jumping Champion. Leading bicycling competitor of Canada. Has jumped 14 barrels. First time in World Competition. Office clerk. Weight 170 lbs.

No. 4 JAMES LARKINS, Portland, Oregon, age 23. 1976 Daredevil "Trick" Skating Champion. 11th place, 1977 World Championships, 6th place, 1977 North American Championships. Gymnast and track star. Traffic Executive, Western Air Lines. Weight 175 lbs.

No. 5 ALAIN BILODEAU, St. Damien, Canada, age 18. 9th place, 1977 World Championships; 7th place, 1977 North American Championships. Outstanding speed skater and amateur hockey star. Student. Weight 160 lbs.

No. 6 NEIL BLATCHFORD, Northbrook, Illinois, age 29. Member of the 1968 and 1972 U.S.A. Olympic Speed Skating Teams. 10th place, 1977 World Championships; 8th place, 1977 North American Championships. Holds 500 meter record for the U.S.A. of 39.1 seconds. Outstanding football star. Teacher. Weight 175 lbs.

No. 7 LOUIS MILORD, St. Bruno, Canada, age 18. 8th place, 1977 World Championships; Canadian Junior Champion, 1977; 3rd place, 1977 North American Championships. Top amateur golfer and hockey player. Student. Weight 165 lbs.

No. 8 ROWLAND SYLVESTER, Portland, Oregon, age 21. Just married. World Champion, 1973 and 1974. The youngest World Barrel Jumping Champion winning his first Crown at the age of 1--. 5th place, 1977 World Championships; 1977 North American Champion. Amateur hockey and speed skating star. Engineer. Weight 180 lbs.

No. 9 PIERRE BERNIER, Blainville, Canada, age 24. 6th place, 1977 World Championships; 4th place, 1977 North American Championships. Student in Cultural Research at Quebec University. Weight 165 lbs.

No. 10 BEN SIPES, Detroit, Michigan, age 23. Michigan State Champion, Mid-West Speed Ckatin- Champion. 4th place, 1977 World Championsllips. College student. Weight 170 lbs.

No. 11 DANNY MEEKS, Flint, Michigan, age 25. 3rd place, 1977 World Championships; 2nd place, 1977 North American Championship. Baseball, track and field star. Automobile mechani,-. Weight 165 lbs.

No. 12 YVON JOLIN, JR., Ville de Anjou, Canada, age 19. 2nd place, 1977 World Championships, Canadian 1977 Champion; 5th place, North American Championships. Top cycling and hockey star. Weight 165 lbs.

WORLD BARREL JUMPING CHAMPIONSHIP RULES

1. Standard championship barrels shall be of elastic fibrous composition or equivalent, with the following dimensions; sixteen (16) inches in diameter, thirty (30) inches in length.
2. Each contestant must be qualified to negotiate a minimum of twelve barrels.
3. Each competitor may wear any type of skates he so desires. Suspension type helmets, hip and spine protectors are mandatory, to be worn at all times.
4. The barrels will be set on course by the chief referee and may only be changed at his discretion during the tournament.
5. Each contestant will be allowed a maximum of three (3) attempts to successfully negotiate a given number of barrels.
6. Should a contestant make any direct physical contact with one or more of the barrels, the jump will not be accepted. It shall be scored as one attempt.
7. A balk will be charged if a contestant approaches the barrels, fails to take-off and passes between the flags placed one (1) yard from either side of the take-off mark. Two such balks will be ruled as one official attempt. The contestant must remain on the ice and complete the attempt after the first balk.
8. Each contestant must wait for the starting signal before proceeding to jump. The attempt must be made within one minute after the signal or a balk will be charged.
9. The contestants may use as much distance as desired to make an attempt.
10. After successfully clearing all the barrels the contestant must land with at least one skate on or inside the six (6) inch lines traced in the ice on either side of the barrels, or as stipulated in rule 11.
11. The distance jumped will be determined from front of the first barrel to the point at which the rear skate touches the ice upon landing. The jump will be considered successful if the jumper lands on any other part of his body, however, the distance will be determined by the measurement of the last barrel plus one foot.
12. The judges and chief referee will signify a fair jump by a raised flag. Flags pointing downward indicate an unsuccessful attempt.
13. Each competitor must clear the barrels to the satisfaction of all the judges and chief referee. In the event of a disagreement the chief referee's decision is final.
14. The contestant successfully jumping the greatest number of barrels will be declared the winner. In the event of a tie the longest distance over the previous number of barrels will be the deciding factor. In case the distance happens to be the same, the fewest attempts over the previous number of barrels will determine the champion.
(1978 Program Book)

WORLD BARREL JUMPING CHAMPIONS

1. Terrence Brown, U.S.A. 1951
2. Terrence Brown, U.S.A. 1952
3. Terrence Brown, U.S.A. 1953
4. Terrence Brown, U.S.A. 1954
5. Leo Lebel, U.S.A. 1955
6. Leo Lebel, U.S.A. 1956
7. Leo Lebel, U.S.A. 1957
8. Leo Lebel, U.S.A. 1958
9. Leo Lebel, U.S.A. 1959
10. Leo Lebel, U.S.A. 1960
11. Jim Waldo, U.S.A. 1961
12. Jim Waldo, U.S.A. 1962
13. Kenneth Lebel, U.S.A. 1963
14. Kenneth Lebel, U.S.A. 1964
15. Kenneth Lebel, U.S.A. 1965
16. Jacques Favero, Canada. 1966
17. Jacques St. Pierre, Canada. 1967
18. Richard Widmark, U.S.A. 1968
19. Jacques Favero, Canada. 1969
20. Jim Papreck, U.S.A. 1970
21. Richard Widmark, U.S.A. 1971
22. Roger Wood, U.S.A. 1972
23. Rowland Sylvester, U.S.A. 1973
24. Rowland Sylvester, U.S.A. 1974
25. Jim Papreck, Northbrook, U.S.A. 1975
26. Jim Papreck, Northbrook, U.S.A. 1976-77
27. Rowland Sylvester, U.S.A. 1978
28. Yvon Jolin, Jr., Canada. 1980-81
29. No Competition. 1982
30. Yvon Jolin, Jr., Canada. 1983-85
31. Patrice Dumont, France. 1986
32. Yvon Jolin, Jr., Canada. 1987-1990
33. No Competition. 1991
34. Patrick Leclerc, Canada. 1992
35. No Competition. 1993-95



1997 ASU Summer Camps

This coming summer, the ASU is sponsoring three week-long camps in conjunction with USISA, to be held at the Olympic Training Centers. The camps are open to experienced skaters aged 12-25, upon the recommendation of their coaches. Each camp will be limited to 24 skaters and 4 assistant coach/chaperones. The dates that have been requested of USISA for these camps are as follows:

- Marquette, MI June 21-28, 1997
- Colorado Springs, CO July 12-19, 1997
- Lake Placid, NY July 26-Aug. 2, 1997

These dates are subject to change. Firm dates will be publicized as soon as confirmation is received from USISA. Application forms will be distributed and printed in the Racing Blade in the spring.

ASU will not directly sponsor open regional camps this coming summer. Experience has shown that those camps are probably better planned and organized on an Association level. However, the ASU Summer Camp Coordinator will serve as a clearinghouse for information about local camps. Please send all the information you have about camps your Association is planning for the summer of 1997. This information will be compiled and sent out to anyone who requests information about camps. It will also be posted on the ASU web site. So, please keep the Summer Camp Coordinator informed about any camps you are planning.

Thanks,
David Kennedy
ASU Summer Camp Coordinator
301 W. Pennsylvania Ave.
Towson, MD 21204
(410) 828-7470

MASTERS, ALUMNI AND FRIENDS OF ASU

The Pettit National Ice Center in Milwaukee, Wisconsin, is presenting the Masters International Open on March 22-23, 1997. This is the first exclusive Masters championship ever sanctioned by the ASU. The event will be a series of Long Track mass start races for all world Masters. Age categories will be in 10-year groups from 30-39 through 70+.

There also will be a reunion for the ASU Alumni Club. This will be a great opportunity to get together with "old" skating friends to either participate or just to socialize. Following the races on Saturday morning, about noon, a luncheon and meeting are scheduled to be held in the Hall of Fame room at the Pettit Center for all skaters, officials, Alumni and friends.

Contributions to the ASU Medallion/Medal Fund, to be used to purchase awards for the Masters International Open, would be gratefully accepted. These may be made in honor or memory of someone. Donations to the ASU Alumni Club also would be appreciated. Proceeds help cover ASU administrative expenses.

Plan to join us for an exciting, fun-filled weekend. All skaters, officials and friends of speedskating are invited. Please call Rich Widmark at 847/480-9097 for details about the competition and luncheon.

—Shirley Yates



at Lake Placid
Academic and Athletic Excellence

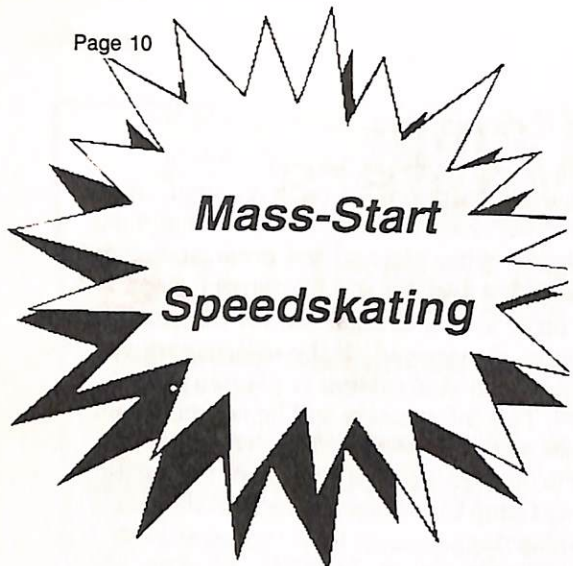


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For information, contact: Admissions Office • National Sports Academy at Lake Placid
12 Lake Placid Club Drive • Lake Placid, New York, 12946 • (518) 523-3460



The Pettit National Ice Center presents **Masters' International Open**

Long Track Speedskating Championships

Sat. & Sun., March 22 & 23, 1997
8 am - noon

Masters International Competition: 300m-500m-800m-1000m-1500m-3000m-5000m-10,000m
Pettit Marathons: 15,000m/25,000m (open to all Juniors, Seniors, & Masters)

Saturday

Masters: 3000m, 500m, 1000m, 5,000m*
Marathon: 15,000m*

Sunday

Masters: 1500m, 300m, 800m, 10,000m**
Marathon: 25,000m**

All ages -- men and women -- skate the marathons at the same time.

*Masters' 5,000m and Marathon 15,000m to be skated concurrently. Masters may continue after 5,000m to complete 15,000m.

**Masters' 10,000m and Marathon 25,000m to be skated concurrently. Masters may continue after 10,000m to complete 25,000m.

CLASSIFICATIONS

- Skaters must be ASU members or member of their respective foreign skating federation.
- Total Master points in each age group will determine overall champions.
- More than one Master class may not be skated together, however, points will be scored for each 'age group'.
- It is not necessary to enter nor finish all events to score points in your age group.
- Master age groups will be Men and Women, as of July 1, 1996:

| | | | | |
|--------------|--------------|--------------|--------------|------------|
| <u>30-39</u> | <u>40-49</u> | <u>50-59</u> | <u>60-69</u> | <u>70+</u> |
| Group 1 | Group 2 | Group 3 | Group 4 | Group 5 |
- For the Marathon, a "junior" is anyone 14 years of age or younger as of July 1, 1996.
- Marathon points do not count toward Masters World Championship.
- First through fifth-place finishers in each age group will receive masters awards.

ENTRY FEES

- \$40 Pettit Master Long Track events, including Pettit Marathon
- \$15 Pettit Marathon 15K and 25K only

INFORMATION

For more information, contact the Pettit at 414/266-0105.

This event is sanctioned by the Wisconsin Skating Association & the Amateur Speedskating Union of the United States.

Pettit National Ice Center
500 South 84th Street
Milwaukee, Wisconsin 53214



The Pettit National Ice Center presents **Masters' International Open**

Long Track Speedskating Championships

Sat. & Sun., March 22 & 23, 1997
8 am - noon

Event Pettit Long Track \$40.00 Pettit Marathon Only \$15.00
(includes marathon)

Name _____

Club _____ Assoc. _____

Address _____

State _____ Zip _____

Phone _____

ASU or Foreign Federation # _____

Male _____ Female _____

Birthdate _____ Age on 7/1/96 _____

Division/Group _____

Make checks payable
to and return completed
forms to:

Pettit National Ice Center
Attn: Programs
500 S. 84th St.
Milwaukee, WI 53214-0009

Athletic Waiver & Release of Responsibility

Note: By signing this entry blank, the above named participant certifies that he/she has read the Amateur Speedskating Union's Code of Conduct and agrees to abide by it.

In consideration of being permitted to use Pettit National Ice Center (hereinafter "PNIC") and to participate in the Pettit National Ice Center Masters Open Long Track Championships, and related activities, the undersigned participant, and the parent or legal guardian if the participant is a minor, (hereinafter "releasor(s)"):

1. Agree to inspect Pettit National Ice Center facilities and any PNIC equipment to be used prior to use or participation. If any PNIC facility or equipment is found to be unsafe by the Releasor(s), the Releasor(s), shall immediately notify PNIC of the unsafe condition and refuse to use the unsafe facility or equipment. If any athletics/sports program or activity is found to be unsafe by the Releasor(s), the Releasor(s) shall immediately notify the program or activities coach or supervisor of the unsafe condition and refuse to participate in the program or activity. It is the duty of the Releasor(s) to provide all personal equipment and protective devices and to maintain such equipment and items in proper condition.
2. Acknowledge and fully understand that the athletics/sports programs or activities to be engaged in involve risk of serious injury, including permanent disability and death, and severe social and economic losses that may result not only from their actions, inactions or negligence, but also the action, inaction or negligence of others, the rules of play, or the condition of the facilities or of any equipment used. Further, there may be other risks not known to or reasonably foreseeable at the time of use or participation.
3. Knowing of the foregoing risks, Releasor(s) agree to assume those risks and accept personal responsibility for all damages following such injury, permanent disability or death.
4. Release, waive, discharge, and covenant not to sue PNIC, Wisconsin Skating Association, Amateur Speedskating Union, and its affiliated clubs, their administrators, directors, agents, coaches, or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, the owners and leasees of premises used to conduct the program or activity, (all of which are hereinafter referred to as "Releasees"), from any and all liability to the Releasor(s), their heirs and assigns for any and all claims, property damage, caused or alleged to be caused in whole or in part by the negligence of the releasees.

I/WE HAVE READ THE ABOVE RELEASE OF LIABILITY AND UNDERSTAND THAT I/WE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING AND SIGN VOLUNTARILY.

Participant (signature) _____

Parent/Legal Guardian (signature) _____

Parent/Legal Guardian (print) _____

Date _____

Address _____

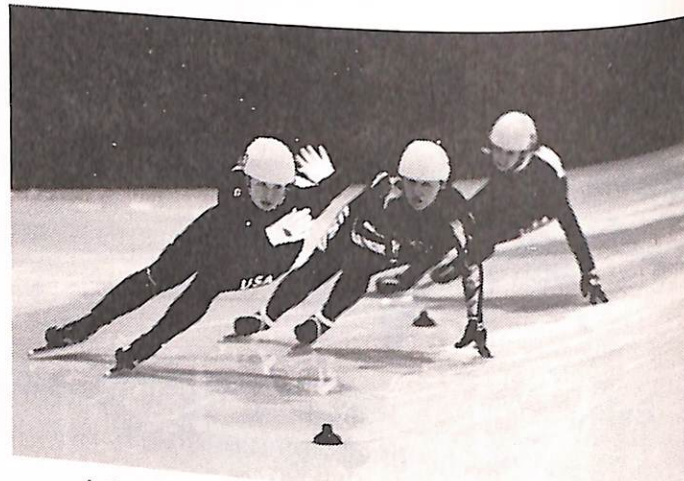
City/State/Zip _____

ODDS and ENDS

*Editor's Note:
I wish someone would get a little PR minded and put numbers on the front of the helmet covers so skaters can be identified.*



CAROLINE HALLISEY
Ladies Champion at U.S. Junior Short Track Championships
Sam Hicks, Photo



Action at the U.S. Junior Short Track Championships
Sam Hicks Photo



FATHERS OF THE WEST ALLIS SPEEDSKATING CLUB ON CHRISTMAS EVE, AT THE PETTIT NATIONAL ICE CENTER
Back row: John Scheels, Rick Whittenberger, Bill Hempel, Tom George.
Front row: Peter Elliott, Brad Goskowitz, Mark Prieststaff, Rick Martin and Chris Feezor.
Photo by Rick Martin



CAN-AM OPEN IN STE-FOY, QUEBEC
December 13-15, 1998
Sarah Williams, Catherine Lemieux of Quebec and Bridie Farrell



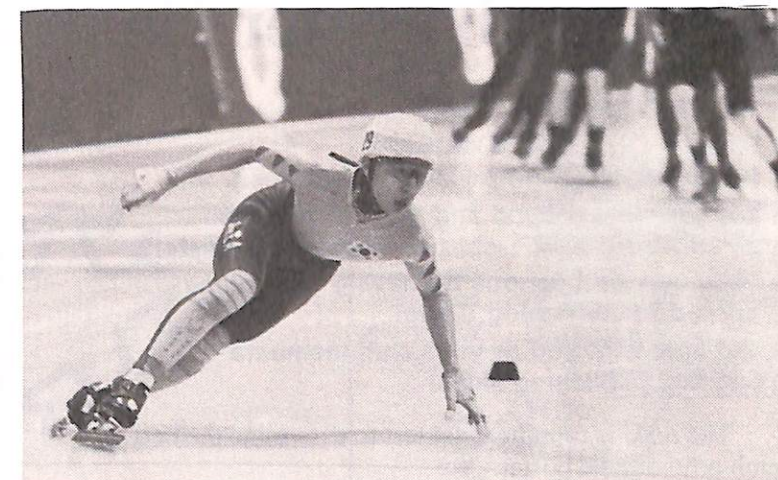
THANKSGIVING WEEKEND OPENING AT THE LAKE PLACID OVAL
Bridie Farrell, Kristen Brophy, Jessica Riley, Mary Brophy, Sarah Williams, Danny Brome and Ian Baranski in front.

World Junior Short Track Championships

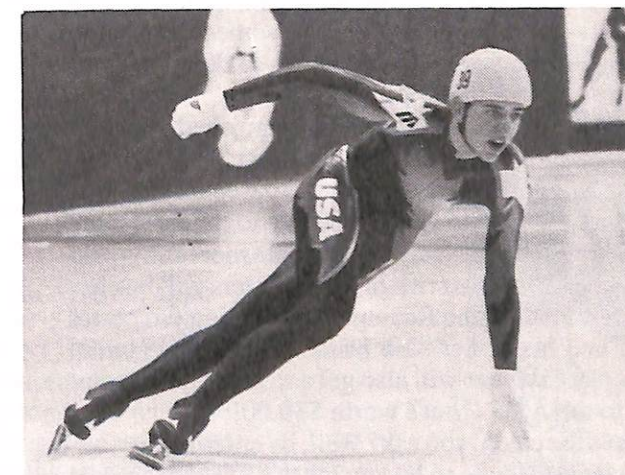
January 11-12, 1997
Peif Ice Arena
Northern Michigan University, Marquette, Michigan

| Final Classification Men | | | Final Seeding | |
|--------------------------|-----|----------------------------|---------------|--------|
| Rank | No. | Name | Points | Points |
| 1 | 29 | Kim Dong-Sung, ROK | 20 | |
| 2 | 38 | Rusty Smith, USA | 7 | |
| 3 | 39 | Daniel Weinstein, USA | 6 | |
| 3 | 6 | Tony Smith, CAN | 6 | |
| 5 | 7 | Francois Tremblay, CAN | 2 | |
| 5 | 18 | Yasushi Saito, JPN | 2 | |
| 7 | 16 | Simone Rodigari, ITA | 0 | |
| 8 | 28 | Chung Suk-Joo, ROK | - | (22) |
| 9 | 13 | Balazs Kover, HUN | - | (18) |
| 10 | 12 | Balazs Knoch, HUN | - | (17) |
| 11 | 19 | Hayato Sueyoshi, JPN | - | (15) |
| 11 | 20 | Knut Alsemgeest, NED | - | (15) |
| 13 | 10 | Tobias Retschke, GER | - | (12) |
| 14 | 15 | Alessandro Ortalli, ITA | - | (11) |
| 15 | 9 | Marek Hauptmann, GER | - | (9) |
| 16 | 2 | Andrew McNee, AUS | - | (8) |
| 16 | 11 | Michael Edwards, GBR | - | (8) |
| 16 | 14 | Denis Zaslowski, ISR | - | (8) |
| 19 | 22 | Cees Juffermans, NED | - | (7) |
| 20 | 4 | Miroslav Bojadiev, BUL | - | (6) |
| 20 | 23 | Mark Jackson, NZL | - | (6) |
| 20 | 31 | Eugueni Krasnotsvetov, RUS | - | (6) |
| 20 | 33 | Adam Fillmore, SAF | - | (6) |
| 24 | 24 | Matthew Van Orsouw, NZL | - | (5) |
| 24 | 34 | Anthony Yates, SAF | - | (5) |
| 26 | 1 | David Kaff, AUS | - | (4) |
| 26 | 3 | Pieter Gysel, BEL | - | (4) |
| 28 | 25 | Thomasz Sadowski, POL | - | (3) |
| 28 | 26 | Marci Stankiewicz, POL | - | (3) |
| 28 | 30 | Ildous Kildiarov, RUS | - | (3) |

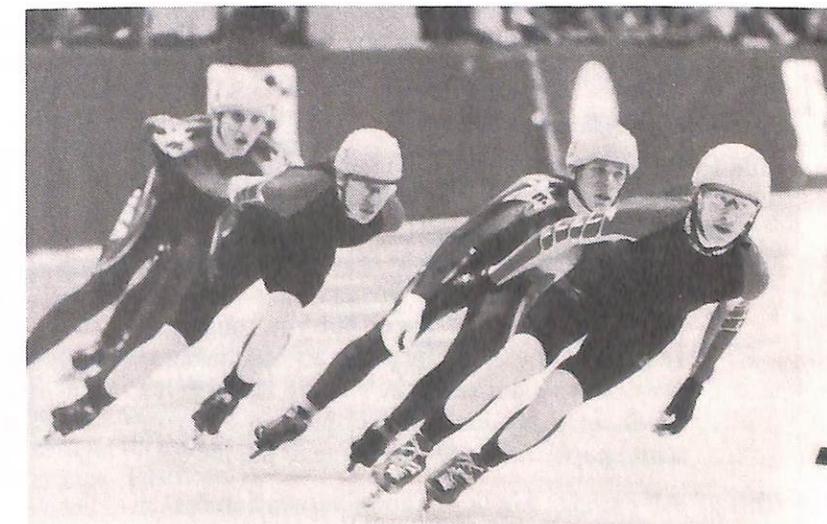
| Final Classification Ladies | | | Final Seeding | |
|-----------------------------|-----|-------------------------|---------------|--------|
| Rank | No. | Name | Points | Points |
| 1 | 65 | Won Hye-Kyung, ROK | 16 | |
| 1 | 67 | An Sang-Mi, ROK | 16 | |
| 3 | 74 | Julie Goskowitz, USA | 7 | |
| 4 | 48 | Marie Eve Drolet, CAN | 3 | |
| 5 | 56 | Marta Capurso, ITA | 1 | |
| 5 | 61 | Danielle Molendijk, NED | 1 | |
| 7 | 75 | Caroline Hallisey, USA | 0 | |
| 7 | 62 | Ellen Wiegers, NED | 0 | |
| 9 | 57 | Mara Zini, ITA | - | (16) |
| 10 | 53 | Ildiko Csizmadia, HUN | - | (13) |
| 10 | 59 | Miyuki Ozawa, JPN | - | (13) |
| 12 | 55 | Annett Udvani, HUN | - | (12) |
| 13 | 49 | Anne Maltais, CAN | - | (9) |
| 13 | 50 | Anne Eckner, GER | - | (9) |
| 13 | 58 | Noriko Furuyama, JPN | - | (9) |
| 16 | 52 | Sarah Lindsay, GBR | - | (8) |
| 17 | 41 | Sarah Jones, AUS | - | (6) |
| 17 | 45 | Sofie Van Landegem, BEL | - | (6) |
| 17 | 51 | Katharina Retschke, GER | - | (6) |
| 20 | 47 | Kristina Vouteva, BUL | - | (5) |
| 20 | 64 | Anna Charkiewicz, POL | - | (5) |
| 22 | 46 | Marina Gueorguieva, BUL | - | (4) |
| 22 | 63 | Marta Bakier, POL | - | (4) |
| 22 | 69 | Natalia Reimer, RUS | - | (4) |
| 22 | 70 | Loudmila Timofeeva, RUS | - | (4) |
| 26 | 42 | Chloe McCleod, AUS | - | (3) |
| 26 | 44 | Elke Adriansens, BEL | - | (3) |



World Junior Short Track Champion
Kim Dong-Sung of the Republic of Korea
Sam Hicks Photo



Tied for Third Overall
Daniel Weinstein of the Northeast Speedskating Association
Sam Hicks Photo



Tony Smith of Canada, Rusty Smith of the USA,
Francois Tremblay of Canada and Daniel Weinstein of the USA
Sam Hicks Photo

Announcing the Second Annual ASU Club Poster Contest

- Win free '97/'98 ASU dues! (A \$30.00 value, not available in stores.)
- Win valuable second and third prizes such as an ASU/USISA T-shirt or world-class poster!
- Become world famous by having your name printed in the Racing Blade!
- Get credit for you or your club members' desktop publishing skills!

The ASU is running a contest to determine the best club promotional poster.

You know those little, photocopied posters that you've put together to hang in bike shops, schools and at the rink? Just about every club has them, and they are a very effective tool for bringing in new members. Well, isn't it about time your unsung heroes of desk-top publishing got some recognition?

The ASU has assembled a distinguished panel of internationally recognized experts (aged 5 through 80) who have agreed to judge the entries based on the posters' estimated ability to get new people to try short track speed skating and to eventually generate more fully-paid club members. The best two or three posters will be chosen and reprinted in the Racing Blade, giving the poster designer and his or her club instant, nationwide fame! The first place winner will also get a free one-year membership to the ASU. That's worth \$30.00!

What's the catch, you ask? Well, by entering the contest, you have to agree to let any other ASU club shamelessly photocopy any or all parts of your work to help them make their own posters for next year. Think of it this way: the winners' artwork will adorn the ice-rinks and bus stops of dozens of U.S. cities! What better way to have your art and creative ad copy support our great sport of speed skating?

Here are the official rules:

- Rule 1. Posters must be reproduced single-sided, on 8-1/2 by 11 inch (or smaller) paper on a photocopier with black toner or reproduced in such a way as to cost no more than fifteen cents per copy. Posters may be reproduced on any color paper but you must also send in a copy on white paper so that the entry may be reproduced in the Racing Blade if it's a winner. Also include 5 copies on color or white paper for us to distribute to the judges.
- Rule 2. All entrants implicitly grant permission for the ASU or any ASU club or club member to copy, lift, plagiarize paraphrase or use without attribution, in whole or in part, any portion of the

poster or design, excluding club logos. Permission is granted to publish the poster and your name if you are a winner in the Racing Blade.

Rule 3. All entries must be received by May 1, 1997 or must be postmarked on or before April 27, 1997. Entries should include a list of the one or more people who helped put the poster together. At least one of these people must be a member of an ASU or CASSA club.

Rule 4. No more than two posters may be submitted by each individual.

Rule 5. Employees of the ASU/USA, USISA, CASSA and NASA are not restricted from entering. All entries become the property of the ASU and will only be returned if you get down on your knees and beg and you enclose a self-addressed, stamped envelope. Judges' decisions are final, contest void if we find out it is regulated or taxed.

Rule 6. There is NO rule number six.

Rule 7. No fair using a poster that was submitted to this contest last year.

Suggestions: It's a good idea to include the following information in your poster: a phone number and contact name, what sport you are promoting (hint: you go fast and turn left), the time(s) and place(s) of your session(s) and some reason why a person might actually want to show up and try it. Some people recommend tear-off tabs at the bottom, some think this looks ugly. Flashy artwork attracts attention. What do you think will be most effective for generating new speed skating club members?

Send in your entry today!

Mail to: ASU Poster Contest
c/o Bruce Guthrie, 3111 West Alpine Drive
Bellingham, WA, 98226, (360) 647-5372
e-mail: SpdSk8 @ AOL.COM

ARE YOU GETTING THE RACING BLADE?
IF YOU MOVE, YOU MUST IMMEDIATELY NOTIFY THE ASU NATIONAL OFFICE, since The Racing Blade will not be forwarded to you. Why? Because, unless you have paid the extra \$10.00 per year to have The Racing Blade mailed to you 1st class, it is mailed to you 3rd class, and the Postal Service does not forward 3rd class mail. Changes of address should IMMEDIATELY be reported to the ASU National Office, 1033 Shady Lane, Glen Ellyn, IL 60137. Missed copies due to incorrect address cannot be replaced at no charge.

Massachusetts Sports Partnership and NSA Combine Efforts to Promote Meet

The Northeast Speedskating Association (NSA) and the Massachusetts Sports Partnership have joined forces to form the organizing committee for the 1997 US Short Track Championships.

Held March 7-9, 1997 in Walpole, Mass., the competition serves as a championships event for Short Track speedskating. The championships will culminate with the selection the 1997 US Short Track World Team and the Junior Elite Training Team. The World Team will represent the U.S. at the World Championships in Nagano, Japan later in March.

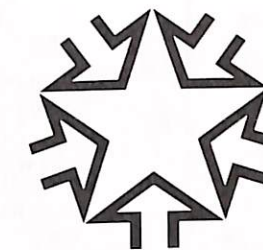
Approximately 100 skaters will compete in the championships. Among these will be current World Team members and former Olympic Team members, including medalist Amy Peterson, Nicki Zieglemeyer, Andy Gabel and Karen Cashman.

The NSA serves as the official development organization for speedskating in the Northeast. Through its affiliation with the Amateur Speedskating Union and USISA, the NSA is able to provide coaching and training support for aspiring young skaters.

"The Northeast Speedskating Association is excited to be working with the Massachusetts Sports Partnership as we host the 1997 US Short Track Championships," said Joanne Hallisey of the NSA. "Our membership is committed to conducting a first class event."

The Massachusetts Sports Partnership was established in 1993 as a statewide sports commission. The primary role of the Partnership is to identify world class sporting events and the resources required to host them, serve as consultant, bidder, and organizer, and work with corporations and promoters to make them truly outstanding. In addition, a fundamental goal of the Partnership is to expand opportunities for youth in sports as a result of its activity.

Most recently, the Partnership conducted the 1996 US Olympic Gymnastics Trials in Boston June 25-30. During



MASSACHUSETTS SPORTS PARTNERSHIP

the Trials, the Partnership hosted the entire USA Gymnastics delegation, including over 200 athletes, coaches, judges and staff members.

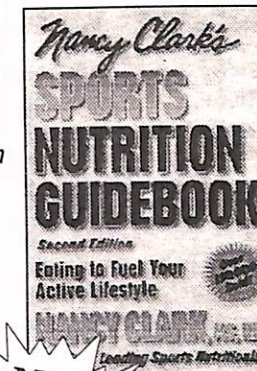
"We are thrilled to have the opportunity to be involved with this world class event," said Bob Colarossi, president of the Massachusetts Sports Partnership. "Working together with the Northeast Speedskating Association, we will go to great lengths to ensure that the 1997 US Short Track Championships are a memorable event for all involved."

Iorio Arena in Walpole, Mass. will serve as the competition venue. This state-of-the-art facility features a twin rink design with a 100' x 200' Olympic ice surface in parallel with a 90' x 200' rink. Seating capacity for the arena is 1,000, including a large mezzanine area with excellent sight lines. The arena is located one mile Foxboro Stadium, home of the National Football League's New England Patriots. There are many restaurants and shopping areas near the arena and hotel.

The Courtyard by Marriott, located on Route 1 North in Norwood, Mass. is the host hotel. Rooms are available at the rate of \$59.00/night for the US Short Track Championships. The hotel is located about six miles from Iorio Arena. For more information contact the Massachusetts Sports Partnership in Boston at (617)-443-4909.

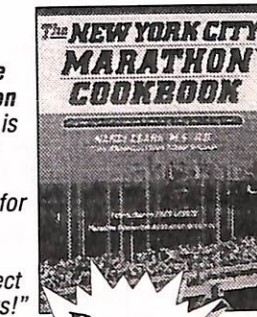
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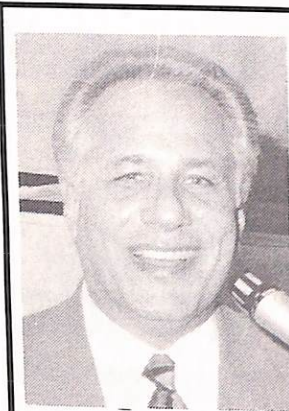
 Enclosed is \$_____ for

- ___ The New York City Marathon Cookbook, \$23
- ___ Nancy Clark's Sports Nutrition Guidebook, \$19
- ___ Both books -- only \$34!
- ___ Weight Loss Audiocassette, \$10.95
- ___ Information about nutrition teaching materials.

Name/Phone _____

Address _____

Send check to Sports Nutrition Services
830 Boylston St., Brookline MA 02167 • 617-894-1358
Mass. residents add 5% sales tax



What's Happening?

by
Fred Benjamin

Chairman
USISA Board Members
Committee

ASU has now completed three years of having eight ASU members on USISA Board of Directors and President's Advisory Board. They are:

- | | |
|-------------------|----------------|
| Fred Benjamin | Linda O'Hare |
| Brad Goskowitz | Lisa Sundstrom |
| Jeff FitzRandolph | Ken Altuchoff |
| Tim Quinn | Sara Hill |

Rough edges of the first two years are getting smoother with time, familiarity and trust.

ASU is taking more active roles on some of the committees where, as I said in last year's report, almost all decisions are made and policies are created.

By virtue of committees becoming smaller, our voice and vote count for more.

The following USISA/ASU Board Members are on these committees:

- | | |
|-------------------|-------------------|
| Development | Linda O'Hare |
| Long Track | Lisa Sundstrom |
| Short Track | Fred Benjamin |
| Budget | Ken Altuchoff |
| Uniforms | Brad Goskowitz |
| Nominating | Jeff FitzRandolph |

These representatives take an active role on their respective committees.

Additionally, Jeff FitzRandolph did most of the planning for the USISA convention in Madison.

A giant step taken together by USISA and ASU is the attempt to create a Unified Meet Schedule. Bill Cushman, Pat Maxwell and Nick Thometz have been very supportive of this.

Brad, Lisa and I, with input from Jim Chapin, have had a few meetings toward this end. Lisa, ASU Meet Scheduling Chair, has taken our work further with Nick toward this end.

Our goal is to stop conflicts, where possible, that draw away from ASU meets and set up a schedule that will add spark and life to others.

Bill Cushman also wants to avoid expenditures of travel where necessary and provide Short Track and Long Track competition for our skaters who don't make teams so their season doesn't abruptly end because they just missed a team.

This is a major step toward working together. We have to spend more time on Budget proposals and get-

ting them presented in a forceful way in the future.

This year for the first time I have sent out Short Track proposals I receive in advance of the USISA Short Track Committee meeting to get input from our officers and certain involved Short Track families and encourage distribution by them to others in order to get comments ahead of time. This has precipitated a few meaningful conversations where I have gotten a sense of feeling of our members on certain issues.

I suggest USISA/ASU Committee members of USISA Committees do that when possible as we represent ASU, their needs and their concerns. It's nice to have others' input going into the committee meeting.

I look forward to a continuing increased active role in USISA by it's ASU Board members and a corresponding acceptance of us by USISA.

*I never had a piece of toast
Particularly long and wide
But fell upon the sanded floor
And always on the buttered side*

James Payn
(1830-1898)

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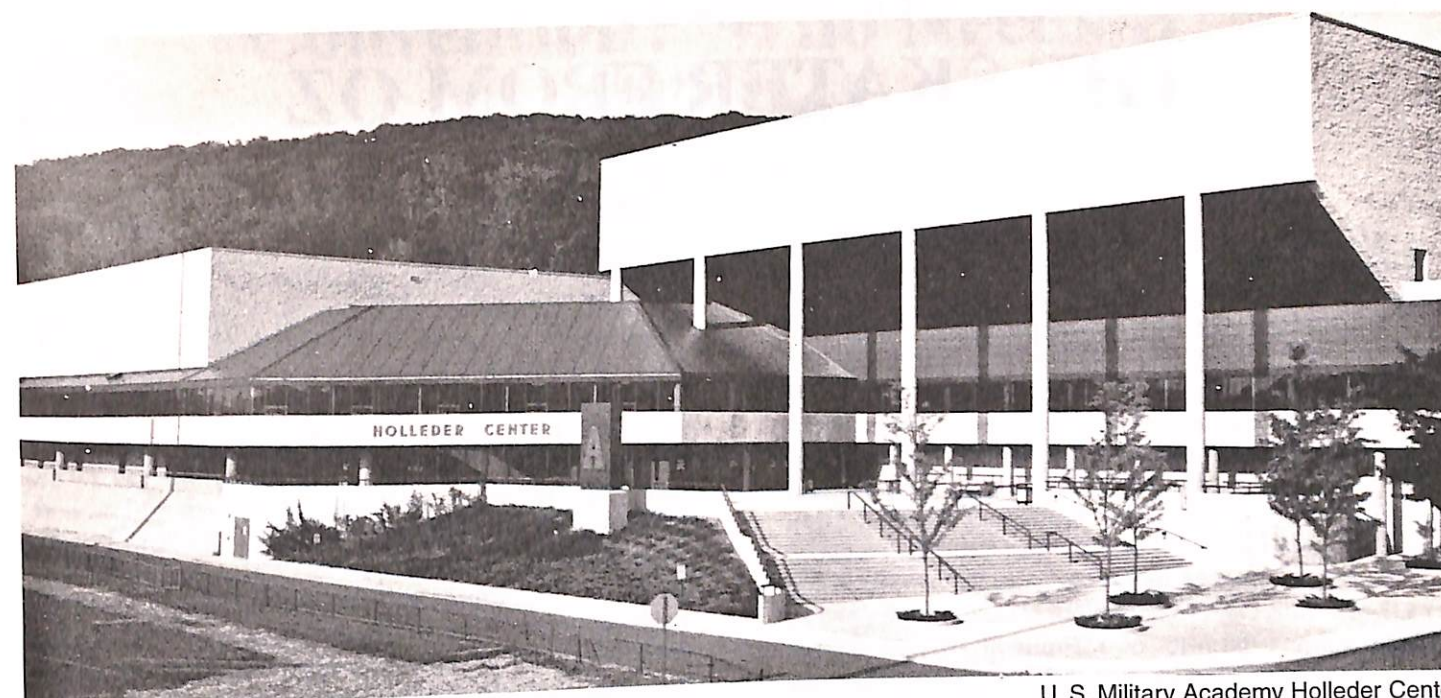
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FAX #: (619) 240-2862

P. O. BOX 1501, APPLE VALLEY, CA 92307-0028

Welcome to Holleder Center



U. S. Military Academy Holleder Center

National Short Track Championships

By Laura Verdino and Dan van Benthuyesen

The Middle Atlantic Skating Association is proud to host the National Speed Skating Championships, 1997 Short Track, at the Tate Arena in the Holleder Center of the United States Military Academy at West Point, New York.

The historic campus looks out over the Hudson River at a particularly scenic location You'll enjoy strolling around the campus and taking in the history. Did you know, for example that Edgar Allan Poe was a cadet here in the early 19th century?

This location has been home to the New York State Short Track Championships since 1989 where the finest skaters in the East have competed. Tate Rink measures 90 x 200 with a seating capacity of 2,500. The ice is well-maintained and fast! The climate in the rink is comfortable for skaters and spectators alike. Awaiting the competitors at registration will be a welcome bag with promotional items, coupons and detailed information about the area, Keller Army Hospital is located on campus with excellent response time and dedicated attention to emergencies.

The Hotel Thayer, also located on the campus, is ideally suited as host hotel. Room rates are \$60 single, \$70 double and \$80 triple. Call 1-(914) 446-4731 (in New York) 1-(800)-247-5047 (out of state) for reservations by February 26th. When making reservations be sure to mention "National Speed Skating." This is a beautiful historic hotel with rooms that are well-appointed although small.

For those who require a larger space for their group and equipment we suggest the West Point Motel. The rooms are large and less than a mile from the gate of the Military Academy. The rate for a double on 3/13 is \$53 and quad \$63. The rate for 3/14 and 3/15 is \$70 double and \$80 for quad. These rates are good until 2/12. Remember to mention "National Speed Skating."

The adjacent town of Highland Falls offers motels, restaurants, souvenir and antique shops. Tours are offered on the campus of the Military Academy from the visitor center twice daily at 11:30 a.m. and 1 p.m. at \$4 for adults and \$2 for children. In addition the campus includes a museum at New South Post open from 10:30 to 4:15 daily.

Also within a half hour's drive is Woodbury Common, a discount shopping outlet mall favored by folks from New York City. About 90 minutes south of West Point is New York City itself and all the attractions that make it "The Big Apple".

Regardless of where you do your exploring after the ice has cleared, leave Saturday night free for our banquet at 8 p.m. in the Thayer Hotel. The cost will be \$19/ adults and \$10/children 12 and under. A highlight of the banquet will be drawing the winning ticket for our raffle which will award 2 round trip plane tickets to anywhere in the continental U.S.

See you at the Point!

From speed skater, barrel jumper to ice hockey player!

THE SKATER FROM OZ

By John Hurdis

For years David Morgan has been after the National Skating Association of G.B. (NSA) and, me as a speed skating historian, to obtain information on Kenneth George Kennedy, an Australian speed skater who travelled to England and won both the 1/2 and 1 mile championship in 1935 and 1937.

In 1995 it was decided that a concerted search of the records on Kennedy be made. Morgan was asked to furnish some personal details of his life and Joe New was asked for further details of Kennedy's championship wins. Together with Ian Gooch, they produced a list of all the British Indoor Champions from 1930 (1 mile) and 1932 (1/2 mile) and lo and behold there was Kennedy's name winning the titles of 1/2 mile and 1 mile Champion of Great Britain for Indoor Speed Skating not once but twice!

I was surprised when Joseph New in March of 1995 during a short trip to England presented me with a copy of a book I co-published for the Mohawks Ice Racing Club (England) in 1950 which contained the following information:

Kennedy was born in Sydney in 1914 and he lived over a store where his uncle made boots. His father later took up boot making and special boots for speed skaters as well. George Kennedy, in his later years, also took up this profession. He was 14 years old when he started ice skating at the Sydney Glaciarium in 1928.

At the time Kennedy went to England, he had been the 1/4 and 1/2 mile champion of New South Wales and also the 1/2 mile champion of Australia. Speedskating in Australia was, at that time, under auspices of the Ice Hockey Federation and it controlled both disciplines. Being a British subject, he was allowed under the Regulations of the N.S.A. to compete in the British National Championships.

On April 6, 1935 Kennedy, when skating with the Streatham Speed Skating Club (London) in a field of 29 competitors, won the British 1/2 mile Championship at the Streatham rink in 1 min. 31 3/5ths. secs. On May 4, again at the Streatham rink and in a field of 26 competitors, he won the British 1 mile Championship in 3 min. 7 secs. skating 11 3/4 laps.

At the IV Winter Games in Garmisch-Partenkirchen, Germany competing under the name George Kennedy, he was the lone Olympian competing in the speedskating events for Australia. On February 11, he placed 29 in the 500m. (47.4); February 12, he was 33rd in the 500m. (9.48.9); and on the next day he was 33rd (2.31.8) in the 1500m.

At the 1937 British 1/2 mile championships at the Harringay rink, Kennedy again won the title with a time of 1 min. 30 2/5ths secs. In an earlier heat he set a British paced record with a time of 1 min. 30 secs. On March 8, again at the Harringay rink, he won the British 1 mile title with a time of 3 min. 13 secs.

One of the most popular British indoor speed skaters of that time was Dennis Blundell of the Mohawks. He was the 1/4 mile British champion, had represented Great Britain at the 1948 Olympic Winter Games and was captain of the English International Team (vs. Scotland) in 1949. Blundell writes that Kennedy was living in Birmingham for three years prior to taking up barrel-jumping with an ice show. Kennedy gave him his first speed skating practice and proved to be a hard taskmaster.

In 1937 he turned professional by jumping barrels in an ice show and very little is known about this period. Like many young Australians living in Britain at the outbreak of World War II, he joined the Royal Air Force and after the war returned to Australia. He was reinstated as an amateur by the National Ice Skating Association of Australia, allowing him to participate in ice hockey and speedskating once more. In 1947, we saw him racing for the New South Wales (NSW) relay team and winning the race almost single handed. In the Australian championships the same year, his race tactics cost him the title to the young Les Morrison. Kennedy was 15 years older than Les. He was not present at the 1948 staging of this event in Melbourne.

He was a successful ice hockey player and represented New South Wales on many occasions. He played ice hockey for the Eastern Suburbs Club and later transferred to the Glebe Lions which he coached when he retired from competition.

In the 60s and 70s, Kennedy was a regular guest at the Australian championships and always took a keen interest in what the AAIRC was doing. He was inducted into the Museum of Sport in New South Wales as the first Australian Winter Olympian.

Unfortunately, no photograph is available of Ken Kennedy! John Hurdis is an Honorary Life Member of the ASU former President of CASSA and Editor of "The Racer". David Morgan was the long time President of the Australian Ice Racing Council and in 1996 was awarded the "George Hasler Medal" by the I.S.U.; Joe New is Chairman of the Mohawks Ice Racing Club of Great Britain and Ian Gooch is the Trustee of the National Skating Assoc. of Great Britain and a respected photographer of Short Track action.

Convention? Who Needs It? We Do!

By Shirley Yates

It may seem like the ASU Convention is held more than once a year because it always comes around so fast, but that's only because we are actually into the final planning stages each year before the National Long Track Championships are even held.

There actually was a proposal some years ago to hold the Convention only every other year. But think of it - once a year at times seems totally inadequate, especially since the Board of Control controls the ASU and, together with the delegates which represent the associations on legislative matters, must give approval for everything that is done in the ASU.

This year's political "extravaganza" is scheduled for May 16-18 at the Hampton Inn in St. Louis, MO. Regular ASU Conventioneers will remember the Hampton from the 1992 Convention. It was a very special facility which afforded us the amenities we've grown accustomed to plus some extras. It should be even better this year as the hotel has undergone some renovations since then. The facility is especially appealing since it is in downtown St. Louis and close to the best that exciting Midwest city has to offer, including the Arch!

Basically, the Convention is ASU's forum for assessing the past season, discussing new programs for the future and establishing legislation or making changes in the current rules that govern the sport.

Who undertakes this awesome responsibility? People like you. Perhaps you this year! Each association is permitted to send seven "official delegates" to the Convention. That includes a Board of Control member, three delegates and three alternate delegates, all appointed or elected by your association. If you are interested in being a part of this delegation, you should make it known to your association.

But, of course, anyone may attend the Convention. You will be able to participate in the meetings and workshops, help determine activities that affect clubs and associations, express your concerns, voice your opinions and make a difference. For one thing, you may make your opinions known regarding any proposal on the agenda at the various committee meetings.

If you want to learn more about speedskating and becoming involved on the National level or are concerned about any aspect of the sport, you are urged to go to the Convention. Your association needs good representation at the Convention and the ASU needs the direct support and input of members who are willing to contribute and commit to the future of the sport.

When you see the interaction between the association Board of Control members and delegates and the consideration (or lack of) that is given to each proposal, you will understand the process by which the ASU's rules have been developed since the ASU's first Convention in 1927.

We have been trying in recent years to provide our Conventioneers with some extra activities which would meet their needs. One of those extras is the Officials Clinic, conducted by National Chief Referees, Starters, Clerks and Judges. It has proven to be successful, if response to it is any indication, and will again be on the agenda for the 1997 Convention. Not only are the responsibilities of these various positions emphasized but new rulings are discussed as well.

The usual time slot set aside for it is 3-5 PM on Saturday. Those wishing only to come in for the clinics, and perhaps the Saturday evening banquet, may do so without registering for the whole Convention.

Myra Vandersall, our Special Projects Director, plans to unveil the first phase of a national media recognition campaign created by TBWA Chiat Day, an ad agency that is doing pro bono work for the ASU. Myra also plans to have an agency representative report on how they develop promotional ideas for clients such as the ASU. Having seen their work, a portfolio of various client's ads, I would predict that it will be a lively presentation. Ad agency minds are on some other plateau!

We have a lot of fun at the Convention too. We see old friends and meet new ones, we gather during hospitality hours, we make time between meetings for planned tours. We shop, we swim, we sauna, we whirlpool, we eat and all that goes with it.

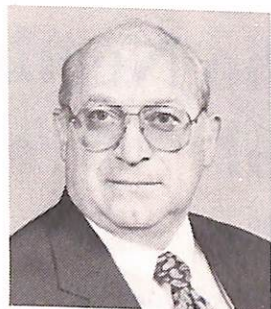
Although the all-important Finance Meeting is always scheduled for Thursday evening, the Convention officially begins at 9 AM on Friday. Committee meetings, open to everyone, are held Friday afternoon and Saturday. The one elegant and dressy affair, the banquet, is held Saturday evening. It honors the Hall of Fame inductees and others worthy of special ASU awards.

The Convention usually ends by 1 PM on Sunday, following a morning of Board of Control and delegate voting on the proposals, the bids and other issues.

We hope you are motivated in some way to spend three days of your life in May at the ASU Convention. We think you will find it rewarding.

President's Comments

By Tom Porter
President ASU



The Executive Committee conducted conference calls in October and November. This was planned to keep us up-to-date on each others activities and increase communication. Since we will be seeing each other in the coming months at meets, we will not be having another conference call until April. We were able to resolve items such as, when to start the proposed new insurance program, obtaining bibs and helmet covers, doing the business card fund raiser this year, progress with the International Skating Institute, and other items of concern. Personally, I feel it was a good way to keep the officers momentum up during times we aren't together.

The International Skating Institute has requested a task force for bringing our groups together. Shirley Yates, "Doc" Savage, Carl Cepuran and Larry Clever are the task force. We needed people in the immediate Chicago area to attend meetings. Larry will be kept informed and hopefully attend the ISI convention in Orlando, Fla. in May. The ISI Executive Director will be attending our convention. By attending each other's conventions we'll have a better understanding of the other organization. We will be hearing from Larry and Judy Caulfield, their Exec. Director, in the future.

Lisa Sundstrom and Elaine Riley are co-chairing The Competition Format Committee, as Don Anderson had to step-down. Don chairs The Parks and Recreation Commission which is now working on Phase II of the Roseville Oval. Thanks, Don, for your help and good luck with completion of the Roseville facility.

Jim Chapin has stepped-up to the plate again. He is going to continue to keep up the Racing Protocol Book, which he created and has updated as rules change.

Thanks, Lisa, Elaine and Jim.

The ASU and The Northern New York Skating Association lost a good friend this past month. David Roche, Past President of the ASU died Nov. 14. One thing I remember about Dave was that he loved to kid with the skaters, young or old, when they stepped to the starting line. He'd always find something to say to each group, mostly to put everybody at ease, including the nervous parents. We will miss Dave, our condolences to his wife Betty, and his family.

I wish from our family to yours a very Happy and prosperous New Year.



Overheard In The Heat Box

By Larry Ralston

First, an apology to Gerard Kemkers, for omitting his name as one of the Coaching recipients honored by the U.S. Olympic Committee. Kemkers was honored as "Coach of the Year".

Word from Betty Roche indicates that she will stay at the ranch in Stony Creek, NY, but the horse's have been moved to another location to lessen the burden of caring for them.

Hall of Famer, Mary Smith, sends words that she has purchased a new organ as a Christmas present to herself, and is taking advanced lessons at a local school.

Racing Blade Publisher, Roy Helminski, has returned from a trip to France, with his daughter and grandchildren. He will go to Florida some time during the winter season and says his pacemaker is keeping him going with no problems.

Carl and Pat Peaslee have returned from their annual Fall vacation in Aruba, and hope to make the 1997 National Long Track event, in Lake Placid.

Former Racing Blade Editor, John Drenckpohl, sends warm wishes to his many skating friends. His career with American Express Financial Services is flourishing and advises that individuals "take charge of their lives and make things happen". That sounds like real wise advice.

Don Kangas has returned home after visits to Seattle, Atlanta and White Plains, NY, to visit family. He and his wife, Serka, managed to escape the severe weather in the Northwest and are glad to be back home.

Plaudits to Dianne Holum, who was recently named to the International Women's Sports Hall of Fame, as a Speedskating Coach. A well deserved honor for an outstanding individual.

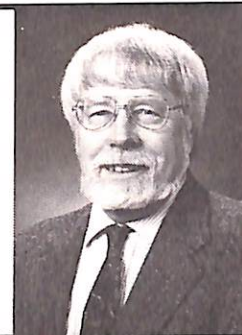
With the uncertainty of natural outdoor ice in the Chicagoland area, the Chicago Park District has entered into an agreement with a rink management company to install and maintain eight portable artificial ice facilities in strategic park locations around the city. Each rink is a full 100 x 200 ft. with dasher boards, and will be operational from December 1 to March 1. All forms of ice skating activity is scheduled in their programs, including figure skating lessons, hockey and speedskating.

Former National Records Chairman, Bob Grant, recently had neck surgery to remove arterial plaque. He is coming along fine and recuperating at home in St. Charles, IL.

(Continued on page 24)

Coach's... ...Couch

By DONALD A. KANGAS



SUCCESSFUL COACHING #3 COACHING IS TEACHING

Successful coaches are good teachers. Their athletes learn from them. Teaching is such a large part of coaching that a whole session of the coaching science section of the ASU "Silver" Seminar is devoted to the fundamentals of teaching. It is one of the most enlightening sessions of the seminar. Then, during the ice session, everyone applies the teaching principles learned by instructing each other in basic speedskating technique. What we see happen, time after time at every ASU "Silver" Coaching Seminar, is that teaching is neither easy or a talent many people are blessed with. Almost everyone lectures too long and then discovers that good demonstrations are difficult to perform. However, all of us can learn teaching technique to improve our ability to teach.

"Pedagogy" is the title of the "Silver" seminar teaching session. The definition of pedagogy in Webster's Dictionary is: the art, science or profession of teaching. Teaching for an ASU Club Coach must indeed be an art, a science and a profession. An ASU Club Coach needs the ingenuity of an artist, the precision and knowledge of a scientist and the dedication of a professional. A classroom teacher may have a few unruly students, but they are at least the same age, about the same size and all at the same grade level. An ASU Club often has skaters starting at less than 5 years to some well over 50 years old. There are all sizes and all levels of ability. They are all there because they love to skate and want to be better skaters. They all look to their coach to teach them how.

The range of diversity in your particular club depends on how your club operates. If your ice hours are late you may not have many young skaters. The amount of ice time you have will limit the number of skaters, range of skills and sizes you can accommodate. There isn't such a thing as a typical ASU speedskating club. Every club is different. There is as much diversity in ASU club operation as there is in ice arenas and there is as much diversity in club membership as there is in ASU registered skaters.

Whatever your club situation is, a club coach cannot do the job alone. One coach can only help a certain num-

ber of skaters. The number depends on the age and abilities of the skaters. More skaters with greater variety of abilities require additional coaches. Every club needs to have more than one coach. I am sure that every club does have more than one coach. Many of the people that help, however, don't think of themselves as coaches. I suppose that is one of the reasons it is hard to track down all the people who are ASU coaches.

The young tiny-tots and pee-wees, 5-7 ages, need the most attention. Their minds and bodies are active. Their attention span is short. Young skaters need short sessions in small groups of 5 or less. Most of the teaching is self discovery in games and fun drills. Lecturing is taboo for young skaters. The teaching goals, for tiny-tots and pee-wees are fun, safety and balance.

Ponies and midgets, 8-11 ages, are eager and a delight to work with. Groups may be larger, but less than 10 skaters. Lecturing is still taboo. They get that in school. Drills and games designed to instill proper technique with properly executed demonstrations work well. Local competitions and time trials are good to measure progress without the pressure of travel and intense competition of regional meets. The teaching goals for ponies and midgets are fun, sportsmanship and proper technique.

Juveniles and juniors, 12-15 ages, are ready for summer camp experiences and exposure to year around training. Larger groups are good for more camaraderie and independence. Some lecturing and group discussions can be useful. It is possible to introduce goal setting and training logs. This is, as the teen years tend to be, the most challenging, frustrating and gratifying group to coach. The teaching goals for juveniles and juniors are fun, healthy competition, goal setting and proper technique.

Intermediates, 16 to 19 ages, tend to disappear from the ASU club scene. The good skaters, with potential for international competition qualify for USISA programs. Others get involved in scholastic or vocational activities and an interest in the opposite sex. That is good. There is more to life than going around in circles to the left. The few who have time for skating fit nicely with the adult groups and their workouts. Intermediates should set their own goals with coaching counsel.

Adult skaters are becoming more and more a part of ASU clubs. Some clubs with limited ice time and late time slots only have adult skaters. Adult skaters are just looking for a good workout and some suggestions for improving their technique. Adults are fun for coaches because they are interested and want to understand proper technique. You don't need many coaches for adults. They are for the most part their own coaches. However, they can be a source of coaches for your other groups of skaters, if they have or can acquire some teaching skills.

Coaches are teachers. We can improve our teaching skills and increase the number of coaches, who are good teachers. Our skaters are always worth our best effort.

Notes from...

The National Office

By Shirley Yates



Happy Birthday! I am determined to be the first one to wish the Amateur Speedskating Union a Happy 70th Birthday! The birthday is actually not until later in the year as the Union was established in November of 1927. But I think our longevity is worthy of a year-long celebration.

How many other organizations do you know that have been around since the 1920s? While longevity continues to rise for our people, long life for our organizations, corporations, small businesses, and even banks and automobile models, no longer seems to be our strong suit. As organizations die, for one reason or another, traditions, as well as history, are lost. They are replaced by quick-fix methods and the innovative solutions of young, fresh minds. They are the ones who will live in the future with their changes. It's an evolution of necessity.

The year following ASU's inception, its first Convention was held which means we will be conducting our 69th annual Convention in St. Louis in May. No, this is not a lead-in to a promotion for attending the Convention. That appears elsewhere! Suffice it to say, the Convention has been a significant part of the ASU's history and we need our members to support it and continue to make it the cornerstone of our organization. It is where the young and the old, the cherished traditions and the new ways, meet.

MEMBERSHIP NOT BREAKING ANY RECORDS

As of Jan. 9, 1997, we had 1708 members registered with the ASU. On Jan. 12, 1996, the number was 1875. Not good. We are not on the same membership track as last year. We are behind by 167 members at this point. Maybe we will pick these up before the end of the membership year but where does the increase over last year come in? If you can't even replace last year's numbers, how do you figure to increase them?

The figures are worth noting. Last year at this time we had 141 more new members and only 26 more renewed members. It looks like this year the associations are doing a fair job of following up on their renewed members but not getting the brand new members interested. Or maybe they're not registering them. Tsk, tsk! We know there are still some associations that do not recognize the importance of registering skaters in novice programs. It is easy to track the winners and losers. If your association is "losing" at this point, do some-

thing about it. Why are your numbers falling? When you determine the causes, let us know. This is important. Maybe we can help you.

FOLLOW UP ON POSTAL PROBLEMS

Despite the new postal regulations which I outlined in the last Racing Blade and which I felt were going to present serious problems for me, I think I'm going to come out all right, at least on one. I renew my respect for the Postal Service, at least in Glen Ellyn.

First, regarding the new ruling that limits packages you can drop in the mail box to less than a pound: well, I have now been told that since I use a postage meter, that ruling does not apply to me because obviously if I used a package to send a bomb in, they could easily trace me by the postage meter label!

Alumni club member, Jim Nakao of Huntington Beach, CA, sent me this interesting comment: "Regarding the Post Office 1 lb. plus new rule, the clerk at the local Post Office near my work told me it is a bit of a joke. He said there is no way they can scan every package. Perhaps it is a deterrent".

Good observation, Jim. If you think about it, many of our rules and regulations in this country are meant to be deterrents - and nothing else.

And this from Mary Wong of the Northern California Assn.:

"Enjoyed your note about the 1lb.+ packages and the Post Office. Time to switch to UPS. We have about the same mailing needs at my work that you do at ASU, and it is so convenient to have the packages picked up!"

Thanks, Mary. I do send a lot of packages by UPS, although I don't have to pay the extra costs of having them picked up. Jim Yates has regular duty as my UPS man - he drops them off on the way home from work. But it is cheaper to mail by U.S. Postal Service and as your Treasurer, with a budget for everything, I always have to weigh the costs of whatever I do.

Remember that when you mail by UPS you are paying not only for the weight but for the zone or location that you are mailing your package to - most of the packages I mail by U.S. Postal Service are under 6 lbs. and it doesn't matter where they are going, the rate is based on the weight. Once I mailed a big box of brochures to Alaska by UPS. It cost \$27.00. Astounding cost, I thought! Some-time later I was asked to mail them another box, same amount. I mailed them by U.S. Postal Service, it cost \$17.00.

The second new regulation will not let me off so easily. Our Racing Blade labels (and all other labels that come off of our computer) will go to 4-inch width beginning now. The only dispensation I did get was that the ruling would not really go into effect until January, 1997. This, of course, is meant to accommodate the city, state and zip on one line. Never mind that if you then add the four additional zip code digits, you may again be extending yourself beyond the line. Is it possible the Postal Service has given up on converting everyone to the nine-digit zip code. Serves them right.

SO LONG, OLD FRIEND

We bid a fond farewell to one of our favorites, David Roche. We in the Midwest did not really feel like he was gone until we went to the National Long Track in Lake Placid in January. He was scheduled to be the Chief Starter. We were looking forward to seeing him. Dave was the president preceding my election as Secretary/Treasurer. Larry Ralston had been trying to leave the job of Secretary for two years but no one had come forth to run for the position.

I shall never forget a meeting in Lake Placid in January of 1984 when Dave addressed an "open forum" and outlined the job of ASU Executive Secretary. What particularly sticks in my mind from that meeting was Dave's half-warning, half apology that "the job pays a stipend". There was no thought in my mind then that I would submit my name for nomination. That came later at the Missouri Assn. Silver Skates in March. Susan and Tom Jarrett approached me and really put the idea in my head. Moi? No way did I think I was qualified. Surprise! I was! I had been working in the business world as an Executive Secretary and bookkeeper. The other candidate was a school teacher.

The point is, from the day I submitted my name for nomination 13 years ago until his death, I always felt that Dave Roche supported me. That was crucial for me. Dave was always there for me.

Because he meant so much to me I need to share some letters I have received since his death:

I am sure his wife, Betty, will not object to my printing her letter:

"This is one of the hardest letters I've had to write. It's been a month now since Dave's passing, and I still can't believe he's gone."

"Your consoling words helped a lot - you know the ASU was probably one of his most constant interests in life. He was planning to attend the Nationals at West Point - over my objections because of his health. But the ravages of time and illness couldn't dim his love for skating and the skaters. More than one of them referred to him as "Uncle Dave" on their cards."

"Please thank the officers and Past Presidents of the Union for their memorial donation to the Scholarship Fund for me."

My Predecessor, Larry Ralston, who, of course, spent many years with Dave on the ASU Executive Committee and formed a special friendship, had this to say:

"Talked to Betty Roche tonight. She told me that Dave had a massive heart attack while cutting wood with a neighbor... I asked if she had any special wishes and she told me that memorials to the ASU Scholarship Fund would be appreciated."

"He was a great guy and a good friend. I'll miss him. We accomplished quite a bit during his term as President and developed a special relationship with him and Betty. He and Einar (Jonland - Illinois) and Bunny Sheffield (Northern New York) are probably conspiring

to start a new club or association at that great rink in the sky. Dave will be the Starter."

And finally from Carole Moore of the Middle Atlantic Assn. where Dave was a member for many years until he retired to upstate New York:

"Enclosed is the donation in memory of Dave Roche. The Flushing Speedskating Club would like it to be used for the Hall of Fame Fund. Dave did a lot of work for the Flushing Club for many years. He and Joe Sulc did so much to help skating here. I hope we can keep things going on like they did."

HOT SELLERS AND COOL PROMOTERS

As we predicted, ASU's new Dianne Holum Dryland Training tape is a hot seller. Speedskating Times made note of it in one of their issues which has prompted in-line skaters to order it. Many speed skaters, who had not yet ordered Pat Maxwell's equally expertise video of on-ice training, are ordering both. We again extend our heartfelt thanks to Dianne and Pat and to the man behind the camera on both, Jerry Search.

You may order either or both of these tapes by sending a check for \$20 for each to the ASU National Office, 1033 Shady Lane, Glen Ellyn, IL 60137. Please specify on the check memo line or in a note what you are ordering. If you live outside of the United States, please add \$5.00 to the cost for the extra shipping and handling.

Much of what happens in speedskating goes on behind the scenes. This particularly pertains to promotion of the sport. The two new posters which our Promotion/Publicity gurus, Carl Cepuran and Myra Vandersall, and our Artist in Resident Dan van Benthuyzen, brought to fruition, have, of course, been well received. We could not fail with those pros at the helm! What they have produced is so professional!

UPDATE ON AN OLD MEMBER

We are always happy to hear from past members. This one is renewing her membership and the letter that came with it is well worth printing. It is from Kristina Morton, addressed to the Amateur Speedskating Union, Attn: Shirley:

"The attached application is presented as a renewal rather than as an initial Union membership. I was previously listed under my maiden name, Kristina Haack."

"The past few years have brought with them many changes. One specifically is the loss of my hearing. My present condition has led me to re-instate my application for the purpose of preparing to coach Hard of Hearing youths and potentially encourage a broad based appreciation for the sport."

"My current plan is not to attempt skating competitively in an international arena. I assumed there would be some curiosity regarding my reasons for skating again. I continue to hold the sport in high esteem, and hope that my work will bless the lives of many children who have never had the opportunities I was allotted. I wish you the best in your endeavors."

Kris moved from Wisconsin to Tennessee with her family about six years ago. Her father had been trans-

ferred to work on the inception of the General Motors Saturn. The whole family had been involved in speedskating in the Milwaukee area. Her mother, DiAnn, served as the Wisconsin Secretary from 1984-1989.

SHORT ITEMS OF GREAT IMPORT

— Remember the item in my last column about Scholarship Fund donors in which I recounted one of the first memorials we received which was from Jane Leung of the Northeast Assn. in the name of "Yojimbo"? I had always wondered who Yojimbo was and, silly me, never bothered to ask. Thank you, Jane, for responding.

"Yojimbo was my dog. He was a Japanese Akita. We spent 11 1/2 years together. He was a great dog, friend. It was very kind of you to remember. Thank you."

And thank you, Jane, for being one of our most loyal contributors.

— Doc Savage is grateful for the recent donation of trophies from Olympian David Besteman and medals from the Madison, WI, Speedskating Club. Doc, Growth & Development Chairman, recycles old trophies and medals for struggling new clubs to use in their races. If you would like to make such a worthy donation, call Doc at 414/258-5427.

— Remember that there are only three National Championships in speedskating in this country - the National Long Track Championships, held the end of January in one of the four ASU associations that have 400-meter ovals (these are on a rotation system), the National Marathon Championship bid on each year, and the National Short Track Championships which are held in March and are bid for three years in advance. Skaters have been referring to USISA meets such as the All Arouns and Sprints as Nationals and to USISA's various U.S. Championships as Nationals. Wrong! Hope this clears it up for everyone.

— Does anyone know what has happened to Lewis E. Crosland, recently of Whitehall, PA? Mr. Crosland has been a member of the ASU for many years, most recently as an Alumni Club member. His Alumni renewal for this season came back with "No Forward Order On File". Announcements like this in my column have had good results in the past so I am hoping someone out there will know my Crosland's whereabouts.

And finally, this observation from an astute father whose children have been in speedskating for more than 10 years:

"Speedskating is the greatest sport there is until your kids reach the age of 14. After that the fun is gone out of it. There is too much pressure to make various categories and teams." He added that children are uprooted from their homes at ages as young as 15 to live at various speedskating centers. He and his wife are reluctant to do that, knowing that if they don't their children will not be competitive in this new fast-paced world of speedskating.

The following is not rare in speedskating, it typifies so much that is good in the ASU and what has brought our organization to its 70th birthday:

Al Tinston of Tuckerton, NJ, informed us on his membership renewal form that this is his 49th year as an ASU and Middle Atlantic Assn. member. We congratulate Mr. Tinston and thank him for his longevity in our sport. We appreciate his sharing this with us.


OVERHEARD IN THE HEAT BOX

(Continued from page 20)

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SURPRISE!!! But not really. The U.S. Postal Service is planning to increase rates in 1998. First Class postage will rise to 35¢ and other rates will be "adjusted accordingly". Well, someone has to pay for sponsoring the Collegiate Football Hall of Fame, figure skating competitions, a float in the Rose Bowl parade and other assorted professional sports events.




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OHIO SPEEDSKATING ASSOCIATION

THE ATHLETE'S KITCHEN by Nancy Clark, MS, RD

DIETS & WEIGHT REDUCTION

With Americans getting fatter and fatter by the year, weight reduction becomes increasingly important to protect the nation's health. Exercise is perhaps the most important key in controlling weight, but many people prefer to subtract food rather than add on exercise. Of those who do exercise, some misuse exercise as punishment for having excess body fat. Without a doubt, people need help finding the best balance of food and exercise.

At the 1996 annual meeting of The American Dietetic Association, weight reduction was a popular topic among the 10,000 registered dietitians in attendance. The following briefly summarizes some diet and exercise news that might be of interest to you.

- Do people need a reduced calorie diet plan to lose weight or does "healthy eating" do the job? A study from the Chicago Medical School suggests when people are taught healthy eating habits, they tend to eat fewer calories. During a 10 week program, a group of moderately obese women who were taught to eat healthfully lost just as much weight as those instructed to follow a 1,200 calorie diet. A big advantage to losing weight with "healthy eating" is the eater instills good eating habits that can be maintained for a lifetime, as opposed to experiencing deprivation when "on a diet" and then over-indulgence and weight regain when "off the diet."

- Are foods reduced in fat and calories helping people lose weight? Doubtful. According to a study by the US Army Research Institute in Natick, MA, reduced fat and calorie foods are a popular part of American meals and snacks. Of fifty women (average age 25), 96% reported eating about 250 calories of "diet foods" per day (12% of their total calories). The most common choices were lowfat or fat-free milk and dairy products, cookies, baked goods, and salad dressings. But despite these choices, even the women who ate the most amount of lowfat and low calorie foods ate the same number of total calories as those who ate the standard products.

- Female athletes commonly struggle with food, but little is known about their nutritional status. Researchers at Arizona State University compared 24 female athletes with disordered eating patterns to a similar group of women of the same age, height, weight, and muscle mass. As might be expected, the dieters reported eating fewer calories—only 1,900 calories as compared to 2,300 calories in the normal eaters. The dieters ate less protein, and 4% to 50% of them ate less than two-thirds of the RDA for calcium, iron, zinc, magnesium, B-12, and folic acid. Nevertheless, the blood measurements of iron, zinc and magnesium were within normal levels for both groups. The researchers credit this to the dieters' high intake of vi-

tamin and mineral supplements. The bottom line: if you restrict your food intake, you can partially compensate by taking multi-vitamin and mineral pills. But don't expect the supplements to provide protein nor fiber, phytochemicals and other health-protective food components. Learning how to eat healthfully and make peace with food is the better idea!

- People often think of Olympic athletes as role models, but that may not be the case when it comes to food. According to Kris Clark, RD, nutrition consultant to the US Women's Field Hockey and Soccer Teams, the athletes reported eating only 2,500 calories per day—far less than they deserved given seven hours of daily practice. Only 16% of the women reported eating at least five servings of fruits and vegetables per day. The question arises ... If these women (and many other top female athletes) are winning with questionable nutrition, could they be even better and healthier with great nutrition? Likely, yes.

- Many athletes in sports that value thinness struggle with eating disorders. A study of 66 women attending a dance workshop suggests that almost 30% had a physique similar to a woman with anorexia. The heaviest dancers reported the most restrictive diets. Is this one more example that diets don't work?

- Vegetarian diets are popular among athletes. But sometimes these diets are a socially acceptable way to limit food intake and mask an eating disorder. If you have "vegetarian" friends, take a good look at their overall eating and happiness. If they seem to be struggling, express your concerns. Perhaps you can make a difference in their lives.

- Diet drugs such as Redux are the latest rage in weight reduction. Are they miracle pills and the answer to America's weight problem? No. First of all, diet drugs are appropriate only for obese people who are at high medical risk. The drugs can help curb the appetite and reduce food obsessions. But even a drug won't counter the main reasons why people overeat: depression, anger, anxiety, traveling, and other high-change their lifestyles. Clearly, obese people need to ately and slowly, keep food & exercise records, deal with emotional eating, and control stress without choosing food for comfort. And remember, due to genetics, not everyone in our society can be—nor should strive to be—skinny. Fit and healthy is good enough.

Nancy Clark, MS, RD counsels individuals at Boston-area's SportsMedicine Brookline. She is author of the newly revised *Nancy Clark's Sports Nutrition Guidebook, 2nd edition* (\$19) and her nutrition guide for runners, *The NYC Marathon Cookbook* (\$23). Both are available by sending a check to Sports Nutrition Materials, 830 Boylston St., Brookline MA 02167.

Our Good Samaritan Strikes Again!

Howard Gutgesell has again made his outstanding end-of-the-year contribution to the ASU Scholarship Fund. His donation of \$2000 in December, together with previous donations of \$3500, makes him the single biggest donor since the Scholarship Fund was established in 1986. It also increases the fund to a total of \$20,000.

Gutgesell, a long-time member of the Wisconsin Assn., served as a National Chief Clerk from 1956-1992 when he became the first National Chief Official to be

named as Official Emeritus. He also served the United States International Speedskating Assn. as an official, as Treasurer and as that organization's Board of Control Member to the ASU for a number of years. He was inducted into the ASU Hall of Fame in 1983.

Our sincere thanks to this man who, although he may not still be active in speedskating, realizes the importance of an education for our speed skaters and is doing his part to make a difference in the ASU.

Shirley Says...

- If you are planning to compete in the National and North American Short Track Championships and have not registered for the 1996-97 membership year, there is still time, but you must act on this immediately. If you are residing within the territory of an association, you should contact your association secretary NOW. This applies to officials, as well, because ASU rules do not permit skaters or officials to participate in National and North American Championships unless they are currently registered.

- Association secretaries will be disbursing entry forms for the above two events based on quotas set by the ASU but the ASU permits associations to determine how they qualify their skaters. Some do it by best times, others by points earned in preliminary meets.

- Direct Members, those not living within an association's territory, register directly through the ASU National Office and must request entry forms for Championships meets from the National Office. The office must receive the completed forms no later than two weeks before the event because we have strict deadlines for submitting entry forms to the Meet Director. Rules concerning Direct Member quotas are in the ASU Handbook.

- All members, association and direct, now have the new ASU Official Handbook. You should pay close attention to the rules governing Short Track competitions and particularly to the new ruling concerning safety equipment. Skaters are now required to wear shin guards and neck protectors in all Short Track meets. This is a ruling approved at the Convention last May by representatives of all the associations. And we are not talking just any old neck protectors! The specific guidelines covering this rule are in the new Handbook.

There are still some speedskating trips left on this season's schedule and there will be camps coming up

this summer. We recommend you book your air travel through AAA Travel Agency. That company has been handling ASU travel needs for three years and is well aware of what speedskating families require. If ASU books enough flights in a year, we get free airline tickets which we can use for travel by officials to our major events. Look to AAA Travel not only for speedskating events but for all your business and pleasure travel. It's a convenient, hassle-free way, to book a flight. Just call 800/922-9168 and they'll take it from there!

- April 1 is the deadline for submitting bids for National and North American Championship meets. To bid you must request the official bid/sanction form from the National Office. This year you will be submitting bids for the Year 2000. Is that special, or what?! Open for bidding are the National Short Track, National Marathon and Convention. The National and North American Long Track are scheduled for Milwaukee and Lake Placid, respectively, pending review and confirmation by the Meet Scheduling Committee. Bids for the National Marathon and Convention do not require the form and may be submitted up to the end of business on the Saturday of the Convention.

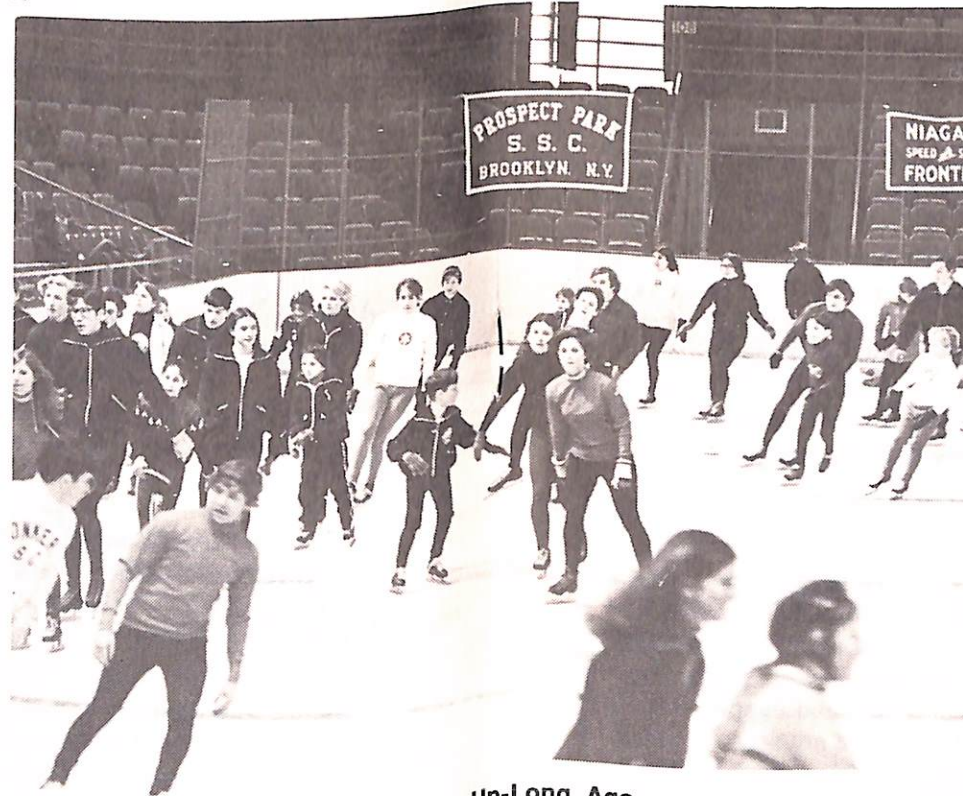
- A reminder: The Racing Blade does not reprint newspaper articles and cannot reprint newspaper photos. If you have a newspaper item about something you think would be of interest to our readers, please rewrite it, type it and submit it. Remember that our Editor now scans everything into his computer that is sent to him in an effort to speed up production time (less typesetting by the printer), and obviously a newspaper item is not going to scan. In addition, if you think about it, whatever you have from a newspaper is going to need editing for The Racing Blade anyway. Our Racing Blade staff consists of one person, the Editor, so he cannot be expected to rewrite and retype.

Down Memory Lane...



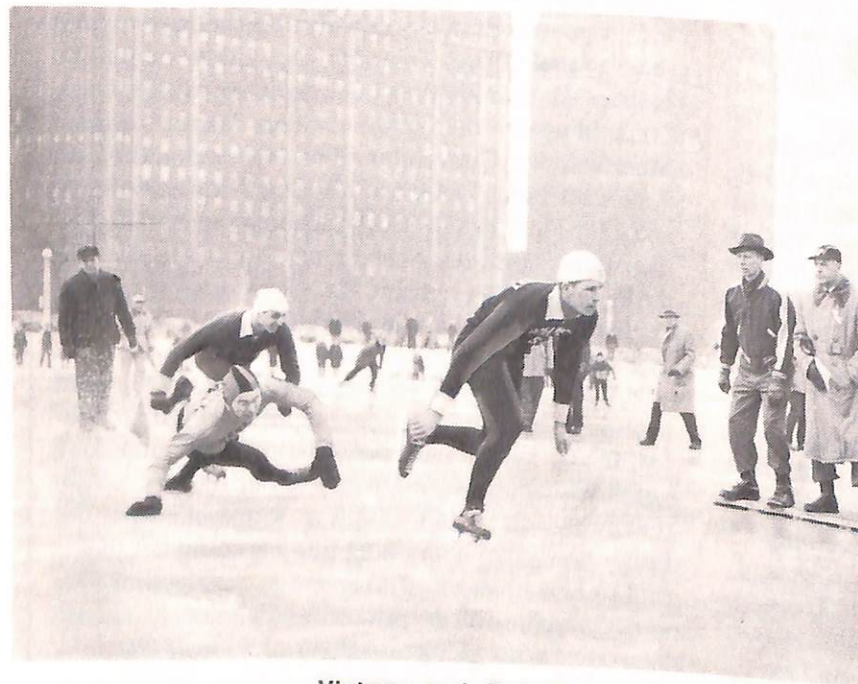
Chicago Tribune Silver Skates Champions-1972

Front row: Deanna Prather, Fraternal Order of Police(Champaign); Patti Albrecht, Northbrook; Tommy Grunnah, Mt. Prospect; Anne Henning, Northbrook; John Rodgers, Northwest; Debbie Carlstrom, DesPlaines; Glenn Berg, Northbrook.
Back row: Celeste Chlapaty, Northwest; Nancy Swider, Park Ridge; Jim Durlak, Northwest; Denise Chlapaty, Northwest; Mike Grunnet, FOP; Tony Winder, DesPlaines.
Celeste Chlapaty and Anne Henning became members of the Speedskating Hall of Fame. Nancy Swider became a member of the 1976,1980, 1984 and 1988 Olympic teams.



Warming Up-Long Ago

Editor's Note: With much risk, I'll try to identify a few. The tall skater to the left of center with a white top and the small boy at the right with the same uniform are Dorothy Young's (Young Originals)sons, top and the small boy at the right with the same uniform could be Barth Levy talking to Lee Greg and Glenn Berg of the Northbrook Club. In the front at the left could be Eileen Brennan of Mazilli of the Yonkers Club(a wild guess). Directly above "Barth" appears to be Leslie Moore of Flushing. Feel free to photocopy and identify others for me. Your help will be appreciated.



Victory and Defeat
January, 1951

Ken Henry crosses the finish line in stride to win the senior men's 220 yard dash at the CYO ice skating meet at Waveland Rink (Chicago lakefront). Not so fortunate was Scotty Wallace (falling) of the Champaign-Urbana Skating Club. That's Dick Wellbank in the white hat behind Wallace.
Sun-Times Photo

Editor's Note: This is the original caption, but I don't think that the third skater is Dick Wellbank.



Olympic Promotion-1975

Five former Olympic medal winners display the "Dream of Greatness" poster which was one of a series depicting "Great Moments of the Olympics." Sale of the posters were to help defray the U.S. Olympic team expenses. From left, are: Glen Cunningham (track), Anne Henning (speedskating), Bob Mathias (decathlon), Wilma Rudolph (track) and Jesse Owens (track).



Look At The Skaters-Look At The Crowd
February, 1948

Kenny Bartholomew of Minnesota leading in the 880 yard final followed by Terry Brown of Michigan . Could that be Ray Blum in fourth? Please forward your identifications to The Racing Blade.
Chicago Sun Photo



More Than Fair Skaters
December, 1945

This quartet of attractive and speedy ice skaters will see action tomorrow afternoon in Lincoln Park at W. Waveland Ave. in the Peirce Playground Derby, first major event of the 1945-46 season. Left to right: Peggy Barber, Barrett A.C.; Luetta Dumez, C.Y.O.; Elaine Gordon and Rita Janet, Northwest Skating Club. More than 300 skaters representing every club in the Chicago area will compete for individual and team championships in the meet which had been originally scheduled for Humboldt Park.
Chicago Daily News photo
(Original caption. Elaine Gordon is a member of the Speedskating Hall of Fame.)

THE ALUMNI ARENA

By Shirley Yates

This will be my last Alumni column. I am very happy to report that we have at long last had a response to my pleas for someone to take over the job. I have enjoyed writing it but my time is so limited, I have not been able to do it justice.



Please welcome your new Alumni columnist, TIM AFFHOLTER of Michigan.

Tim wrote me a letter in which he outlined what he planned to do with the Alumni. It was an impressive presentation. It began with the IDEA - briefly he anticipates "interviews" or "updates" of Alumni members and potential Alumni members. Maybe something along the lines of a "chance meeting" type of thing.

Next is his PLAN. He would write to Alumni members and potential members with a brief questionnaire and would follow up with telephone calls and brief interviews, maybe get some photographs.

COST? No cost to the ASU or the Alumni Club. He said the cost of stamps, envelopes, paper, phone calls and time would be his donation to the Alumni Club. All he would need would be a mailing list of the Alumni Club members, which he has already gotten from me.

INTEREST? Tim comes from a family that goes way back in the history of Michigan speedskating. The Affholters had seven boys and only the youngest did not skate. Tim said he currently has nieces and nephews in two states competing in speedskating and two of his brothers are back in the sport (Mike in Wisconsin and Mark in Michigan). He would like to participate also but not in the competitive arena.

TIME? Tim said he has been busy publishing a quarterly family newsletter for three years and now has spare time to pursue other interests because another family member has taken over those responsibilities.

ABILITY? This was most impressive and I quote: "With three years experience editing and publishing a

family newsletter averaging 20 pages, the most being 48 pages, I have some knowledge in this area...

"I feel I have an understanding of the apathy toward participation and involvement in such projects since not all the family submitted something all the time. I have found if people get personal attention they are more willing to contribute. On the other hand, some people feel such personal attention is applying unfair pressure and will be reluctant to participate. To develop a balance I found it constructive to send out notices or 'feelers'. Those who responded were receptive to follow up calls. Those who did not respond would be more willing to participate at a later date as they were currently busy with family or jobs or other obligations."

Tim concluded with: "I think most people feel they lead boring and mundane lives. Yet when they pass old friends on the street they love to talk about themselves and love hearing about others. With some personal encouragement I think I can get some people to open up. I would like to try to write something that would leave people with the feelings of warmth and happiness as if they had met an old friend they have not seen for years."

"Perhaps with time and a bit of self-confidence building, I would be interested in doing more for the Alumni Club. For now, does this sound like a good first step towards getting involved again?"

Absolutely! We need past skaters like Tim to become involved again in all aspects of the sport and that includes communication - keeping in touch with old members, reporting on their lives, helping to preserve lifelong bonds that people have made and, in some cases, drawing old members back into an active role in the sport. Go for it, Tim!

The Alumni Club 1996-97 renewals have been coming in steadily - and with them some notes from our members.

"Beth and I are retired and in Florida now. It sure is great. Not much ice time down here. Please change our address on the Racing Blade as I am enjoying keeping in touch. Best regards, Joe Singer."

The Singers (parents of skater John Singer) go back to the beginning of the Alumni Club. Both were active in the Illinois association. We're glad they're staying in touch with us. Wonder how many Floridians used to be involved in speedskating in the North or East. They're busy building rinks in Florida and elsewhere in the South. The Northerners don't seem to like giving up their ice sports when they move South.

From Pat Wagner of Niles, IL, who along with husband Leo, were Illinois officials for many years, and still come out occasionally to help:

"Enclosed is my renewal check for membership in the Alumni Club. Although I do not miss spending all my winter weekends in cold ice rinks (both indoors and

out) I do miss the friends made during our many years in speedskating. The Racing Blade brings back all the memories of the great times we shared."

From Nancy Thorne Cahill of Verona, WI: "Thanks for doing this! [Alumni Club] I know it's a huge job. I do the same sort of volunteer work for my local National Ski Patrol board of directors. I have been trying to locate a former skater, John Keith (used to skate for DeMorra in Paramount, CA). I last heard he was living in Michigan. If he is an Alumni member, would you

please mail or e-mail his address and/or telephone number".

I sent Nancy the latest address I had for John which was in Grand Rapids, MI, but he has not registered since the 1994-95 season and may have moved since then. He never was an Alumni Club member, having always registered as a skater. After California and before Michigan, he lived for some time in Texas. Does anyone out there have his current whereabouts?

Take it from here, Tim!

WE'VE MOVED!

*The ASU Ving Speed Skate Program
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(1998 ASU Convention site)*

*To order your \$72 entry level skates
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Mike Affholter at 715-848-1048*

In this issue of The Racing Blade is a copy of the Amateur Speedkating Union Injury Registry form. This was recommended and drawn up by Wade Smith, a speedskater and orthopedic surgeon now residing in Sun Valley, Idaho. Please make copies of this form and have it available at practices and skating meets. Copies were sent out to all clubs last June but we know that injuries have occurred since then which have not been reported. Wade intends to use these injury reports to keep statistics and further help us improve our safety measures. Please take this seriously. We do.

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Amateur Speedskating Union Injury Registry

Report period ending April 1997

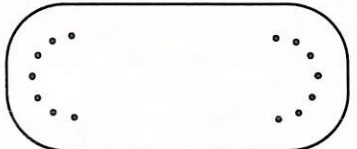
Please send to:
Shirley Yates, Executive Secretary
ASU National Office
1033 Shady Lane
Glenn Ellyn, IL 60137

ATHLETE

Athlete's name _____ Phone _____
 Address _____
 City/state/zip _____
 ASU Registration # _____ Club _____
 Age: _____ Date of Birth (month/day/year) ___/___/___ male female
 Date of injury _____ Time of injury (local) _____ am pm
 Ice rink _____

LOCATION

Place (city/state/zip) _____
 Injury occurred on ice off ice
 Injury occurred during a race practice



Draw an "x" on ice rink where injury occurred
 Size of ice sheet: _____ x _____

ACCIDENT INFORMATION

Type of injury _____ Anatomic location _____
 Circumstances of injury (attach additional sheets if necessary) _____

Collision with boards? yes no
 Collision with safety pads? yes no
 Collision with other skater(s)? yes no
 If during a race, was it 500 777 1,000 1,500 3,000
 relay Other _____
 If practice, during what drill? _____
 At what time in practice? early middle late
 Athletes experience level Tiny Tots Pee Wee Pony Midget Juvenile
 Junior Intermediate Senior Master Grand Master
 Special Needs Novice Elite

Number of years competing _____ Fastest time in past year for 500 _____ : _____
 Were skaters of different skill levels on the ice together when injury occurred? yes no
 Additional comments: _____

Evaluation by physician yes no
 Type of physician M.D. D.O. other _____
 Diagnosis _____
 Treatment _____

Equipment worn during injury (check all that apply) helmet gloves knee pads
 neck guard shin guards other _____
 type of helmet _____ helmet manufacturer _____

REPORTER

Name _____
 Address _____ Phone _____
 City/state/zip _____
 Relationship to injured skater _____
 Signature _____ Date of report _____

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United States International Speedskating Association News

1997 United States Junior Short Track Speedskating Champions

LADIES

Caroline Hallisey

1997 JUNIOR WORLD SHORT TRACK TEAM

LADIES

Caroline Hallisey

Julie Goskowicz

JUNIOR CATEGORY 1

LADIES

Caroline Hallisey

Julie Goskowicz

Sarah Elliott

Meghan Everett

Alice Choi

Allison Green

MEN

Dan Weinstein

Rusty Smith

Apolo Anton Ohno

Ian Baranski

Ron Biondo

Adam Riedy

MEN

Dan Weinstein

1997 WINTER WORLD UNIVERSITY GAMES SHORT TRACK SPEEDSKATING TEAM

LADIES

Erin Gleason

Sarah Lang

Mary Brophy

Karen Cashman

Kelly Anderson

MEN

Tony Goskowicz

J. P. Shilling

Tom O'Hare

Scott Koons

Joe Rohraff

Head Injuries Fact Sheet

The National Youth Sports Safety Foundation, Inc., a non-profit foundation working to promote the safety and well-being of youth participating in sports has published a fact sheet entitled "HEAD INJURIES." This fact sheet includes jury prevent, symptoms of head injuries, cost of injuries, return to play and resources. Copies of this publication are available from the Foundation for \$2.00 each. Write NYSSF, Dept. H2, 10 Meredith Circle, Needham, MA 02192, phone (617) 449-2499

RESULTS AND STANDINGS

LONG TRACK

BERLIN, GER - World Cup, Nov. 23-24, 1996

Ladies

1500m: 1. Gunda Niemann (GER), 2:05.15; 2. Tonny de Jong (NED), 2:05.33; 3. Kirstin Holm (USA), 2:07.07. Americans: 18. Moira D'Andrea, 2:09.94; 27. Tama Sundstrom, 2:12.85; 32. Chantal Dunn, 2:14.52.

3000m: 1. de Jong (NED), 4:22.90; 2. Carla Zijlstra (NED), 4:23.39; 3. Niemann (GER), 4:24.15. Americans: 4. Holum, 4:27.92; 24. D'Andrea, 4:41.32; 29. Sundstrom, 4:48.52.

Men

1500m: 1. Ids Postma (NED), 1:53.34; 2. Neal Marshall (CAN), 1:54.88; 3. Rintje Ritsma (NED), 1:55.08. Americans: 6. KC Boutiette, 1:56.33; 13. Tim Hoffmann, 1:57.22; 20. Dave Tamburrino, 1:58.38; 27. Arlen Spicer, 1:58.98.

5000m: 1. Gianni Romme (NED), 6:51.20; 2. Ritsma (NED), 6:53.19; 3. Kjell Storelid (NOR), 6:54.40. Americans: 7. Boutiette, 7:00.20; 26. Tamburrino, 7:10.64; 32. Derek Parra, 7:16.45;

BUTTE, MONTANA - CAN-AM Invitational - Nov. 23-24, 1996

Ladies Sprint

500m: 1. Stacey Crockett, USA, 45.52. 2. Fleur Larocque, CAN, 45.60. 3. Ann Driscoll, USA, 45.62.

1000m: 1. Tara Risling, CAN, 1:31.41. 2. Driscoll, 1:32.76. 3. Kelly Cawthra, USA, 1:33.54.

500m: 1. Larocque, 44.19. 2. Crockett, 45.15. 3. Cawthra, 45.26.

1000m: 1. Risling, 1:29.47. 2. Driscoll, 1:30.63. 3. Larocque, 1:31.89.

Overall: 1, Risling. 2, Larocque. 3, Driscoll.



United States International Speedskating Association News

Ladies Short Allround

500m: 1, Sarah Shapiro, USA, 44.55. 2, Kristina Groves, USA, 44.80. 3, Crissy Lemons, USA, 44.87.

1500m: 1, Shapiro, 2:14.88. 2, Catherine Raney, USA, 2:16.74. 3, Hilary Mills, USA, 2:20.91.

1000m: 1, Shapiro, 1:25.82. 2, Raney, 1:29.33. 3, Lemons, 1:29.44.

3000m: 1, Shapiro, 4:41.04. 2, Raney, 4:48.18. 3, Mills, 4:52.92.

Overall: 1, Shapiro. 2, Raney. 3, Mills.

Men Sprint

500m: 1, Kevin Overland, CAN, 38.60. 2, Scott Van Horne, USA, 39.32. 3, James Monson, USA, 39.69.

1000m: 1, Overland, 1:17.30. 2, Oliver Laroque, CAN, 1:19.13. 3, Van Horne, 1:19.22.

500m: 1, Overland, 38.64. 2, Monson, 39.07. 3, Wayne Kainu, USA, 39.60.

1000m: 1, Overland, 1:16.25. 2, Matt Kooreman, USA, 1:18.13. 3, Van Horne, 1:18.42.

Overall: 1, Overland. 2, Laroque. 3, Kooreman.

Men Long Allround

500m: 1, David Needham, USA, 39.76. 2, Lucas Mills, USA, 40.04. 3, Joe Cheek, USA, 40.42.

3000m: 1, Mills, 4:21.27. 2, Nick Pearson, USA, 4:24.81. 3, Needham, 4:24.83.

1500m: 1, Mills, 2:01.84. 2, Ryan Tool, USA, 2:02.18. 3, Pearson, 2:03.13.

5000m: 1, Pearson, 7:35.47. 2, Mills, 7:37.29. 3, Cheek, 7:38.72.

Overall: 1, Mills. 2, Pearson. 3, Cheek.

Men Short Allround

500m: 1, Jamie Ivey, CAN, 40.93. 2, Dan Fredrick, USA, 41.40. 3, Jim Edwards, USA, 41.97.

1500m: 1, Ivey, 2:04.99. 2, Fredrick, 2:09.46. 3, Cameron Beul, USA, 2:11.91.

1000m: 1, Ivey, 1:19.47. 2, Fredrick, 1:21.75. 3, Beul, 1:22.56.

3000m: 1, Ivey, 4:18.37. 2, Fredrick, 4:30.92. 3, Beul, 4:37.88

Overall: 1, Ivey. 2, Fredrick. 3, Beul.

CALGARY, CANADA - CAN-AM Invitational - Nov. 29-Dec. 1, 1996

Ladies Sprint

500m: 1, Susan Auch, CAN, 40.34. 2, Seung-Yong Choi, (ROK), 40.80. 3, Krisy Myers, 43.22.

1000m: 1, Auch, 1:21.88. 2, Choi, 1:23.91. 3, Tara Risling (CAN), 1:26.94.

1000m: 1, Auch, 1:20.97. 2, Choi, 1:23.82. 3, Risling, 1:27.02.

Overall: 1, Auch. 2, Choi. 3, Risling.

Ladies Short Allround

1500m: 1, Kristina Groves, CAN, 2:05.69. 2, Bae-Young Jeon, ROK, 2:11.41. 3, Ann Driscoll, USA, 2:12.07.

1000m: 1, Groves, 1:23.82. 2, Jeon, 1:25.49. 3, Jamie Grundstrom, USA, 1:26.01.

3000m: 1, Groves, 4:35.04. 2, Jeon, 4:45.70. 3, J. Anstey, 4:50.48.

Overall: 1, Groves. 2, Jeon. 3, Grundstrom.

Ladies Long Allround

3000m: 1, Sarah Shapiro, USA, 4:32.27. 2, Catherine Raney, USA, 4:32.54. 3, Jung-Eun Park, ROK, 4:37.20.

1500m: 1, Shapiro, 2:08.06. 2, Raney, 2:08.84. 3, Hilary Mills, USA, 2:11.63.

5000m: 1, Park, 7:41.66. 2, Raney, 7:46.80. 3, Shapiro, 7:54.30.

Overall: 1, Shapiro. 2, Raney. 3, Park.

Men Sprint

1000m: 1, Kevin Overland, 1:13.26. 2, Mike Ireland, 1:14.05. 3, Marc Pelchat, USA, 1:15.54

1000m: 1, Pelchat, 1:15.78. 2, Scott Van Horne, USA, 1:16.17. 3, Oliver Larocque, CAN,

1:16.65.

Overall: 1, Pelchat. 2, Van Horne. 3, Kainu.

Men Short Allround

1500m: 1, David Paul, USA, 1:59.77. 2, Jeroen Hairwassers, NED, 2:00.27. 3, Benjamin

Salomon, USA, 2:01.85.

1000m: 1, Paul, 1:17.25. 2, Hairwassers, 1:17.56. 3, Jin-Sung Lee, 1:18.03.



United States International Speedskating Association News

3000m: 1, Paul, 4:15.84. 2, Hairwassers, 4:19.34. 3, Salomon, 4:21.11.
Overall: 1, Paul. 2, Hairwassers. 3, Salomon.

Men Long Allround

3000m: 1, Steven Elm, CAN, 3:58.05. 2, Jeff Benjamin, USA, 4:04.32. 3, Jondon Trevena, 4:05.68.

1500m: 1, Elm, 1:54.54. 2, Matt Vraa, USA, 1:56.46. 3, Trevena, 1:56.93

5000m: 1, Elm, 6:47.20. 2, Trevena, 7:03.50. 3, Matt Kooreman, USA, 7:12.35.
Overall: 1, Elm. 2, Trevena. 3, Kooreman.

CHON-JU, ROK - World Cup, Dec. 7-8, 1996

Ladies

500m: 1, Xue Ruihong (CHN), 40.78; 2, Svetlana Zhurova (RUS), 41.08; 3, Franziska Schenk (GER), 41.13. Americans: 9, Chris Witty, 41.75; 24, Becky Sundstrom, 42.79; 31, Kim Strzykalski, 43.28; 37, Tama Sundstrom, 44.27.

500m: 1, Kyoko, 40.55; 2, Schenk, 40.86; 3, Tomomi, 40.89. Americans: 13, Witty, 41.91; 15, B. Sundstrom, 42.00; 29, Strzykalski, 42.90; 36, T. Sundstrom, 44.63.

1000m: 1, Schenk, 1:23.17; 2, Kusuhosa Shiho (JPN), 1:24.77; 3, Timmer, 1:24.88. Americans: 5, B. Sundstrom, 1:25.29; 9, Witty, 1:25.86; 23, Strzykalski, 1:28.22; 28, T. Sundstrom, 1:29.37.

1000m: 1, Schenk, 1:22.11; 2, Timmer, 1:23.35; 3, Witty, 1:23.61. Americans: 13, B. Sundstrom, 1:25.31; 25, Strzykalski, 1:27.93; 27, T. Sundstrom, 1:28.17.

Men

500m: 1, Horii Manabu (JPN), 37.23; 2, Sung-Yeol Jaegal (ROK), 37.46; 3, Grunde Njos (NOR), 37.49. Americans: 7, Casey FitzRandolph, 37.97; 29, Dave Cruikshank, 38.88; 34, Pat Kelly, 39.06; 35, Brendan Eppert, 39.14.

500m: 1, Manabu, 37.15; 2, Kievchenya, 37.19; 3, Njos, 37.23. Americans: 11, FitzRandolph, 37.69; 29, Cruikshank, 38.68; 30, Eppert, 38.71; 33, Kelly, 39.03.

1000m: 1, Bouchard, 1:16.24; 2, Kievchenya, 1:16.31; 3, Jan Bos (NED), 1:16.38. Americans: 12, FitzRandolph, 1:17.32; 29, Cruikshank, 1:19.18; 37, Kelly, 1:20.38; 39, Eppert, 1:21.60.

1000m: 1, Van Velde, 1:15.37; 2, Manabu, 1:15.40; 3, Lee, 1:15.52. Americans: 5, FitzRandolph, 1:16.05; 27, Cruikshank, 1:18.18; 32, Eppert, 1:18.89; Kelly, DNS.

LAKE PLACID, NY - CAN-AM Invitational - Dec. 7-8, 1996

Ladies Sprint

500m: 1, Sylvie Cantin, CAN, 44.34. 2, Mary Brophy, USA, 45.31. 3, Lucie Cote, CAN, 46.31.
1000m: 1, Brophy, 1:32.67. 2, Cantin, 1:32.81. 3, Nikki Shuman, USA, 1:38.70.

500m: 1, Cantin, 44.21. 2, Brophy, 44.30. 3, Shuman, 46.32.
Overall: 1, Cantin. 2, Brophy. 3, Shuman.

Ladies Short Allround

500m: 1, Isabelle Doucet, CAN, 44.31. 2, Valerie Lemieux, CAN, 45.17. 3, Hilary Mills, USA, 45.78.

1500m: 1, Doucet, 2:21.37. 2, Mills, 2:23.43. 3, Lemieux, 2:25.74.

1000m: 1, Lemieux, 1:33.21. 2, Michele Damours, CAN, 1:34.49. 3, Doucet, 1:34.61.

3000m: 1, Mills, 5:06.41. 2, Doucet, 5:09.59. Damours, 5:13.47.
Overall: 1, Doucet. 2, Mills. 3, Damours.

Men Sprint

500m: 1, Patrick Bouchard, CAN, 37.88. 2, Patrick Dufour, CAN, 41:54. 3, Chris Needham, USA, 43.03.

1000m: 1, Bouchard, 1:18.30. 2, Dufour, 1:28.01. 3, Needham, 1:28.97.

500m: Bouchard, 38.10. Dufour, 41.63. 3, Needham, 43.85.

Overall: 1, Bouchard. 2, Dufour. 3, Needham.

Men Short Allround

500m: 1, Donald Stewart, USA, 42.05. 2, Brian Boudreau, USA, 43.59. 3, Pete Dykstra, USA, 45.28.



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1500m: 1, Stewart, 2:13.93. 2, Boudreau, 2:21.86. 3, Dykstra, 2:27.31.

1000m: 1, Stewart, 1:27.56. 2, Dykstra, 1:31.00. 3, Boudreau, 1:31.89.

3000m: 1, Stewart, 4:49.79. 2, Boudreau, 5:14.89. 3, Dykstra, 5:16.37.

Overall: 1, Stewart. 2, Boudreau. 3, Dykstra.

Men Long Allround

500m: 1, Philippe Marios, CAN, 41.93. 2, Dominique Gravel, CAN, 41.93. 3, Daniel Belanger, CAN, 42.27. 4, Francois Gagnon, CAN, 42.72.

3000m: 1, Gravel, 4:36.35. 2, Belanger, 4:39.00. 3, Marios, 4:41.79.

1500m: 1, Gravel, 2:10.28. 2, Belanger, 2:13.08. 3, Marios, 2:13.38.

5000m: 1, Gravel, 8:06.42. 2, Belanger, 8:07.73. 3, Todd Fairhead, CAN, 8:27.58.

Overall: 1, Gravel. 2, Belanger. 3, Marios.

HEERENVEEN, NED - World Cup, Nov. 30-Dec. 1, 1996

Ladies

1500m: 1, Tonny de Jong (NED), 4:17.01; 2, Barbara de Loor (NED), 4:7.90; 3, Gunda Niemann (GER), 4:18.56; 4, Kirstin Holum (USA), 4:21.32. Group 2: 1, Ljudmila Prokasheva (KZK), 4:25.58; 2, Annamarie Thomas (NED), 4:27.68; 3, Anette Toensberg (NOR), 4:30.15. Americans: 9, Moira D'Andrea 4:34.63; 17, Tama Sundstrom, 4:40.13.

1500m: 1, de Jong (NED), 2:03.24; 2, Niemann (GER), 2:03.63; 3, de Loor (NED), 2:05.22.

American: 8, Holum, 2:05.87.

Men

3000m: 1, Ids Postma (NED), 1:52.08; 2, Rintje Ritsma (NED), 1:52.86; 3, Neal Marshall (CAN), 1:52.93. Americans: 5, KC Boutiette, 1:53.98; 14, Tim Hoffmann, 1:55.62. Group 2: 1, Bart Veldkamp (BEL), 1:56.27; 2, Jason Parker (CAN), 1:56.28; 3, Pawel Zygmunt (POL), 1:56.38.

Americans: 5, Dave Tamburino, 1:56.80; 16, Arjen Spicer, 1:58.49.

5000m: 1, Ritsma (NED), 6:42.44; 2, Gianni Romme (NED), 6:43.20; 3, Kjell Storelid (NOR), 6:47.83.

American: 12, Boutiette, 6:54.58.

Men

5000m: 1, Ritsma (NED), 6:42.44; 2, Gianni Romme (NED), 6:43.20; 3, Kjell Storelid (NOR), 6:47.83.

American: 12, Boutiette, 6:54.58.

IKAHO, JPN - World Cup, Dec. 14-15, 1996

Ladies

500m: 1, Tomomi Okazaki (JPN), 39.75; 2, Kyoko Shimazaki (JPN), 39.90; 3, Ruihong Xue (CHN), 40.11. Americans: 11, Chris Witty, 40.91. Group 2: 1, Oksana Ravilova (RUS), 40.71; 2, Eriko Sammiya (JPN), 41.06; 3, Natalia Severukhina (RUS), 41.20. Americans 4, Sundstrom, 41.32; 7, Strzykalski, 41.66.

1000m: 1, Schenk, 1:21.73; 2, Shimazaki, 1:22.30; 3, Okazaki, 1:22.35. Americans: 5, Sundstrom, 1:22.71; 7, Witty, 1:22.85. Group 2: 1, Mi-Young Kang (ROK), 1:23.58; 2, Alena Koroleva (RUS), 1:24.08; 3, Hee-Joo Chun (ROK), 1:24.49. Americans: 11, Strzykalski, 1:26.17.

500m: 1, Kyoko Shimazaki (JPN), 39.94; 2, Ruihong Xue (CHN), 40.07; 3, Franziska Schenk (GER), 40.09. American: 8, Chris Witty, 40.75. Group 2: 1, Shiho Kusunose (JPN), 40.68; 2, Michelle Morton (CAN), 40.87; 3, Mayumi Kagawa (JPN), 40.98. Americans: 5, Becky Sundstrom, 41.06; 15, Kim Strzykalski, 42.27.

1000m: 1, Schenk, 1:20.45; 2, Kusunose, 1:21.86; 3, Witty, 1:22.38; 4, Sundstrom, 1:22.80. Group 2: 1, Chiharu Nozaki (JPN), 1:22.60; 2, Zhurova, 1:23.25; 3, Koroleva, 1:23.92. American: 5, Strzykalski, 1:24.93.

Men

500m: 1, Manabu Horii (JPN), 36.43; 2, Sergey Klevchenya (RUS), 36.69; 3, Sung-Yeol Jaegal (ROK), 36.73. American: 13, Casey FitzRandolph, 37.54. Group 2: 1, Kevin Scott (CAN), 37.40; 2, Magnus Jansson (SWE), 37.55; 3, Matthias Pfeiffer (GER), 37.60. Americans: 8, Cruikshank, 37.85; 10, Kelly, 37.90; 15, Eppert, 38.19.

1000m: 1, Jaegal, 1:15.01; 2, Horii, 1:15.23; 3, Kuroiwa, 1:15.40. American: 12, FitzRandolph, 1:15.94. Group 2: 1, Roland Brunner (AUT), 1:15.11; 2, Yamakage, 1:15.21; 3, Kevin Overland (CAN), 1:15.98. Americans: 8, Cruikshank, 1:16.51; 11, Eppert, 1:16.51; 15, Kelly, 1:17.88.

500m: 1, Hiroyasu Shimizu (JPN), 36.51; 2, Manabu Horii (JPN), 36.57; 3, Sergey Klenchenya (RUS), 36.63. American: 9, Casey FitzRandolph, 37.31. Group 2: 1, Jeremy Wotherspoon (CAN), 37.25; 2, Michael Kunkel (GER), 37.29; 3, Kevin Scott (CAN), 37.33. Americans: 5, Pat Kelly, 37.65;

Men

500m: 1, Manabu Horii (JPN), 36.43; 2, Sergey Klevchenya (RUS), 36.69; 3, Sung-Yeol Jaegal (ROK), 36.73. American: 13, Casey FitzRandolph, 37.54. Group 2: 1, Kevin Scott (CAN), 37.40; 2, Magnus Jansson (SWE), 37.55; 3, Matthias Pfeiffer (GER), 37.60. Americans: 8, Cruikshank, 37.85; 10, Kelly, 37.90; 15, Eppert, 38.19.

1000m: 1, Jaegal, 1:15.01; 2, Horii, 1:15.23; 3, Kuroiwa, 1:15.40. American: 12, FitzRandolph, 1:15.94. Group 2: 1, Roland Brunner (AUT), 1:15.11; 2, Yamakage, 1:15.21; 3, Kevin Overland (CAN), 1:15.98. Americans: 8, Cruikshank, 1:16.51; 11, Eppert, 1:16.51; 15, Kelly, 1:17.88.

500m: 1, Hiroyasu Shimizu (JPN), 36.51; 2, Manabu Horii (JPN), 36.57; 3, Sergey Klenchenya (RUS), 36.63. American: 9, Casey FitzRandolph, 37.31. Group 2: 1, Jeremy Wotherspoon (CAN), 37.25; 2, Michael Kunkel (GER), 37.29; 3, Kevin Scott (CAN), 37.33. Americans: 5, Pat Kelly, 37.65;

Men

500m: 1, Manabu Horii (JPN), 36.43; 2, Sergey Klevchenya (RUS), 36.69; 3, Sung-Yeol Jaegal (ROK), 36.73. American: 13, Casey FitzRandolph, 37.54. Group 2: 1, Kevin Scott (CAN), 37.40; 2, Magnus Jansson (SWE), 37.55; 3, Matthias Pfeiffer (GER), 37.60. Americans: 8, Cruikshank, 37.85; 10, Kelly, 37.90; 15, Eppert, 38.19.



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6. Dave Cruikshank, 37.67; 14. Brendan Eppert, 38.09.

1000m: 1. Kim, 1:14.39; 2. Klenchenya, 1:14.45; 3. Horii, 1:14.58; 4. FitzRandolph, 1:14.66. Group 2:
1. Toshiyuki Kuroiwa (JPN), 1:14.80; 2. Peter Sdeberg (GER), 1:14.97; 3. Scott, 1:15.09. Americans:
9. Cruikshank, 1:16.18; 11. Eppert, 1:16.27; 19. Kelly, 1:17.34.

SHORT TRACK

MILWAUKEE, WI - Short Track American Cup 1, Nov. 9-10, 1996

Revised Standings

Junior Ladies

1, Caroline Hallisey, 77 pts. 2, Sarah Elliott, 57. 3, Alice Choi, 27 & Allison Green, 27. 5, Bonnie Klint, 18. 6, Kira Fling, 10. 7, Val Goldstein, 1.

BEIJING, CHN - World Ranking - Nov. 30-Dec. 1, 1996

Ladies

1500m: 1. Chun Lee-Kyung (ROK), 2:26.20; 2. Won Hye-Kyung (ROK), 2:26.50; 3. Yang Yang A (CHN), 2:26.64; 4. An Sang-Mi (ROK), 2:26.85. Americans: 6. Erin Porter. Julie Goskowicz, disqualified in heats; Amy Peterson, Karen Cashman, and Erin Gleason, eliminated in heats.
500m: 1. Wang Chunlu (CHN), 45.51; 2. Yang Yang (CHN), 45.62; 3. Isabelle Charest (CAN), 45.88; Annie Perreault (CAN), 46.15. Americans: Goskowicz, Peterson and Porter eliminated in heats; Gleason, disqualified in quarterfinal; Cashman, eliminated in heats (fall).
1000m: 1. Lee-Kyung, 1:40.19; 2. Hye-Kyung, 1:40.32; 3. Sang-Mi, 1:40.46; Choi Min-Kyung (ROK), 1:40.61.

3000m: 1. An Sang-Mi (ROK), 5:20.87; 2. Hye-Kyung, 5:22.79; 3. Lee-Kyung, 5:22.97; 4. Yang Yang, 5:24.45.

Relay: 1, ROK. 2, CAN. 3, CHN. Americans: New U.S. record, 4:24.45.
Overall Classification: 1, Lee-Kyung, 12 pts. 2, Hye-Kyung, 9. 3, Sang-Mi, 8. 4, Yang Yang, 6. Americans: 17, Goskowicz, 7 pts. 23, Cashman and Gleason, 4. 26, Peterson and Porter, 3.

Men
1500m: 1. Terao Satoru (JPN), 2:25.60; 2. Kim Dong-Sung (ROK), 2:25.87; 3. Jiajun Li (CHN), 2:26.17; 4. Jonathan Gougoux (CAN), 2:30.73. Americans: Tony Goskowicz, eliminated in semifinal; Andy Gabel, JP Shilling, Scott Koons, and Mike Kooreman eliminated in heats.
500m: 1. Gougoux (CAN), 42.82; 2. Kadera Takehiro (JPN), 43.00; 3. Satoru (JPN), 53.52. 4, Goskowicz and Kooreman eliminated in heats.
1000m: 1. Dong-Sung (ROK), 1:36.82; 2. Ye Yuan (CHN), 1:36.67; 3. Satoru (JPN), 1:39.32; 4. Drolet Francois (CAN), 1:46.88.

3000m: 1. Gagnon (CAN), 5:20.62; 2. Satoru (JPN), 5:20.80; 3. Dong-Sung (ROK), 5:20.90; 4. Francois (CAN), 5:21.04.

Relay: 1, ROK. 2, JPN. 3, CHN. Americans: New U.S. record, 4:12.25.
Overall Classification: 1, Satoru, 12 pts. 2, Dong-Sung, 10. 3, Gagnon, 6 and Gougoux, 6. 5, Takehiro, 3. Americans: 14, Goskowicz. 15, Gabel. 21, Koons. 23, Shilling. 26, Kooreman.

BEIJING, CHN - World Ranking - Dec. 7-8, 1996

Ladies

Overall: 1. Chun Lee-Kyung (ROK), 13 pts. 2. Won Hye-Kyung (ROK), 11 pts.; 3. Annie Yun-Mi (ROK), 4 pts. Americans: 8. Erin Porter, 0; 20. Julie Goskowicz; 20. Erin Gleason; 23.
3000m: 1. Lee-Kyung, 5:33.87; 2. Hye-Kyung, 5:34.05; 3. Sang-Mi, 5:34.36; 4. Yun-Mi, 5:36.10.
1000m: 1. Hye-Kyung, 1:37.55; 2. Sang-Mi, 1:37.78; 3. Lee-Kyung, 1:37.91; 4. Min-Kyung, 1:38.30. Americans: Porter and Goskowicz eliminated in quarterfinal; Peterson, Gleason and Cashman eliminated in heats, Goskowicz with unofficial Junior World Record, 1:34.01.
1500m: 1. Lee-Kyung (ROK), 2:37.05; 2. Hye-Kyung (ROK), 2:37.16; 3. Perreault (CAN), 2:37.34; 4. Yun-Mi (ROK), 2:37.62. Americans: 6. Erin Porter, 2:38.04; Goskowicz, disqualified in heats; Peterson, Cashman and Gleason eliminated in heats.



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500m: 1. Yang, 45.30; 2. Perreault, 45.50; 3. Kim, 45.65; 4. Chun, 45.81. Americans: Gleason, disqualified in quarterfinal; Goskowicz, Peterson and Porter eliminated in heats, Cashman eliminated in heats (fall).

Men

Overall: 1. Marc Gagnon (CAN), 13 pts.; 2. Terao Satoru (JPN), 8 pts.; 3. Kim Dong-Sung (ROK), 5 pts.; 3. Jiajun Li (CHN), 5 pts.; 5. Francois Drolet (CAN), 4 pts.; 5. Fabio Carta (ITA), 4 pts.; 5. Lee Jun-Hwan (ROK), 4 pts. Americans: 12. Andy Gabel; 16. Tony Goskowicz; 19. JP Shilling; 19. Scott Koons; 32. Mike Kooreman.

3000m: 1. Gagnon, 5:28.33; 2. Jun Hwan, 5:28.46; 3. Drolet, 5:28.51; 4. Dong-Sung, 5:28.58.
1000m: 1. Terao, 1:33.77; 2. Gagnon, 1:33.89; 3. Drolet, 1:34.10; 4. Carta, 1:34.47.

1500m: 1. Gagnon, 2:20.84; 2. Carta, 2:20.93; 3. Ding-Sun, 2:21.20; 4. Ho-Eung, 2:21.52.

Americans: Goskowicz eliminated in semifinal; Gabel, Shilling, Koons and Kooreman eliminated in heats.

500m: 1. Jiajun, 42.91; 2. Satoru, 43.03; 3. Ding-Sun, 43.09; 4. Nishitani, 43.17. Americans: Gabel, Shilling and Koons eliminated in quarterfinal; Goskowicz and Kooreman eliminated in heats.

MARQUETTE, MI - ST American Cup - Dec. 14-15, 1996

Ladies

1, Julie Goskowicz. 2, Kristen Brophy. 3, Sarah Elliott. 4, Therese Lease.

1500m: 1, Julie Goskowicz. 2, Karen Cashman. 3, Elliott. 4, Kelly Anderson.

500m: 1, Goskowicz. 2, Elliott, 1:42.27. 3, Lease, 1:44.57. 4, Kira Fling, 1:51.10.

1000m: 1, Goskowicz, 1:41.61. 2, Elliott, 1:42.27. 3, Lease, 1:44.57. 4, Kira Fling, 1:51.10.

3000m: 1, Goskowicz, 5:08.66 (AR). 2, Lease, 5:22.64. 3, Elliott, 5:23.48. 4, Brophy, 5:37.75.

Men

1500m: 1, Tony Goskowicz. 2, Mike Kooreman. 3, J.P. Shilling. 4, Tom O'Hare.

500m: 1, Goskowicz. 2, John Coyle. 3, Kooreman. 4, Todd Porter

1000m: 1, Goskowicz, 1:40.39. 2, O'Hare, 1:40.51. 3, Porter, 1:40.70. 4, Shilling, 1:40.82.

3000m: 1, Kooreman, 5:12.29. 2, Shilling, 5:12.30. 3, O'Hare, 5:13.15. 4, Scott Koons,

5:16.09.

OVERALL RANKING (AFTER 2 COMPETITIONS):

Senior Ladies

1, Julie Goskowicz, 168. 2, Kristen Brophy, 125. 3, Kelly Anderson, 101. 4, Therese Lease, 99. 5, Nicole Zieglmeyer, 92. 6, Sarah Elliott, 82. 7, Erin Gleason, 65. 8, Whitney McGill, 60. 9, Karen Cashman, 55. 10, Hilary Mills, 47.

Junior Ladies

1, Caroline Hallisey, 77. 2, Kira Fling, 68. 3, Sarah Elliott, 57. 4, Alice Choi, 27 and Allison Green, 27. 6, Bonnie Klint, 18. 7, Val Goldstein, 1.

Senior Men

1, Tony Goskowicz, 174 pts. 2, Mike Kooreman, 164. 3, J.P. Shilling, 138. 4, Tom O'Hare, 130. 5, Todd Porter, 126. 6, Scott Koons, 115. 7, Chad Powell, 97. 8, Seth Davidowitz, 76. 9, Joe Rohraff, 61. 10, John Coyle, 60.

Junior Men

1, Apolo Ohno, 69. 2, Dan Weinstein, 44. 3, Rusty Smith, 32. 4, Ian Baranski, 24. 5, Ron Biondo, 22. 6, Chad Richards, 8. 7, Chris Needham, 6. 8, Chris Weaver, 2. 9, Gordon Ward,

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United States International Speedskating Association News

Speedskating World Cup

Calgary, Canada
January 3-4, 1997

Men

500-meter - Friday, Jan. 3, 1997

| | |
|------------------------------------|-------|
| 1. Hiroyasu Shimizu, JPN | 35.50 |
| 2. Sergey Klevchenya, RUS | 35.83 |
| 3. Sung Yeol Jaegal, ROK | 35.86 |
| 4. Junichi Inoue, JPN | 35.93 |
| 5. Manabu Horii, JPN | 35.95 |
| 6. Casey FitzRandolph, Verona, WIS | 36.06 |
| 7. Yasunori Miyabe, JPN | 36.12 |
| 8. Jeremy Wotherspoon, CAN | 36.13 |
| 9. Mike Ireland, CAN | 36.18 |
| 10. Grunde Njos, NOR | 36.37 |

Group 2

| | |
|--------------------------------------|-------|
| 1. Pat Bouchard, CAN | 36.01 |
| 2. Michael Kunkel, GER | 36.50 |
| 3. Kevin Overland, CAN | 36.51 |
| 4. Matthias Pfeiffer, GER | 36.53 |
| 5. Bonobo Liu, CHN | 36.63 |
| 9. Marc Pelchat, Chelmsford, Mass. | 37.13 |
| 10. Cory Carpenter, Brookfield, Wis. | 37.14 |
| 11. Dave Cruikshank, Pewaukee, Wis. | 37.17 |

500-meters - Saturday, Jan. 4

| | |
|----------------------|-------|
| 1. Shimizu, JPN | 35.51 |
| 2. Horii, JPN | 35.73 |
| 3. FitzRandolph, USA | 36.03 |
| 4. Jaegal | 36.09 |
| 5. Miyabe, JPN | 36.20 |
| 6. Yamakage | 36.27 |
| 6. Inoue | 36.27 |
| 8. Yoon-Man Kim | 36.40 |
| 9. Wotherspoon | 36.43 |
| 10. Njos | 36.50 |

Group 2

| | |
|----------------------|-------|
| 1. Overland | 36.39 |
| 2. Roger Strom, NOR | 36.82 |
| 3. Pelchat | 36.90 |
| 4. Tomasz Swist, POL | 36.98 |
| 5. Vadim | 37.03 |
| 11. Cruikshank | 37.03 |
| 17. Carpenter | 37.36 |

1000-meters - Friday, Jan. 3, 1997

| | |
|--------------------------|---------|
| 1. FitzRandolph | 1:12.25 |
| 2. Inoue | 1:12.37 |
| 3. Jaegal | 1:12.52 |
| 4. Wotherspoon | 1:12.60 |
| 5. Horii | 1:12.54 |
| 6. Gerard Van Velde, NED | 1:12.65 |

| | |
|----------------------|---------|
| 7. Adne Sondral, NOR | 1:12.98 |
| 8. Jan Bos, NED | 1:13.31 |
| 9. Grunde Njos, NOR | 1:13.32 |
| 10. Miyabe | 1:13.52 |

Group 2

| | |
|--------------------------------------|---------|
| 1. Bouchard | 1:12.98 |
| 2. Carpenter | 1:13.11 |
| 3. Overland | 1:13.38 |
| 4. Alekander Kiralko, NOR | 1:13.43 |
| 5. Ireland | 1:13.48 |
| 8. Cruikshank | 1:14.45 |
| 20. Arlen Spicer, Indianapolis, Ind. | 1:15.74 |

1000-meters - Saturday, Jan. 14, 1997

| | |
|-----------------|---------|
| 1. FitzRandolph | 1:11.75 |
| 2. Jaegal | 1:12.05 |
| 3. Miyabe | 1:12.22 |
| 4. Van Velde | 1:12.31 |
| 5. Horii | 1:12.58 |
| 15. Carpenter | 1:13.71 |

Group 2

| | |
|------------------------|---------|
| 1. Shimizu | 1:12.81 |
| 2. Sondral | 1:13.46 |
| 3. Ireland | 1:13.71 |
| 4. Martin Hersman, NED | 1:13.83 |
| 5. Roland Brunner, AUT | 1:13.85 |
| 14. Cruikshank | 1:15.05 |
| 17. Spicer | 1:15.25 |

Women

500-meters - Friday, Jan. 3, 1997

| | |
|-----------------------------------|-------|
| 1. Franziska Shenk, GER | 39.13 |
| 2. Tomomi Okazaki, JPN | 39.25 |
| 3. Svetlana Khurova, RUS | 39.36 |
| 4. Ruihong Xue, CHN | 39.56 |
| 5. Oksana Raviilova, RUS | 39.57 |
| 6. Catriona Le-May-Doan, CAN | 39.71 |
| 7. Tomomi Shimizu, JPN | 39.85 |
| 8. Susan Auch, CAN | 39.91 |
| 9. Hua Jin, CHN | 39.96 |
| 10. Monique Gabrecht, GER | 40.06 |
| 12. Chris Witty, West Allis, Wis. | 40.09 |

Group 2

| | |
|---|-------|
| 1. Lili Huang, CHN | 39.63 |
| 2. Sabine Voelker, GER | 39.66 |
| 3. Shiro Kusunose, JPN | 39.83 |
| 4. Michelle Norton, CAN | 40.22 |
| 5. Becky Sundstrom, Glen Ellyn, Ill. | 40.26 |
| 8. Moira D'Andrea, Saratoga Springs, N.Y. | 40.44 |
| 18. Tama Sundstrom, Glen Ellyn, Ill. | 41.23 |
| 20. Kim Strzykalski, East Troy, Wis. | 41.44 |



United States International Speedskating Association News

Speedskating World Cup

Calgary, Canada

January 3-4, 1997, Continued

Women

500-meter - Saturday, Jan. 4 1997

| | |
|----------------|-------|
| 1. Okazaki | 39.15 |
| 2. Schenk | 39.33 |
| 3. Xue | 39.42 |
| 4. Voelker | 39.51 |
| 5. Le-May Doan | 39.59 |
| 6. Jin | 39.67 |
| 7. Witty | 39.72 |
| 8. Kusunose | 39.76 |
| 9. Zhurova | 39.86 |
| 10. Raviilova | 39.93 |

Group 2

| | |
|--------------------------|-------|
| 1. Auch | 39.89 |
| Shimizu | 40.14 |
| 3. Norton | 40.33 |
| 4. Ester Stolen, NOR | 40.37 |
| 5. Tatiana Danshina, RUS | 40.40 |
| 6. D'Andrea | 40.49 |
| 8. B. Sundstrom | 40.68 |
| 15. T. Sundstrom | 41.46 |

1000-meters - Friday, Jan. 3, 1997

| | |
|-------------------------|---------|
| 1. Schenk | 1:19.16 |
| 2. Voelker | 1:19.28 |
| 3. Witty | 1:19.73 |
| 4. Raviilova | 1:19.84 |
| 5. B. Sundstrom | 1:20.09 |
| 6. Kusunose | 1:20.17 |
| 7. Xue | 1:20.17 |
| 8. Garbrecht | 1:20.24 |
| 9. Marianne Timmer, NED | 1:20.25 |
| 10. Anke Baier, GER | 1:20.34 |

Group 2

| | |
|-----------------|---------|
| 1. D'Andrea | 1:20.35 |
| 2. Shimizu | 1:20.81 |
| 3. Auch | 1:20.89 |
| 4. Huang | 1:21.24 |
| 5. Khurova | 1:21.35 |
| 9. T. Sundstrom | 1:22.27 |

1000-meter - Saturday, Jan. 4, 1997

| | |
|-----------------|---------|
| 1. Voelker | 1:18.90 |
| 2. Witty | 1:18.98 |
| 3. Schenk | 1:19.36 |
| 4. B. Sundstrom | 1:19.49 |
| 4. Xue | 1:19.49 |
| 6. Garbrecht | 1:19.65 |
| 7. D'Andrea | 1:19.69 |

| | |
|----------------|---------|
| 8. Raviilova | 1:20.22 |
| 9. Le-May-Doan | 1:20.34 |
| 10. Kusunose | 1:20.38 |

Group 2

| | |
|-----------------------------|---------|
| 1. Annamarie Thomas, NED | 1:20.31 |
| 2. Norton | 1:20.82 |
| 3. Linda Johnson-Blake, CAN | 1:21.09 |
| 4. Aki Tomoike, JPN | 1:21.20 |
| 5. Huang | 1:21.28 |
| 6. T. Sundstrom | 1:21.68 |
| 15. Strzykalski | 1:23.12 |

HALLISEY AND WEINSTEIN CROWNED U.S. JUNIOR SHORT TRACK CHAMPIONS

Caroline Hallisey (Natick, Mass.) and Daniel Weinstein (Brookline, Mass.) were crowned U.S. Junior Short Track Champions at the Pettit National Ice Center in Milwaukee, Wis. For both Hallisey, who trains at the U.S. Olympic Training Center in Lake Placid, N.Y., and Weinstein, who lives and trains in Brookline, Mass., it is a first U.S. Junior Short Track Championship.

Hallisey, 16, and Weinstein, 15, will be joined by Julie Goskowicz (New Berlin, Wis.), 16, and Rusty Smith (Sunset Beach, Calif.), 17, in representing the U.S. at the World Junior Short Track Championships Jan. 11-12 in Marquette, Mich. Goskowicz, a member of the U.S. National Short Track Team and a heavy favorite for the junior title, fell in both Monday's time trial and 1500-meters. She won the 500 and 1000-meter events today, but allowed Hallisey to beat her in the 500 by .09 second, which was enough to maintain the lead for the Natick, Mass. skater. Sarah Elliott (Milwaukee, Wis.), 14, was third overall with 11 pts.

In the men's events, Weinstein won the overall with 19 points. Smith was second with 18 points, while Apolo Ohno (Seattle, Wash.) was third with 13 points. Ohno and Smith had come into today's competition tied for first place, but Weinstein moved ahead by winning the 500 and 1000-meters. He was second to Smith in the last race of the day, the 1500-meter superfinal.

The World University Games Team for short track speedskating was also determined at this event. For the women, Erin Gleason (Jackson, N.J.) Sarah Lang (Arlington, Mass.), Karen Cashman (Quincy, Mass.), Mary



United States International Speedskating Association News

Brophy (Saratoga Springs, N.Y.), Kelly Anderson (Grand Haven, Mich.) and Therese Lease (Cleveland, Ohio) finished as the top-six, earning themselves an entry on the team that will compete in Chonju, Korea, Jan 23-Feb. 2. Only the five of the six entered skaters will compete, and the determination of the final team will be made following the U.S. Short Track Traveling Team Trials, Jan. 17-19 in St. Louis, MO. However, Cashman, who broke her leg in the 500-meter event at the Trials, will be unable to compete either in St. Louis or Chonju. Therefore, the seventh place skater, Hilary Mills (Washington, D.C.) will also be eligible to compete at the World University Games.

For the men, Tony Goskowicz (New Berlin, Wis.) was the high-finisher, winning each of three events held Tuesday. JP Shilling (Baltimore, Md.), Tom O'Hare (St. Louis, Mo.), Scott Koons (Cleveland, Ohio), Joe Rohraff (Marquette, Mich.) and Scott Simunjak (Northbrook, Ill.) round out the top six. All of the men train at the U.S. Olympic Education Center in Marquette, and only Rohraff and O'Hare are not members of the U.S. National Short Track Team.

The event also serves as the trials for the Winter World University Games to be held Jan. 23-Feb. 2 in Chonju, Korea. In the time trial, U.S. National Team members JP Shilling (Baltimore, Md.) and Karen Cashman (Quincy, Mass.) won the men's and women's events in times of 1:30.66 and 1:38.76, respectively. Tony Goskowicz (New Berlin, Wis.) won the men's 1500-meter event in a time of 2:30.40. Erin Gleason (Jackson, N.J.) won the women's event in a time of 2:42.47. Gleason, who was second in the time trial, currently stands first in overall points with eight. Shilling leads the men's point standings with eight, as well.

U.S. JUNIOR SHORT TRACK CHAMPIONSHIPS Milwaukee, Wis. Dec. 30-31, 1996

Ladies

500-meters

1. Caroline Hallisey, Natick, Mass. 47.37
2. Julie Goskowicz, New Berlin, Wis. 47.46
3. Sarah Elliott 47.93
4. Meghan Everett, Ballston Spa, N.Y. 49.58

1000-meters

1. Goskowicz 1:36.98
2. Hallisey 1:37.82
3. Elliott 1:37.94
4. Alice Choi, Ellicott City, Md. 1:54.70

1500-meter Superfinal

1. Goskowicz 2:34.78

2. Hallisey 2:35.11
3. Elliott 2:37.16
4. Everett 2:37.83
5. Choi 2:40.63

Time Trial

1. Goskowicz 1:37.36
2. Hallisey 1:39.34
3. Elliott 1:43.23
4. Everett 1:44.05
5. Choi 1:44.92

Overall

1. Hallisey 19 pts.
2. Goskowicz, 18 pts.
3. Elliott 11 pts.
4. Everett 4 pts.
5. Choi 3 pts.
6. Green 0 pts.

Men

500-meters

1. Daniel Weinstein, Brookline, Mass 44.43
2. Rusty Smith, Sunset Beach, Calif 44.51
3. Apolo Ohno, Seattle, Wash 44.62
4. Ian Baranski, Saratoga Springs, N.Y. 44.65

1000-meters

1. Weinstein 1:37.54
2. Smith 1:37.73
3. Ohno 1:38.02
4. Baranski 1:38.65

1500-meter Superfinal

1. Smith 2:38.78
2. Weinstein 2:38.89
3. Ohno 2:39.99
4. Baranski 2:41.47

Time Trial

1. Ohno 1:31.08
2. Weinstein 1:32.45
3. Smith 1:32.68
4. Baranski 1:33.18
5. Adam Riedy (Cleveland, Ohio) 1:34.15

1500-meters

1. Smith 2:31.10
2. Weinstein 2:31.33
3. Ohno 2:31.46
4. Baranski 2:33.89
5. Riedy 2:34.89
6. Ron Biondo (Broadview Hghts., Ohio) 2:35.25

Overall

1. Weinstein 19 pts.
2. Smith 18 pts.
3. Ohno 13 pts.
4. Baranski 5 pts.
5. FsBiondo 0 pts.
6. Riedy 0 pts.



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Ladies

500-meters

1. Erin Gleason, Jackson, N.J. 48.78
2. Sarah Lang, Arlington, Mass. 48.62
3. Mary Brophy, Saratoga Springs, N.Y. 48.65
4. Kelly Anderson, Grand Haven, Mich. 1:15.81

1000-meters

1. Gleason 1:42.93
2. Brophy 1:43.44
3. Therese Lease, Cleveland, Ohio 1:48.18
4. Anderson 2:12.69

3000-meters

1. Lang 5:56.55
2. Gleason 5:57.63
3. Anderson 5:58.13
4. Lease 5:58.15
5. Brophy 5:59.69

Time Trial

1. Karen Cashman, Quincy, Mass. 1:38.76
2. Gleason 1:40.10
3. Lang 1:40.25
4. Brophy 1:40.32
5. Hillary Mills, Evanston, Ill 1:41.37

1500-meters

1. Gleason 2:42.47
2. Lang 2:42.66
3. Cashman 2:42.76
4. Brophy 2:43.42
5. Mills 2:44.46
6. Anderson 2:44.97, DQ

Overall

1. Gleason 21 pts.
2. Lang 13 pts.
3. Cashman 7 pts.
4. Brophy 7 pts.
5. Anderson 4 pts.
6. Lease 3 pts.

Men

500-meters

1. Tony Goskowicz, New Berlin, Wis. 44.12
2. Scott Koons, Cleveland, Ohio 45.74
3. Tom O'Hare, St. Louis, Mo. 45.74
4. J.P. Shilling, Baltimore, Md 57.40

1000-meters

1. Goskowicz 1:30.31
2. O'Hare 1:30.60
3. Koons 1:44.04
4. Shilling 2:14.39

3000-meters

1. Goskowicz 5:27.55
2. O'Hare 5:27.78
3. Koons 5:28.44
4. Shilling 5:28.68
5. Joe Rohraff, Marquette, Mich. 5:31.31

Time Trial

1. J.P. Shilling, Baltimore, Md. 1:30.66
2. Tony Goskowicz, New Berlin, Wis. 1:31.81
3. Joe Rohraff 1:32.70
4. Tom O'Hare, St. Louis, Mo. 1:33.08
5. Scott Koons, Cleveland, Ohio 1:33.21

1500-meters

1. Goskowicz 2:30.40
2. Shilling 2:30.49
3. O'Hare 2:31.28
4. Koons 2:32.68
5. Todd Porter, Saratoga Springs, N.Y. 2:32.99
6. Scott Simunjak, Elmhurst, Ill 2:33.20

Overall

1. Goskowicz 23 pts.
2. Shilling 11 pts.
3. O'Hare 11 pts.
4. Koons 8 pts.
5. Rohraff 2 pts.
6. Scott Simunjak 0 pts.

SUNDSTROM and FITZRANDOLPH CAPTURE U.S. SPRINT SPEEDSKATING TITLES

Becky Sundstrom (Glen Ellyn, Ill.), 20, swept the four events (two 500 and two 1000-meter events) at the 1997 U.S. Sprint Championships to win her first title. Casey FitzRandolph (Verona, Wis.), 21, won three of the four events to win his third U.S. Sprint Championship. Like Sundstrom, FitzRandolph won both of his races today.

Sundstrom, who won the event with a total of 163.010 points, was without the competition of 1996 U.S. Sprint Champion Chris Witty, who pulled out of the competition yesterday with a bronchial infection. "I felt that I could have been competitive with Chris," said Sundstrom. "It's too bad that she wasn't feeling well, because you always want to beat the best in the world. But it's a long season and there are many other weekends ahead."

Sundstrom won the 500-meters in a time of 41.02, and the 1000-meters in a time of 1:21.25. Moira D'Andrea (Saratoga Springs, N.Y.) was second in both the 500 and 1000-meters today to finish second overall with 164.660 points. Becky's sister Tama Sundstrom (Glen Ellyn, Ill.) was third overall with 167.080 points.



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As the top-three finishers, D'Andrea and the Sundstroms will represent the U.S. women at the World Sprint Championships, Feb. 1-2 in Hamar, Norway. Witty, however, has been named the alternate to the team and will have an opportunity to earn a starting position at a "skate-off" with Tama Sundstrom, the site and date of which are yet to be determined.

In the men's event, FitzRandolph won the 500 in a time of 36.600 and the 1000 in a time of 1:13.30 to take the overall title with 147.010 points. "This being the third in a row, I can't rest after the championship - it's a far cry from an Olympic gold medal. It's a nice step but one of many that I have to take in the right direction."

FitzRandolph was beaten in yesterday's 1000-meters by Cory Carpenter (Brookfield, Wis.), who finished second overall with 149.220 points. As the top two finishers, FitzRandolph and Carpenter will represent the U.S. men at the World Sprint Championships.

David Cruikshank, a two-time Olympian who is making a comeback to competitive speedskating, was third overall with 150.415 points.

U.S. Sprint Speedskating Championships December 28-29, 1996 Milwaukee, Wis.

Women

500-meters

1. Becky Sundstrom, Glen Ellyn, Ill. 41.02
2. Moira D'Andrea, Saratoga Springs, N.Y. 41.40
3. Kim Strzykalski, East Troy, Wis. 41.81
4. Tama Sundstrom, Glen Ellyn, Ill. 41.82
5. Mary Brophy, Saratoga Springs, N.Y. 42.17

1000-meters

1. B. Sundstrom 1:21.25
2. D'Andrea 1:22.14
3. T. Sundstrom 1:23.71
4. Kirstin Holum, Waukesha, Wis. 1:23.93
5. Strzykalski 1:24.21

Overall

1. Sundstrom 163.010
2. D'Andrea 164.660
3. T. Sundstrom 167.080
4. Strzykalski 167.300
5. Amy Sannes, St. Paul, Minn. 169.320

Men

500-meters

1. Casey FitzRandolph, Verona, Wis. 36.60
2. Cory Carpenter, Brookfield, Wis. 37.48
3. David Cruikshank, Pewaukee, Wis. 37.50

4. KC Boutiette, Tacoma, Wash. 37.65
5. Marc Pelchat, Chelmsford, Mass. 37.78

1000-meters

1. FitzRandolph 1:13.30
2. Carpenter 1:14.69
3. Cruikshank 1:14.99
4. Arlen Spicer, Indianapolis, Ind. 1:15.97
5. David Tamburrino, Saratoga Springs, N.Y. ... 1:16.14

Overall

1. FitzRandolph 147.010
2. Carpenter 149.220
3. Cruikshank 150.415
4. Pat Kelly, Wheeling, Ill. 151.910
5. Brendan Eppert, St. Louis, Mo 152.515

Saturday

Women

500-meters

1. Becky Sundstrom, Glen Ellyn, Ill. 40.77
2. Chris Witty, West Allis, Wis. 40.87
3. Moira D'Andrea, Saratoga Springs, N.Y. 41.40
4. Kim Strzykalski, Milwaukee, Wis. 41.74
5. Tama Sundstrom, Glen Ellyn, Ill. 41.86

1000-meters

1. B. Sundstrom 1:21.19
2. D'Andrea 1:21.58
3. Kirstin Holum, Waukesha, Wis. 1:22.93
4. T. Sundstrom 1:23.09
5. Strzykalski 1:23.29

Overall

1. B. Sundstrom 81.365
2. D'Andrea 82.190
3. Strzykalski 83.385
4. T. Sundstrom 83.405
5. Amy Sannes, St. Paul, Minn. 84.335

Men

500-meters

1. Casey FitzRandolph, Verona, Wis. 36.72
2. Cory Carpenter, Brookfield, Wis. 37.42
3. David Cruikshank, Milwaukee, Wis. 37.44
4. Patrick Kelly, Wheeling, Ill. 37.60
5. KC Boutiette, Tacoma, Wash. 37.79

1000-meters

1. Carpenter 1:13.95
2. FitzRandolph 1:14.08
3. Tim Hoffmann, Waukesha, Wis. 1:14.59
4. Boutiette 1:14.96
5. Arlen Spicer, Indianapolis, Ind. 1:15.59

Overall

1. FitzRandolph 73.760
2. Carpenter 74.395
3. Boutiette 75.270
4. Cruikshank 75.420
5. Kelly 75.705



United States International Speedskating Association News

Holum, 16 Becomes Youngest Allround Speedskating Champion in U.S. History As She and Boutiette Earn Titles

Kirstin Holum (Wauwatosa, Wis.) and KC Boutiette (Spokane, Wash.) maintained their leads Sunday in the second and final day of competition at the 1997 U.S. Allround Speedskating Championships in Milwaukee, Wis. to earn their national titles.

This is the first U.S. championship for Holum, who, at 16, becomes the youngest woman in U.S. Speedskating history to win this event. Boutiette has retained his title for the second season.

Also at stake at this event were places on the team which will represent the U.S. at the 1997 World Allround Championships in Nagano, Japan, Feb. 14-16. Places went to the top three men and women in the overall standings after the first three events of the competition. Joining Holum on the women's team will be Becky Sundstrom (Glen Ellyn, Ill.), who finished second over-

all with a total of 176.889 points, and Moira D'Andrea (Saratoga Springs, N.Y.), the 1996 U.S. Allround Champion, who was third with 176.936 points.

In the men's events, Boutiette won the overall title with a total of 160.508 points.

Dave Tamburrino (Saratoga Springs, N.Y.) also secured a place on the World Championship team, with a final total of 163.644 points.

The third place on the World Championship team belongs to Tim Hoffman (Milwaukee, Wis.). Hoffman earned his position by being third overall with a total of 119.464 samalog points.

Jondon Trevena (Fort Collins, Colo.), in his first full season on speedskates after having made the transition from inline skating, finished third overall at the U.S. Championships with a total of 165.095 points.

U.S. Allround Speedskating Championships

Milwaukee, Wis.
December 22, 1996

Women

1500-meters

1. Kirstin Holum, Wauwatosa, Wis. 2:05.14
2. Becky Sundstrom, Glen Ellyn, Ill. 2:07.44
3. Moira D'Andrea, Saratoga Springs, N.Y. 2:07.57
4. Jennifer Rodriguez, Milwaukee, Wis. 2:10.57
5. Cory Goelz, Milwaukee, Wis. 2:10.77
6. Tama Sundstrom, Glen Ellyn, Ill. 2:11.52
7. Amy Sannes, Milwaukee, Wis. 2:12.01
8. Chantal Dunn, Champaign, Ill. 2:12.17
9. Catherine Raney, Elm Grove, Wis. 2:12.73
10. Shana Sundstrom, Glen Ellyn, Ill. 2:12.93

Standings after three events - World Championships Team

1. Holum 127.893
2. Sundstrom 128.946
3. D'Andrea 129.289

5000-meters

1. Holum 7:30.34
2. Rodriguez 7:53.61
3. Raney 7:54.46
4. D'Andrea 7:56.45
5. Sundstrom 7:59.43
6. Linda Runyon, St. Louis, Mo. 8:00.56
7. Goelz 8:06.01
8. Sarah Shapiro, Wauwatosa, Wis. 8:07.81

9. Hilary Mills, Evanston, Ill. 8:07.84
10. Christine Scheels, Milwaukee, Wis. 8:17.50

Overall

1. Holum 172.927
2. B. Sundstrom 176.889
3. D'Andrea 176.936
4. Rodriguez 179.227
5. Goelz 181.437
6. Raney 182.319
7. Sannes 183.115
8. Shapiro 183.493
9. S. Sundstrom 183.493
10. Scheels 185.216

Saturday

500-meters

1. Moira D'Andrea, Saratoga Springs, N.Y. 41.22
2. Becky Sundstrom, Glen Ellyn, Ill. 41.35
3. Chantal Dunn, Champaign, Ill. 42.05
4. Amy Sannes, Milwaukee, Wis. 42.08
5. Tama Sundstrom, Glen Ellyn, Ill. 42.25
6. Cory Goelz, Milwaukee, Wis. 42.60
7. Shana Sundstrom, Glen Ellyn, Ill. 42.63
8. Jennifer Rodriguez, Milwaukee, Wis. 42.69
9. Amy Sohnle, Wauwatosa, Wis. 43.74
10. Kirstin Holum, Wauwatosa, Wis. 42.92



United States International Speedskating Association News

3000-meters

- Holum4:19.56
- B. Sundstrom4:30.70
- D'Andrea4:33.29
- Rodriguez4:33.92
- Catherine Raney, Elm Grove, Wis.4:37.22
- Goelz4:39.88
- S. Sundstrom4:41.14
- Sarah Shapiro, Wauwatosa, Wis.4:41.38
- Sannes4:41.97
- Linda Runyon, St. Louis, Mo.4:42.16

Men

1500-meters

- KC Boutiette, Spokane, Wash.1:53.81
- Tim Hoffmann, Milwaukee, Wis.1:55.06
- Cory Carpenter, Brookfield, Wis.1:56.21
- Dave Tamburrino, Saratoga Springs, N.Y. .1:56.30
- Jondon Trevena, Fort Collins, Colo.1:57.42
- Derek Parra, San Bernardino, Calif.1:57.73
- Matt Kooreman, Grand Rapids, Mich.1:59.09
- Matthew Vraa, Eagan, Minn.1:59.41
- Joey Cheek, West Allis, Wis.1:59.46
- Jeff Benjamin, Chicago, Ill.1:59.55

Standings after three events - World Championships Team

- Boutiette117.393
- Tamburrino118.976
- Hoffmann119.496

10,000-meters

- Boutiette14:28.31
- Parra14:48.74
- Tamburrino14:53.37
- Trevena14:55.49
- Mark Delanoy15:07.71
- Cheek15:09.67
- Jason Hedstrand15:10.08
- Kooreman15:24.04
- Benjamin15:30.00
- Hoffmann15:32.03

Overall

- Boutiette160.508
- Tamburrino163.644
- Trevena165.095
- Parra165.188
- Hoffmann166.070
- Kooreman168.428
- Cheek169.013
- Benjamin169.702
- Hedstrand170.011
- Vraa170.306

500-meters

Saturday

- Cory Carpenter, Brookfield, Wis.37.47
- KC Boutiette, Spokane, Wash.38.12
- Tim Hoffmann, Waukesha, Wis.38.18
- David Tamburrino, Saratoga Springs, N.Y. .38.29
- Jondon Trevena, Fort Collins, Colo.38.79
- Matt Kooreman, Grand Rapids, Mich.38.93
- Nick Pearson, Waukesha, Wis.38.95
- Lucas Mills, Washington, D.C.38.98
- Arlen Spicer, Indianapolis, Ind.39.04
- Joe Cheek, West Allis, Wis.39.19

5000-meters

- Boutiette6:53.37
- Tamburrino6:59.20
- Derek Parra, San Bernardino, Calif.7:03.18
- Trevena7:03.91
- Spicer7:04.19
- Hoffmann7:09.36
- Kooreman7:10.00
- Jason Hedstrand7:16.07
- Matthew Vraa, Eagan Minn.7:17.20
- Jeff Benjamin, Chicago, Ill.7:18.12

Speedskating World Cup

Milwaukee, Wis.
Jan. 11-12, 1997

Women

500-meters, Jan. 11, 1997

- Ruihong Xue, CHN39.77
- Franziska Schenk, GER39.90
- Christine Witty, West Allis, Wis.40.09
- Svetlana Zhurova, RUS40.09
- Tomomi Okazaki, JAP40.19

Group 2

- Sabine Volker, GER39.92
- Tatyana Danshina, RUS40.54
- Michelle Morton, CAN40.67
- Rebecca Sundstrom, Glen Ellyn, Ill.40.89
- Eriko Sanmiya, JPN41.04
- Maira D'Andrea, Saratoga Springs, N.Y. .41.15
- Amy Sannes, St. Paul, Minn.41.69
- Tama Sundstrom, Glen Ellyn, Ill.41.80

500-meters, Jan. 12, 1997

- Xue39.48
- Schenk40.02
- Zhurova40.18
- Volker40.19
- Catriona LeMay-Doan40.25



United States International Speedskating Association News

Speedskating World Cup

Milwaukee, Wis.
Jan. 11-12, 1997

Group 2

- Auch40.57
- Morton40.71
- Sanmiya41.01
- Shimizu41.13
- Linda Johnson-Blair, CAN41.21
- D'Andrea41.56
- Sannes42.07
- T. Sundstrom42.26
- Strzykalski42.40

World Cup Standings (as of 1/12/97)

- Schenk345 pts.
- Xue340 pts.
- Tomomi Okazaki, JPN305 pts.
- Zhurova258 pts.
- LeMay-Doan190 pts.
- Witty144 pts.
- R. Sundstrom30 pts.
- D'Andrea4 pts.

1000-meters, Jan. 11, 1997

- Witty1:20.19
- Volker1:20.35
- R. Sundstrom1:20.80
- Xue1:21.10
- Shiho Kusunose, JAP1:21.10

Group 2

- Marieke Wijsman, NED1:22.37
- Aki Tonoike, JPN1:22.64
- Susan Auch, CAN1:23.14
- Tomomi Shimizu, JPN1:23.15
- Lili Huang, JPN1:23.74
- Kim Strzykalski, East Troy, Wis.1:24.15
- T. Sundstrom1:28.30

1000-meters, Jan. 12, 1997

- Witty1:20.42
- Volker1:20.78
- Schenk1:20.80
- Xue1:20.99
- Kusunose1:21.23
- R. Sundstrom1:21.69

Group 2

- D'Andrea1:22.55
- Shimizu1:23.16
- Alena Koroleva, RUS1:23.25
- Zhurova1:23.32
- Morton1:23.50
- T. Sundstrom1:24.04
- Sannes1:25.31

World Cup Standings (as of 1/12/97)

- Schenk330 pts.
- Witty301 pts.
- Kusunose240 pts.
- R. Sundstrom231 pts.
- Xue202 pts.
- D'Andrea63 pts.
- Strzykalski5 pts.
- T. Sundstrom2 pts.

Men

500-meters, Jan. 11, 1997

- Grunde Njos, NOR36.62
- Casey FitzRandolph, Verona Wis.36.64
- Manabu Horii, JPN36.71
- Yasunori Miyabe, JPN36.73
- Michael Ireland, CAN36.79

Group 2

- Patrick Bouchard, CAN37.01
- Sergey Saveljev, RUS37.08
- Cory Carpenter, Brookfield, Wis.37.21
- Vadim Shakshakbaev, KZK37.32
- Magnus Jansson, SWE37.41
- Marc Pelchat, Chelmsford, Mass.37.72
- Brendan Eppert, St. Louis, Mo.38.18
- David Cruikshank, Pewaukee, Wis.38.32

500-meters, Jan. 12, 1997

- Sergey Klevchenya36.49
- Horii36.52
- Shimizu36.53
- FitzRandolph36.58
- Junichi Inoue, JPN36.80

Group 2

- Kevin Overland, CAN36.84
- Tomasz Swist, POL36.86
- Shakshakbaev37.16
- Van Velde37.34
- Bos37.36
- Eppert,37.77
- Pelchat B.37.77
- Carpenter37.77
- Spicer38.86

World Cup Standings (as of 1/12/97)

- Horii355 pts.
- Klenchenya255 pts.
- Song-Yeol Jaegal, ROK250 pts.
- Shimizu245 pts.
- Inoue211 pts.
- FitzRandolph200 pts.
- Carpenter8 pts.
- Pelchat8 pts.
- Pat Kelly, Wheeling Ill.4pts.
- Cruikshank2 pts.



United States International Speedskating Association News

1000-meters, Jan. 11, 1997

- 1. Horii 1:12.99
- 2. Jan Bos, NED 1:13.24
- 3. FitzRandolph 1:13.38
- 4. Yoon-Man Kim, ROK 1:13.39
- 5. Gerard Van Velde, NED 1:13.53

Group 2

- 1. Ireland 1:14.40
- 2. Bouchard 1:14.41
- 3. Alexander Ribalko, RUS 1:14.67
- 4. Kevin Scott, CAN 1:14.87
- 4. Carpenter 1:14.87
- 12. Eppert 1:15.66
- 17. Arlen Spicer, Indianapolis, Ind. 1:15.97

1000-meters, Jan 12, 1997

- 1. Horii 1:12.76
- 2. FitzRandolph 1:12.93
- 3. Klenchenya 1:13.24
- 4. Miyabe 1:13.60
- 5. Inoue 1:13.74

Group 2

- 1. Andne Sondral, NOR 1:13.72
- 2. Jeroen Straathof, NED 1:14.37
- 3. Scott 1:14.37
- 4. Carpenter 1:14.72
- 5. Kibalko 1:14.86
- 16. Eppert 1:16.23
- 17. Spicer 1:16.37
- 22. Pelchat 1:16.99

World Cup Standings (as of 1/12/97)

- 1. Horii 303 pts.
- 2. FitzRandolph 271 pts.
- 3. Klenchanya 225 pts.
- 4. Van Velde 218 pts.
- 5. Jaegal 204 pts.
- 23. Carpenter 25 pts.

U.S. Short Track Traveling Team Trials

St. Louis, Mo.
January 18-19, 1997

Women

1500-meters

- 1. Erin Porter, Saratoga Springs, N.Y. 2:40.85
- 2. Julie Goskowicz, New Berlin, Wis. 2:40.94

- 3. Amy Peterson, Maplewood, Minn. 2:41.05
- 4. Caroline Hallisey, Natick Mass. 2:41.69

500-meters

- 1. Porter 47.94
- 2. Erin Gleason, Jackson, N.J. 48.07
- 3. J. Goskowicz 48.16
- 4. Hallisey 48.17

1000-meters

- 1. J. Goskowicz 1:38.07
- 2. Porter 1:38.07
- 3. Hallisey 1:40.06
- 4. Nikki Ziegelmeyer, St. Louis, Mo. 1:40.08

3000-meters

- 1. Hallisey 5:53.91
- 2. Peterson 5:55.30
- 3. Ziegelmeyer 5:55.40
- 4. Gleason 5:56.06
- 5. J. Goskowicz 6:03.35
- 6. Porter 6:14.13

Overall

- 1. Porter 18 pts.
- 2. J. Goskowicz 15 pts.
- 3. Hallisey 12 pts.
- 4. Ziegelmeyer 8 pts.
- 5. Gleason 7 pts.

Men

1500-meters

- 1. Andy Gabel, Northbrook, Ill. 2:25.78
- 2. Tony Goskowicz, New Berlin, Wis. 2:25.91
- 3. Kip Carpenter, Brookfield, Wis. 2:26.57
- 4. Tom O'Hare, St. Louis, Mo. 2:27.11

500-meters

- 1. Gabel 44.33
- 2. Carpenter 44.37
- 3. Jeb Gorham, Saratoga Springs, N.Y. 45.18
- 4. Mike Kooreman, Grand Rapids, Mich. 45.39
- 5. Goskowicz 1:10.03

1000-meters

- 1. T. Goskowicz 1:31.08
- 2. Shilling 1:32.06
- 3. Apolo Ohno, Seattle, Wash. 1:32.09
- 4. Carpenter 1:33.02



United States International Speedskating Association News

3000-meters

- 1. Rusty Smith, Sunset Beach., Calif. 5:50.51
- 2. Shilling 5:51.50
- 3. Carpenter 5:53.00
- 4. Gabel 5:53.21
- 5. T. Goskowicz 5:53.44
- 6. Gorham 6:02.77
- 7. Kooreman 6:29.70
- 8. Koons 6:53.38
- Ohno dq.

Overall

- 1. T. Goskowicz 16 pts.
- 2. Gabel, 15 pts.
- 3. Carpenter 13 pts.
- 4. Smith 7 pts.
- 5. Shilling 6 pts.

Top Five Men and Women Form The Short Track Traveling Team

Speedskating World Cup

Baselga di Pine, Italy

January 18-19, 1997

January 18, 1997

Women

1500-meters

- 1. Tonny deJong, NED 2:04.94
- 2. Claudia Pechstein, GER 2:05.09
- 3. Svetlana Bashanova, RUS 2:05.70
- 4. Ulrike Adeberg, GER 2:05.81
- 5. Barbara deLoor, NED 2:05.95
- 6. Kirsten Holm, Waukesha, Wis. 2:05.96

Group 2

- 1. Annette Deansberg, NOR 2:06.12
- 2. Mihaela Descelu, ROM 2:07.49
- 3. Liudmila Prokashova, KZK 2:07.52
- 4. Becky Sundstrom, Glen Ellyn, Ill. 2:07.7
- 5. Moira D'Andrea, Saratoga Springs, N.Y. .. 2:08.55
- 12. Jennifer Rodriguez, Miama Fla. 2:12.81

Men

1500-meters

- 1. Keiji Shirahata, JPN 1:52.32
- 2. Jeroen Straathof, NED 1:52.55
- 3. Hiroyuki Noake, JPN 1:53.20
- 4. Neal Marshall, CAN 1:53.25
- 5. KC Boutiette, Tacoma Wash. 1:54.42
- 15. Tim Hoffmann, Waukesha Wis. 1:57.03

Group 2

- 1. Dimitry Shepel, RUS 1:55.63
- 2. Cory Carpenter, Brookfield, Wis. 1:56.00
- 3. Dave Tamburrino, Saratoga Springs, N.Y. . 1:56.53
- 4. Robert Sighel, ITA 1:56.55
- 5. Takahiro Nozaki, JPN 1:56.85

January 19, 1997

Women

5000-meters

- 1. Carla Zijlstra, NED 7:18.59
- 2. Kirstin Holm, Waukesha, Wis. 7:22.01
- 3. Claudia Pechstein, GER 7:23.97
- 4. Heike Warnicke, GER 7:24.01
- 5. Mie Uehara, JPN 7:28.91

Group 2

- 1. Mihaela Descalu, ROM 7:38.08
- 2. Sandra T'Hart, NED 7:44.51
- 3. Cindy Overland, CAN 7:51.52
- 4. Susan Maseitti, CAN 7:52.32
- 5. Ingrid Lipsa, CAN 7:57.94
- 6. Becky Sundstrom, Glen Ellyn, Ill. 7:59.45
- 8. Jennifer Rodriguez, Miama, Fla. 8:05.44

Men

10,000-meters

- 1. Bob de Jong, NED 13:52.55
- 2. Bart Veldkamp, BEL 14:11.63
- 3. Frank Dittrich, GER 14:25.00
- 4. Vadim Sayutin, RUS 14:25.57
- 5. Xjell Storelid, NOR 14:26.66
- 16. KC Boutiette, Tacoma, Wash. 14:56.49

Group 2

- 1. Rene Taubenrauch, GER 14:21.60
- 2. Jeroni Radke, POL 14:26.94
- 3. Neal Marshall, CAN 14:39.31
- 4. Uwe Tonet, GER 14:41.55
- 5. Toshihiko Itokawa, JPN 14:42.09
- 6. Dave Tamburrino, Saratoga Springs, N.Y. 14:42.56
- 9. Jondon Trevena, Fort Collins, Colo. 14:52.07
- 14. Derek Parra, San Bernardino, Calif. 15:24.18



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MICHIGAN SPEEDSKATING ASSOCIATION

By Kasey Wallis

...And now, for something completely different! Are you ready to rock and roll? Our Michigan Association is proud to present to you the First Annual "Michigan Invitational Short Track Relays."

Hi! Did you miss me? It's me, Kasey Wallis, with the exciting announcement of yet another totally cool idea from the innovative minds of the people here in Michigan... a regional relay meet! I know you're wondering who is invited. You, of course! Get your team together and come to the big meet in Grand Rapids, Michigan, March 8th. All states are invited to send as many teams as they want. If you're from out of state you get a free entry! Yes, free... as in no charge for any of your team members.

You need three people per team and at least one female on each team. There will be four divisions, novice to super elite, set by 500m times. There will be at least 4 races in each division of various distances up to 5000m!

Don't have a team? Come anyway. Skaters without a team will be assigned one. Everyone is guaranteed a team. One thing you have to remember though is that this is a fun meet... no major awards. Your biggest reward is having fun skating with friends! Phone the Michigan Speedskating hotline at: 616-828-4627 for your team registration form. Bye-bye now and hope to see you there!

Southern California Speedskating Association

By Bob Nelson

In the December issue of the Racing Blade the Cross Training camp was accidentally forgotten which brought together 18 beginners and some returning skaters for the 4th year in a row to challenge their skill in ice, in-line, hiking, swimming, running and cycling on the Olympic Veleldrome. By the end of 5 days, they were ready to go home to sleep.

We in California always like to be different some say but all the training methods seem to help us promote some outstanding skaters rising to national fame. Rusty Smith, just qualified for the Jr. World Team yesterday (December 31, and is on his way to Marquette for the finals.) Brian Nelson never quit skating in the 4 day camp at the Salt Lake Oval and has improved 100%. Other Californians at the second annual Long Track over the Christmas holiday was Bob Nelson, director, Cheryl Nelson, Patrick Griess, Alysa Nelson, Jack Phelan, Judy Phelan and Wayne Rutledge. The camp was coached by

Stan Klotkowski and wife Sophia and many advanced skating methods were demonstrated.

Southern California has accepted the new club proposal for the Glacial Garden Club which will host the Ross Zucco and Bill Disney Sprints in March and Monday evenings have been added to the training schedule for the season.

With the active racing schedule of both Southern California, Northern California and our neighbor Utah the Western skaters this year should do well in national competition in March.

AMATEUR SKATING ASSOCIATION OF ILLINOIS



Last year the ASAI and the City of Chicago sponsored the 1st Annual Skate on State Classic Speedskating Meet at The Skate on State rink. The purpose of this event was to introduce and encourage speedskating among the general public. Coincidentally, speedskaters in the Chicagoland area gained a high quality skating opportunity in a phenomenal venue. The City of Chicago liked the event and agreed to provide the ice surface and support services again this year, changing the name to the Winterbreak Speed Skating Classic. If February 16 hasn't already passed by the time you are reading this, register and skate in this meet. The higher the level of participation, the more likely the City of Chicago will take notice and continue sponsorship and support in future years. Also, it is incredibly cool skating a Short Track meet outdoors amongst the skyscrapers of downtown Chicago.

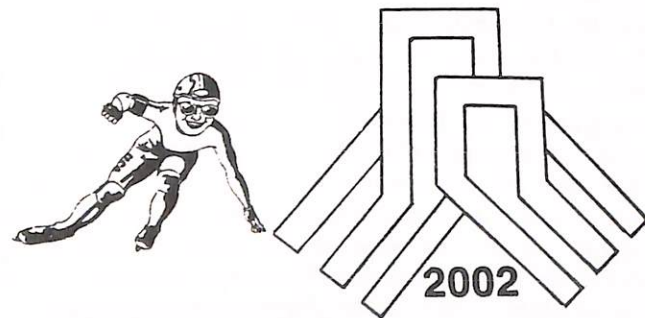
The City of Chicago has opened a number of outdoor skating surfaces in an attempt to bring skating back to the neighborhoods. The City has asked the ASAI to help train park district officials in the fine arts of teaching and coaching speedskating and running speedskating meets. The City has scheduled a series of eight neighborhood meets which will culminate in a City championship on February 22nd. This program is targeted at school age recreational skaters in Chicago and is provided in addition to the ASAI sanctioned Winterbreak Meet at the Skate on State rink. With this kind of involvement from the City, we have a wonderful opportunity to show the public what a challenging, exciting and fun sport speedskating can be. We've also received publicity from Windy City Sports in a special interest article they ran in December. Speedskating Times is likewise running an article on the City of Chicago's program. All of these events are creating an unusually high level of visibility for speedskating right now. We can take advantage of this good luck added to our hard work to help our sport grow and prosper.

Speaking of hard work and good luck, the ASAI is fortunate to be the recipient of the volunteer efforts of numerous parents and skaters. In particular, Karen Kostal and Laura Dickinson ran the Silver Skates Meet in Glen Ellyn, and Bob and Beth Jones and Dan and Nora Fling took on the overall responsibility for the State Short Track Meet in Park Ridge and the 1-94 Sprints in West Allis. Undoubtedly thanks are also in order to many other volunteers who gave their time and talents to organize and run our events.

The second stretch of the Short Track Season is in full gear. We welcome all to join us at any of the following meets:

- February 8-9 Land of Lincoln Champaign, IL
- February 22-23 Northbrook Open Northbrook, IL
- March 22-23 Evanston Northshore Open .. Evanston, IL

Finally, a second Novice/Senior B meet for ASAI skaters is scheduled for March 27 in Northbrook. This should be a fun cap to the season for those of us who aren't skating North Americans!



THE NORTHERN UTAH SPEEDSKATING CLUB

By Jay R. Glad

We had our annual Silver Derby Speedskating Classic Race, on November 9, and it turned out to be a really good meet. Officiating went very well.



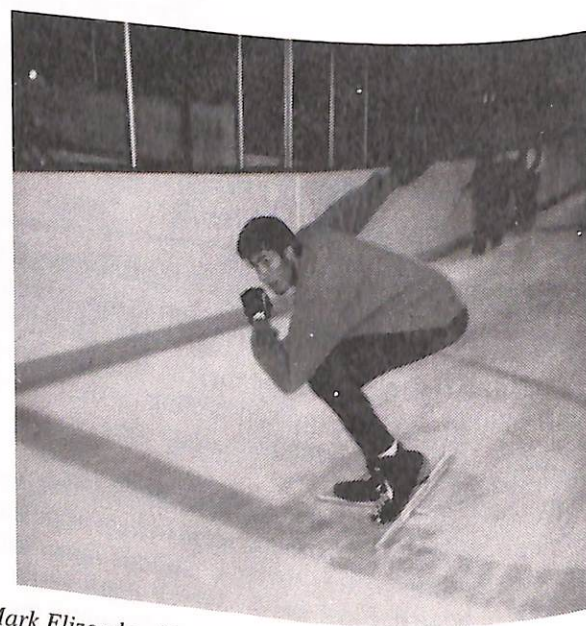
Some of the Skaters at the Meet

The Senior division was very competitive with Bruce Rowley, Uel Archuletta, Boris Leikin and Ron Gonsalves racing. Ron Gonsalves was first in his division and did the 500 meter in 52 seconds, and beat his qualifying time from Oakland by more than a second.



Silver Derby Speedskating Meet
Paul Albert, Robert Payne, Russell Bork and Jim Minami

The Master race was very close. Jim Minami skated down from Grand Master and took first place in all three races (500 meter, 1000 meter, and 1500 meter), with a time of 56 seconds in the 500 meter. Paul Albert, from Golden Gate Speedskating Club, took first place in the Masters division with Robert Payne in second place.



Mark Elizondo - "Most Improved Skater of the Year - 1996"

Our most improved speedskater of the Northern Utah Speedskating Club was Mark Elizondo (age 19). He took first place in the Senior B division. He did the 500 meter in 1 minute 5 seconds. The way he has improved, he should be doing 56 seconds by next year.

was L.B. Cannon. He is in the Intermediate division, and from the Jet Blade Club in Salt Lake City. He did a time of 52 seconds flat. His brother Geoff Cannon, did a 56 second in the Junior division, with a first place win.

Our youngest skater Mitey Mite Chanelle Archuletta is 5 years old.

Ashlie Brown, took the Midget division with the time of 1 minute and 5 seconds in the 500 meter. That is good time for an 11 year old girl.

We had the 3000 meter race for A division. Jim Miniami took first place. Uel Archuletta fell during the race and still finished the race. After a 5 minute rest, Uel raced in the B division and took first place. What stamina!

We are now preparing for the Utah Winter Games on January 17, which features a Short Track racing and the metric Long Track will be on January 18-19. There should be some really good competition for these races. We are expecting people from California, Colorado, and Montana. Any others are also welcome to join us.

The 400 meter oval in Salt Lake City has a new ice manager. They have hired Bob Bills, so we should have some good ice to race on.

We hope we will be able to take some of our skaters to the Long Track Nationals in Lake Placid. Maybe Salt Lake City will be able to host the Nationals by 2000 or 2001. Our Association should be formed by next year.

The Northern Utah Speedskating Club is conducting a four session, "learn how to skate," seminar. This started on December 5. We had a huge snow storm that night, but still had about eight show up.

The Winter Games had a seminar on November 21 and had about 40 new people from our area attend.



Bryce Miller - "Comeback Kid of the Year."

In the Juvenile division, Ian Hawkins took first place. He is from Southern California. Our Bryce Miller, who hasn't skated for a year, is our "come back kid." He took second place. Justin Hoaglin came in third place in this race.

Kenny Chapman, one of your newest skaters, took second place in the Junior division. He is really an up and coming skater! He did the 500 meters in 59 seconds.

Breea Lemmon from our club took first in the Pee Wee division and is doing better every year.

The best skater in the 500 meter for the entire race,

Letters

Dear Bob,

Enclosed is a photo taken at one of the first local meets of the season at the John Rose OVAL in Roseville, Minnesota. Whenever a young skater asks Midway Skating Club's Head Coach Bill Cushman how to go faster or how to win the race, he always answers, "Skate Fast. Turn left." Looks like all the skaters are following the instructions! Bill knows what he's talking about.

Sincerely,
Chris Langer



Photo by Steve Trynoski



RACING BLADE REPORT

By Milt Weinstein

If you've noticed a rise in the value of the Canadian dollar, attribute it to the spending habits of the Bay State skaters who have been spending a lot of time north of the border this racing season. Sarah Lang is in her sophomore year at the University of Calgary, and has been seen on both the Long and Short tracks. Coach, and past (and future?) Olympian Eric Flaim has been shuttling to Calgary to visit Marci Francis, who is training in Long Track this season. Brian Boudreau spent two weeks in Calgary leading up to the Can-Am competition in November, where he set personals at every distance. Dan Weinstein and Dave Needham also skated the Can-Am in Calgary, placing fourth and fifth, respectively, among the U.S. juniors. And then there were the exciting Short Track competitions in Montreal. In October was the World Ranking meet, in which Karen Cashman represented Bay State in the main competition, while Caroline

Hallisey and Dan Weinstein did NSA proud in the junior exhibition. Then came the Quebec provincial meet, also in Montreal, in which Caroline and Dan not only finished ahead of all the Canadian competition but also stunned the hometown crowd by lapping the field (minus one skater each) in the exhibition 3000 points races. And no discussion of Bay Staters in Canada should end without mention of proud Dad Patrick Seltsam, still living in Calgary and keeping an eye on our traveling skaters.

The Bay State Short Track Championships went off with nary a hitch at the Iorio Arena in Walpole, MA, on November 16th. Over 100 skaters competed, including more than respectable turnouts from Maryland, Northern New York, Middle Atlantic, and Connecticut. Congratulations to Meet Director Fred Cashman and to all the others who made it a success. Congratulations also to the skaters, who turned in some exciting performances, including the stunning 3-way second-splitting finish in the Senior Men's 500. Not to be lost in the excitement was the re-emergence of Eric Flaim, who joined in the fun.

As this article hits the newsstands, the USISA Short Track Championships and Junior Elite Trials will be history. We at NSA hope everyone had a great time.

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By Liz Causgrove

The Syracuse Speed Skating Club is in full swing and all of the skaters have been working hard. Gretchen Burns is coaching all ages and abilities this year. Four of our skaters have spent a great deal of time in Lake Placid getting ready for the Long Track Nationals by going to camps and competing in the CAN AM, the Adirondack Meet, and the Junior Regional Long Track Trials.

The Syracuse Club has had success in recruiting many novice skaters ranging in ages from the very young to 7yrs. We've had some teenage in-line skaters taking to the ice for the first time and enjoying it very much.

Syracuse hosted its annual All Points Meet in February. Syracuse is the only club in the Northern New York Association to run this style of Short Track meet giving skaters a variety of competition.

The Green Mountain Speed Skating Club has had a very encouraging start of the Long Track season. Fortunately, they have Lake Placid practically in their backyard so many journeys to the oval have been occurring. A couple of our skaters did the CAN AM Meet in early December as well as a great turn out for the Adirondack Metric/Pack Meet. Seven skaters all did well in their age groups including Guy Rossi and Mark Smith who are new to the Long Track competition scene. Everyone in the Green Mountain Club is looking forward to the National Long Track Meet in Lake Placid.

Of special note, Don Gallegos and Mary O'Donnell will be traveling to Berlin, Germany for the World Masters Meet. They will stop off first in Amsterdam to meet with some Dutch skaters then onto Berlin!

The Pittsfield Parks Speed Skating Club has been busy with fund raisers to help defray ice time. Candy and knife sales went well and a learn-to-skate program, directed by Bill Farry, will be held during Christmas school vacation. As an incentive, any child in the program can skate three free sessions with the club to see if one may be interesting in joining. The adult membership has increased when parents of children were asked if they would like to try speedskating since they stay for the practice sessions.

The Saratoga Winter Club's training and racing program is in full swing. We have been encouraged by the number of new members who are participating beyond the two month period of free ice time that we provide. This is due in large part to the support of the coaching staff which includes Pat Maxwell, Bambi Reid, Gary Talbot and Fred Cole. Bambi has been working with our youngest skaters where she is getting a chance to apply her elementary education skills. Club president, Joel Williams, keeps repeating, "membership, membership, mem-

bership". Hearing the call, Suzanne Strauss, club secretary, made presentations to each 4th grade class in our area on the club's program and speedskating. This generated over a dozen inquiries and at least four new members. ASU President Tom Porter was impressed and has plans to share Suzanne's approach to member recruitment throughout the ASU. Our training program is focusing on preparing our skaters for upcoming regional and national events. We will be sending skaters to most of the competitions in the U.S. listed on the ASU and USISA calendars, both Short and Long Track. At the international level, we remain particularly proud of Erin Porter who just returned from competition in Beijing, China. Mary Brophy will also be heading abroad to Korea in January for the World University Games having qualified for both the Short and Long Track teams.



By Al Menghi



Eric Flaim, Al Forsyth, David Money penny and Bryan Anderson at the Race Day Culmination of our Fall skating school as described in the previous issue of *The Racing Blade*. As you can see, the CSA is working hard to make speedskating a "big presence in Connecticut"

As I write, over twenty people including CSA members and representatives of a number of other U.S. and Canadian associations and clubs, are attending our Long Track camp in Lake Placid, NY. While this annual event has happened on an informal basis for a number of years thanks to the willingness of coaches and organizers Al Forsyth and Dave Money penny to introduce people to Long Track skating, this is the first year that this camp has been organized at the Association level. With lodging and meals graciously provided by Lysek's, two ice sessions a day and organized cross-country skiing (instruction courtesy of John Diamond), this event is undoubtedly improving the skills of current Long Track skaters and creating converts from those trying it for the first time.



OHIO SKATING ASSOCIATION
By Marshall R. Herron

1996 is behind us now and we're anticipating some great things from our great Ohio skaters during 1997. Special thanks goes to O.S.A. President Joanne Uhlik for her hard work and dedication throughout the year.

At the USISA Junior Short Track Championship held December 30 and 31 in Milwaukee, Adam Riedy placed 6th overall and Ron Biondo 5th overall qualifying both skaters for Category One. Congratulations! At the World University Games Trials, Scott Koons placed 4th overall and Therese Lease 6th overall. Great job, Scott and Therese! Congratulations!

Our Annual Seaway Meet was quite an attraction this year with 59 skaters competing from Ohio, Michigan, Florida, Pennsylvania and Maryland. We were very pleased with the turnout of 20 Special Olympics skaters who were terrific! I enjoyed assisting on the ice on Saturday and am constantly amazed at the progress our local skaters are making. Maggie Ballenger, Graham Geiselman and Roman Milan are just a few of the Ohio skaters to be watching this year. Outstanding skaters have been continually developed through this fine organization. Thanks to meet organizer Joe Balbo and all of the officials who helped out on this great event. Your efforts are appreciated! Great job, Joe!

Our Christmas party was a special treat this season since Santa himself skated out on the ice with the kids.

The Elyria Club is going strong this year and we're proud of our new skaters. We'll be holding a Novice Meet on January 19th at the Northpark Ice Arena in Elyria. This promises to be a great event to introduce new speed skaters to competition.

We have a good group of new, younger skaters this year helping continue the enthusiasm. The future looks very bright for our O.S.A. skaters.

Come Home To The ASU

Surfin' the 'net? Come home to the ASU home page! For up to the minute information on speedskating and what's going on in the ASU, enter <http://web.mit.edu/jeffrey/speedskating/asu.html> Want to sign up for the ASU e-mail list and communicate with all your speedskating friends? Enter CTSPEED@aol.com to get on the list.

Travel Agency

The Amateur Speedskating Union of the United States in 1994 selected the AAA Travel Agency as its official agency to serve the travel needs of all members and friends.

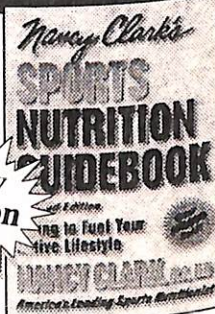
The AAA Travel office is located in St. Louis, Missouri, and will handle calls from all areas of the United States on its toll-free 800 number. Tickets will be delivered by mail, two day UPS or Federal Express depending on when the tickets are needed.

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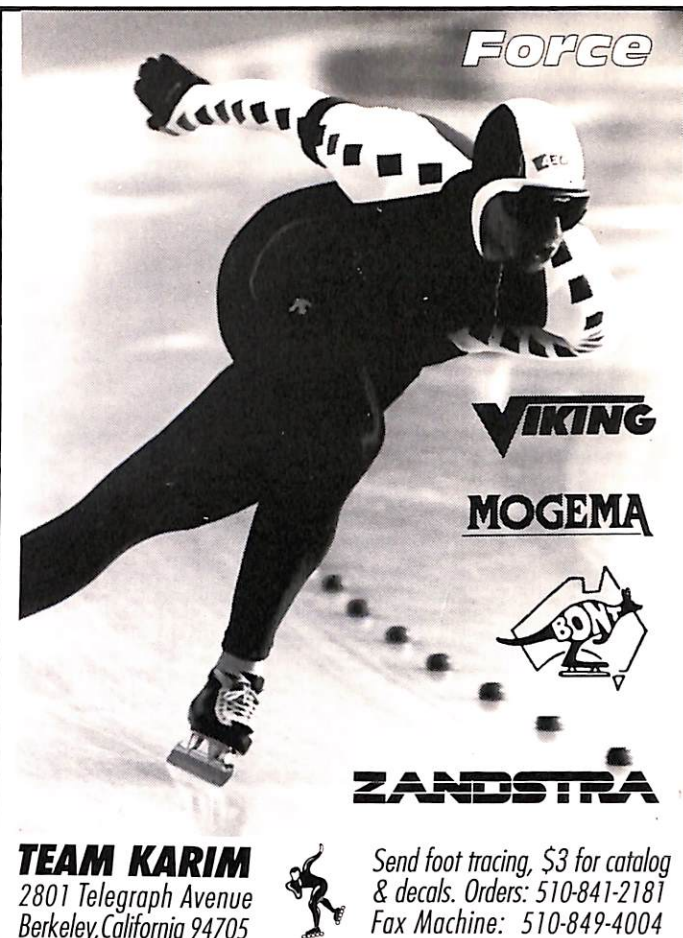
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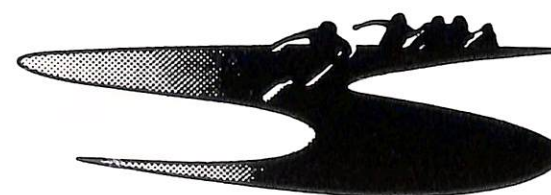
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